



Human Resource Development Centre

Pt. Ravishankar Shukla University,

Raipur-492 010 (Chhattisgarh)

ONLINE

Short Term Course on

Student Counseling and Monitoring

06.02.2023 to 11.02.2023

Course Coordinator: Prof. B. Hasan
SoS in Psychology, Pt. Ravishankar Shukla University, Raipur, (C.G.)

The UGC-HRDC, PRSU, Raipur, Chhattisgarh is organizing a Six days Online **Short Term Course on Student Counseling and Monitoring** from **06.02.2023 to 11.02.2023**

About:

Student counselling and monitoring is a powerful tool in achieving academic as well as humanistic goals. Counselling techniques help not only in developing knowledge and skills in students but it contribute in making valuable citizens and meaningful units of society. Sometime students are running under heavy pressure of examination and other practical/ project activities. They face a number of conflicts due to various academic and non-academic demands. Due to such conflicting situations even the intellectually superior students cannot achieve their goals because of heightened emotional problems. In order to solve such problems of students psychological counselling is necessary. Teachers as counselor may play important role in solving the problem of students as well as making them efficient and effective learner. They may also be proved helpful in solving their emotional disturbances. With these objectives a six day capacity building program is proposed to be organized in the Human Resource Development Center of Pt.R.S.U., Raipur (C.G.).

Objective:

1. To understand the meaning and importance of counselling for students. 2. To develop the skills of Behavioral Counselling techniques. 3. To develop the skills of Humanistic Existential techniques. 4. To develop the skills of Rationale Emotive techniques. 5. To be familiar with eclectic counselling techniques.

Target Group: All regular faculties of any discipline of Universities/ Colleges that are included under section 2 (f) of the UGC act. The teachers of the colleges affiliated to the University for at least five years can participate.

Mode of Delivery: Online Sessions on Google Meet. Sessions will be held from 10:30 to 17:30 daily.

Requirement for the Course: Desktop/ Laptop/ Smartphone with good Internet Connectivity (Webcam, Microphone, headphones and Multimedia enabled).

Contact Email: hrdeprsu@gmail.com, dr.arvind02@gmail.com

Call: 0771-2263828; 9754233057

Registration/Application Link: <https://forms.gle/YHndKFuUFXGaoW8M8>

Registration fee: Rs. 1000.00 (non-refundable), to be paid online in Director, ASC bank account number -30644576182; IFSC code: SBIN0003739, State Bank of India, PRSU, Raipur.

Number of Participants: Minimum 20 and Maximum 40 on first come first serve basis.