



**Pt. Ravishankar Shukla University, Raipur**  
**Chhattisgarh - 492010**

**Be a  
Psychologist  
Spread  
Happiness**



**Ψ**

**School of Studies in  
PSYCHOLOGY**

**INFORMATION  
BROCHURE**





## About

# Pt. Ravishankar Shukla University

Pt. Ravishankar Shukla University is Chhattisgarh's largest and oldest institution of higher education, founded in 1964, and named after the first Chief Minister of erstwhile Madhya Pradesh. The University has a sprawling campus in the western part of the capital of Chhattisgarh, Raipur. The campus of University is spread in 300.16 acres of land. There are Twenty-Nine teaching departments in the university. Out of which six departments buildings have been constructed recently. A variety of self financed courses have been initiated in some departments. The total number of employees is 700, who provide the administrative support at different levels.

## About SoS in Psychology

It was established in 1965, since its inception a strong commitment to teaching and research was the motto of the SoS. The department offers degree at M.A., M.Phil and Ph.D. levels, faculty provide intense mentoring to students both in and beyond the classroom in a while variety of forums. Ongoing lectures, symposia, conferences on interdisciplinary themes make up our calendar. Since its establishment, the department was headed by stalwarts of psychology like Dr. A.K.P. Sinha, Dr. M.C. Joshi, Dr. V.P. Sharma, Dr. S.N. Uppadhyay, Dr. R.D. Helode and Dr. Promila Singh. Besides teaching, the faculty members are actively involved in research and extension activities and have received number of awards for their outstanding contributions.

The school provides a wide range of consultancy, training and psychological assessment services. The counseling center of the school provides counseling to the students and professionals. It handles career related problems, ranging from personal to interpersonal level, including marital counseling, stress management etc. It provide guidance and treatment to school students with learning and/or behavioral problems.

## Mission

1. To encourage overall personality development of the students and to develop skilled psychologist and counselor so that they can save the society.
2. Create stimulating programs that promote psychological knowledge.

## Why to join SoS in Psychology?

School of studies in Psychology offers a superb intellectual environment. The students acquire a broad range of skills that make them highly attractive to a wide range of employers. Psychology degree gives a great understanding of the factors underlying human behavior, and the skills for carrying out, analyzing and reporting research, presentation skills both written and oral skills of working in groups.

Trust area of the SoS: **Psychology applied to life.**

## Academic programs offered

Course Name	Specification	Seats	Duration	Eligibility Criteria
M.A.	Psychology	20	4 Sem.	Graduation (Any Stream)
P.G. Diploma in Psychological Guidance & Counseling	Guidance & Counseling	20	1 Year	P.G. in Social Science with Psychology in Curriculum
P.G. Diploma in Rehabilitation Psychology (Self Financed Course)	Rehabilitation Psychology	10	1 Year	P.G. in Psychology
Ph.D	Psychology	8/ Supervisor	3+1 Year	P.G. in Psychology

## Vision

*To create community of intellectual excellence and foster on evolving understanding of psychological science.*



**Biofeedback** for stress relief



# Research Activities

**Doctoral Research** All the faculties of SoS are engaged in guiding PhD scholars registered in the SoS. The prime research areas are in the field of health, education, organizational and social psychology.

**P.G. Diploma in Psychological Guidance and Counseling:**

Students undergo field exposure through internship training for two months and write a report on their identified problem area on their field.

**P.G. Diploma in Rehabilitation Psychology:**

Undergo 2 months internship program, during this period they visits various hospitals and rehabilitation centers, where they study the cases of disabled children and provide rehabilitation counseling to them.

Project: The faculty of SoS have number of projects in their names.

