



## <u>Letter of Collaboration</u>

To,

Dr. P. Shukla HOD Psychology Pt. Ravishankar University Raipur, CG

Madam,

We would like to extend a collaboration proposal with your prestigious department. If given this opportunity we would like to offer an internship program for your students to create an ongoing community outreach program on mental health awareness & wellbeing.

This program will equip your students to take up responsibility as young citizens in creating awareness in the community.

Here are the details of the internship.

<u>Purpose</u>: To create an outreach internship program to reach out to the high schoolers of our city (and nearby towns in CG) and educate them about mental health awareness and wellbeing.

The volunteers will be given in-person and online training by the team of Project Karuna. The volunteers will be conducting in-person educational sessions in the schools of Raipur and designated/chosen cities.

<u>Timeline</u>: 3-month internship, The trainees can work at their own pace.

<u>Honorarium</u>: The volunteers will be given 800 rupees for each school they cover. This will be provided at the end of their internship.

Process: The internship step-by-step guide is attached to this letter for the details.

<u>Certificate</u>: A collaborative certificate of completion will be provided at the end of the academic year.

We eagerly look forward for a positive response from your end.

Thanks & Regards,

Nidhi Nathanul

Nidhi Nathaniel Founder - Project Karuna info@projectkaruna.org www.projectkaruna.org

Date: 1/5/2023

Accepted by:

Dr. P. Shukla

HOD (Psychology)

Pt. Ravishankar University

Raipur, CG

Date: 1/5/2023