



Organized by

HRDC
PRSU
Raipur 492010
Chhattisgarh

ONLINE REFRESHER COURSE

in

Psychology

25.07.2022 to 10.08.2022



Course Coordinator

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SoS in Psychology,
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The UGC-HRDC, PRSU, Raipur, Chhattisgarh is organizing an **Online Refresher Course in Psychology** during **25.07.2022 to 10.08.2022**.

Objective:

- To develop understanding of the "Positive Psychology" (PP) which is a relatively new branch of psychology that aims to understand and promote the factors that allow individuals and communities to thrive.
- To understand the scientific foundations, key theories research and opportunities in the field of positive psychology.
- To know about the strategies and tools that enable individuals and organizations to thrive.
- To understand about the positive experience (Like Happiness, Joy & inspiration).
- To know about the positive states and traits (Like gratitude, resilience, and compassion).
- To understand about positive institutions (Applying positive principal within entire organization).

Target Group: All regular faculties of Psychology Universities/ Colleges that are included under section 2 (f) of the UGC act. The teachers of the colleges affiliated to the University for at least five years can participate.

Mode of Delivery: Online Sessions on Google Meet. Sessions will be held from 10:30 to 17:30 daily.

Requirement for the Course: Desktop/ Laptop/ Smartphone with good Internet Connectivity (Webcam, Microphone, headphones and Multimedia enabled).

ContactEmail: hrdcprsu@gmail.com; dr.brijpandey09@gmail.com

Call: 0771-2263828; 9827159831; 9425517387

Registration/ApplicationLink: <https://forms.gle/sHkD53bgdTVSodj29>

Registration fee: Rs. 1000.00 (non-refundable), to be paid online in Director, ASC bank account number - 30644576182; IFSC code: SBIN0003739, State Bank of India, PRSU, Raipur.

Number of Participants: Minimum 20 and Maximum 40 on first come first serve basis.