



Organized by

HRDC  
PRSU  
Raipur 492010  
Chhattisgarh

# ONLINE REFRESHER COURSE

in

## Refresher Course - Psychology

25.07.2022 to 10.08.2022



Course Coordinator

Prof. Priyamvada Shrivtava  
SoS in Psychology,  
Pt. Ravishankar  
Shukla University,  
Raipur(C.G.)

The UGC-HRDC, PRSU, Raipur, Chhattisgarh is organizing an **Online Refresher Course in Psychology** during **25.07.2022 to 10.08.2022**.

### Objective:

- To develop understanding of the "Positive Psychology" (PP) which is a relatively new branch of psychology that aims to understand and promote the factors that allow individuals and communities to thrive.
- To understand the scientific foundations, key theories research and opportunities in the field of positive psychology.
- To know about the strategies and tools that enable individuals and organizations to thrive.
- To understand about the positive experience (Like Happiness, Joy & inspiration).
- To know about the positive states and traits (Like gratitude, resilience, and compassion).
- To understand about positive institutions (Applying positive principal within entire organization).

**Target Group:** All regular faculties of Psychology Universities/ Colleges that are included under section 2 (f) of the UGC act. The teachers of the colleges affiliated to the University for at least five years can participate.

**Mode of Delivery:** Online Sessions on Google Meet. Sessions will be held from 10:30 to 17:30 daily.

**Requirement for the Course:** Desktop/ Laptop/ Smartphone with good Internet Connectivity (Webcam, Microphone, headphones and Multimedia enabled).

**Contact Email:** [hrcdprsu@gmail.com](mailto:hrcdprsu@gmail.com); [dr.brijpandey09@gmail.com](mailto:dr.brijpandey09@gmail.com)

**Call:** 0771-2263828; 9827159831; 9425517387

**Registration/Application Link:** <https://forms.gle/sHkD53bgdTVSodj29>

**Registration fee:** Rs. 1000.00 (non-refundable), to be paid online in Director, ASC bank account number - 30644576182; IFSC code: SBIN0003739, State Bank of India, PRSU, Raipur.

**Number of Participants:** Minimum 20 and Maximum 40 on first come first serve basis.