## Activities conducted by the SoS in last 5 years (Seminar/Conferences/Workshop)

Sr. No.	Name of the Program
1	Awareness Program on Suicide Prevention Day.
2	Workshop on RCI approved CRE Program on Research methods in Rehabilitation Psychology.
3	International webinar and 2nd Annual Conference of Psychological Health Forum Chhattisgarh on Psychological Health and Well-being: Current issues and challenges.
4	Psychological Health and Well-being of student during Covid19 (Jointly organized by Dau Sri Vasudev Chandrakar Kamdhenu Vishwavidyalaya Dur and SoS in Psychology, PRSU Raipur)
5	On Competition Sociology Interdisciplinary refresher course.
6	Three days Mental Health Awareness Program.
7	Workshop on "Counseling And Psycho therapies"
8	Invited Lecture on "Nasha Mukh Bharat Abhiyaan"
9	Invited Lecture on counseling skills.
10	National seminar on "Mental Health and Indian Knowledge System."
11	Workshop on Mind Mastery and Fingerprint Analysis.

## SoS in Psychology Team



**Dr. Prabhavati Shukla**  
Professor & HOD



**Dr. Basheer Hasan**  
Professor



**Dr. Meeta Jha**  
Professor



**Dr. Priyamvada Shrivastava**  
Professor

## Major Achievements in last 5 years

- SoS in Psychology is identified by MHRD, New Delhi as a National Resource Center (NRC) from 2018 to 2021.
- Post Graduate Diploma in Rehabilitation Psychology (PGDRP), a Rehabilitation Council of India (RCI) approved course has been started in the department.
- A project on identification of slow learners was undertaken by SoS, funded by state child rights protection commission.
- Collaboration with Project Karuna National Organization in 2022.
- Department of Health and Family Welfare and All Indian Institute of Public and Physical Health Sciences (AIIPPHS) recognized students of psychology for providing online counseling for Covid-19 positive patients in 2020.
- Mental Health Awareness Program for University Students has been organized in March 2024.
- Chaitanya Psychological Counseling Center was started on May 2024, for University students and employees.

\* Young Scientist award 1

\* Net Qualified: 7

\* SET Qualified: 8

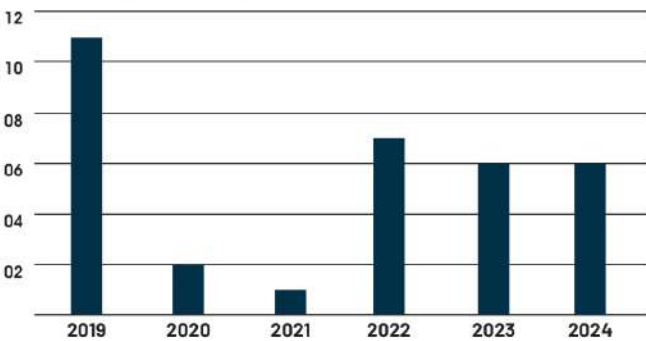
\* PhD Completed: 59 (14 in last five years)

## Future Plans

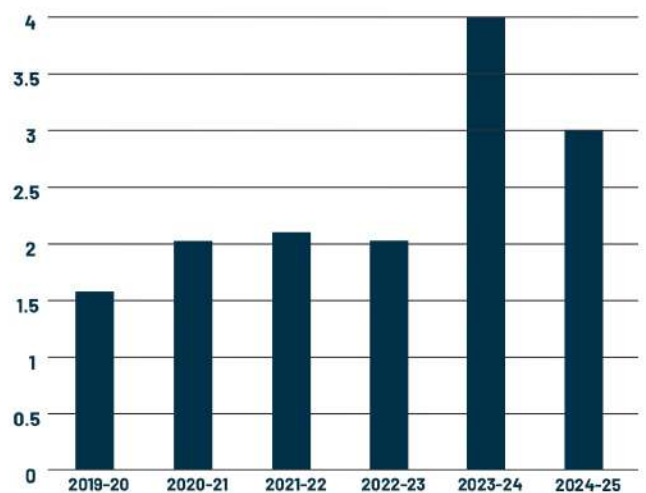
\* To Start M. Sc Psychology

\* To extend Laboratory

## Employment Figures



## Popularity Index





## Public Outreach Activities



**Project Karuna : Promoting Mental Health Awareness among school students**



**Promoting Mental Health Awareness among University students**

**Chaitanya**

## Psychological Counseling Center

**Areas to be covered for providing counseling**

Educational Counseling | Career Counseling | Personal Counseling | Health Counseling  
Social Counseling



### Contact

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