



# SCHOOL OF STUDIES IN PHYSICAL EDUCATION

PT. RAVISHANKAR SHUKLA UNIVERSITY, RAIPUR, CHHATTISGARH, INDIA

## ABOUT SCHOOL OF STUDIES IN PHYSICAL EDUCATION

Pt. Ravishankar Shukla University is Chhattisgarh the oldest Institution of higher education, founded in 1964. School of Studies in Physical Education was established in the year 1972. The Physical Education program is among the best in the Chhattisgarh in preparing teachers for school education and higher education settings, and also prepares skilled personnel for promoting quality physical activity opportunities for all. The programs in Physical Education not only prepares teachers but also give the opportunity to serve in the allied areas related with health and fitness. The teacher education curriculum is nationally recognized and accredited by the National Council of Teacher's Education (NCTE).

### INTRAMURAL

School organized intramural competitions every Saturday. The main aim to organize these competitions is to provide opportunities to each and every student for participation. Another aim is to provide an opportunity and experience to organize competitions. All students take an active part in these Competitions.

### ADMISSION REQUIREMENTS

Students applying to the Bachelor of Physical Education must have a degree. The Knowledge test, Physical Fitness, SportPerformance in terms of Sports Participation and other competencies are required as per standard laid down by NCTE/State Govt./University for admission.

### COURSES OFFERED

- Bachelor of Physical Education (4 Semesters, 2 Years)
- Master of Physical Education (4 Semester, 2 Years)
- Doctor of Philosophy (Ph.D.)





## STAFF PROFILE



**Name:** Dr. C.D. Agashe  
**Designation:** Professor & Head  
**Qualification:** M.P.Ed & Ph.D



**Name :** Dr. Reeta Venugopal  
**Designation:** Professor  
**Qualification:** M.P.E, M.Phil & Ph.D.



**Name :** Dr. Rajeev Choudhary  
**Designation:** Professor  
**Qualification:** M.P.E. M.Phil, Ph.D,  
PGDYM, PGDYN, Black Belt Diploma  
in judo (II Dan), NET, JRF (UGC)

## DEPARTMENT OF PHYSICAL EDUCATION



**Name :** Dr. Vipin Chandra Sharma  
**Designation :** Director of Physical  
Education  
**Qualification :** M.P.Ed & Ph.D

## GUEST FACULTY



**Name :** Dr. Nilmadhab Ghosh  
**Designation:** Guest Faculty  
**Qualification :** B.P.T. M.P.T.  
(Musculoskeletal & Sports)  
(RGUHS, Ktaka)



**Name :** Ms. Upasana Vishwakarma  
**Designation :** Guest Faculty  
**Qualification:** M.P.Ed., NET



**Name :** Ms. Deepshikha Dolas  
**Designation:** Guest Faculty  
**Qualification :** M.P.Ed., NET



**Name :** Ms. Gunita Rana  
**Designation:** Guest Faculty  
**Qualification :** M.P.Ed., NET



**Name :** Mr. Rahul Kumar Paswan  
**Designation:** Guest Faculty  
**Qualification :** M.P.Ed.

## BACHELOR OF PHYSICAL EDUCATION (B.P.Ed)

This two-year (4 Semesters) program prepares students for careers as qualified physical education teachers in Schools. The curriculum is nationally recognized as progressive and innovative in its approaches to teaching sport, games, and physical activity.

## Eligibility

Bachelors degree in any discipline with 50% marks and having at least participation in the inter-college/inter-Zonal/District/School competition in sports and games as recognized by the AIU/IOA/SGFI/Govt of India.

OR

Bachelor's degree in Physical Education with 45% marks

OR

Bachelor's degree in any discipline with 45% marks and studied Physical Education as a compulsory elective subject.

OR

Bachelor's degree with 45% marks and having participated in National/Inter-University/State Competition or secured 1st, 2nd, & 3rd Position in Inter College/Inter-Zonal/District/ District School competition in sports and games as recognized by the AIU/IOA/SGFI/Govt of India.

OR

Bachelors degree with participation in international competition or secured 1st, 2nd & 3rd position in National, Inter-University competition in sports and games as recognized by Respective Federation AIU/IOA/SGFI/Govt. of India.

OR

Graduation with 45% marks and at last 3 years of Teaching Experience or deputed in-service candidates i.e. trained Physical Education Teacher (Coaches).

## MASTER OF PHYSICAL EDUCATION (M.P.Ed)

This two-year(4 Semesters). The program prepares students for careers as qualified physical education teachers in the field of higher education.

## Eligibility

Bachelor's of Physical Education (B.P.Ed) or equivalent with at least 50% marks.

OR

Bachelor of Science (B.P.Ed ) in Health and Physical Education with at least 50% marks.

The reservation in seats and relaxation in the qualifying marks for SC/ST/OBC/PWD and other categories shall be as per the rules of the Central Government/State Government whichever is applicable.

## DOCTOR OF PHILOSOPHY (Ph.D)

This is a research degree course with a maximum duration of five years. concentration affords students the opportunity to individualize an area of study through a liberal approach to education. Students select their areas of interest.

- Eligibility
- As per the University ordinance.

## ADMINISTRATIVE STAFF



Mrs. Durgesh Nandani Joshi  
Designation : UDC



Chhagan Lal Jangde



Rajendra Soni



Anil Das  
Manikpuri



Ravindra Bansod



Seva Ram  
Chakradhari



## INFRASTRUCTURE

The school has excellent infrastructure facilities like well-equipped lecture halls, up-to-date laboratories, and technical equipment. The campus of the school enjoys an eco-friendly harmonious environment which gives the right ambiance for learning.



## FACILITIES IN SPORTS MEDICINE & PHYSIOTHERAPY LABORATORY

1. Short wave diathermy
2. Ultrasound Therapy
3. Combined traction Unit-motorised
4. Inter ferrential therapy unit
5. Combined faradic galavanic muscle Stimulator
6. Shoulder wheel
7. Pronator supionator exerciser
8. Quadriceps table
9. Ankle Excercisers
10. Continous passive motion (Lower Limb)
11. Contrast Bath Unit
12. Pulse Electro magnetic unit (Diapulse)
13. Parafinn Was Bath
14. Grip Exercisersers.



## FACILITIES IN SPORTS ANTHROPOMETRY LABORATORY

1. Electronic stop watch (20 Memory)
2. Digital weighing machine
3. Digital Body fat monitor
4. Digital height measurement device
5. Goniometer Set
6. Anthropometric Set
7. Grip Dynamometer
8. Back Dynamometer
9. Other measurement devices

## FACILITIES IN SPORTS PHYSIOLOGY LAB EQUIPMENTS

1. Heart Rate Monitor
2. Ambulatory Blood Pressure Instrument
3. Actiwatch
4. Stationery Breath by O<sub>2</sub>-CO<sub>2</sub> Analyzer
5. Treadmill
6. Exercise Chronobiology facilities
  - ctiheartMinimitters. USA
  - Miniloggerssoftwares
  - Cosinor software for Circadian thrythmometry.
  - Facilities for various Physiological, Physical performance and Psychological test, facilities availabe to measure circadian rhythms.





## SPORTS PSYCHOLOGY LABORATORY

- Electronic Depth Perception Tester
- Digital Memory Scope
- Bassin Anticipatory Timer
- Digital Mirror tracking Apparatus
- Flicker fusion Apparatus
- Audio Visual Reaction Time Apparatus
- Digital Type Discrimination Reaction Tester
- Rhythm Metronome
- Psychological Test Materials



## ICT LABORATORY

- Computer with printers
- Digital Audio/Video Recorder
- Sports and Physical Education related Software
- A 3 Laser photocopy machine - work centre
- Projector
- Other Teaching Aids
- Smart Board

## ADDITIONAL FACILITIES WHICH CAN BE ATTACHED TO THE GYM

- Aerobic Exercise (Cardio Gym) Room

## INFRASTRUCTURE - PLAYGROUNDS

### OUTDOOR FACILITIES

- Standard Athletics Track
- Football Ground
- Handball Court
- Basketball Courts
- Volleyball Courts
- Tennis Court
- Kabaddi Field
- Kho-Kho Field
- Netball

### INDOOR FACILITIES

- Table Tennis
- Badminton Courts
- Yoga
- Multi Gym
- Trampoline
- Facilities for Gymnastics/Judo/ Wrestling



ADDRESS FOR CORRESPONDENCE  
HEAD

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