

University Grant Commission (UGC)
Human Resource Development Center (HRDC)
Identified as
National Research Center (NRC)
In Psychology by Ministry of Human Resource Development
Course Coordinator – Prof. Promila Singh



Channel QR Code

Sr. No.	Resource Person	Topic	Thumbnail	Link
01.	Prof. Meeta Jha	Childhood Adversities		https://www.youtube.com/watch?v=5sJ3oN1h1zU
02.	Dr. Prakash Narayan Shukla	Autism Spectrum Disorder		https://www.youtube.com/watch?v=BEmazkBJeGQ
03.	Prof. Promila Singh	Bullying and its Consequences		https://www.youtube.com/watch?v=BeivxiJHq7g&pp=0gcJCCcJAYCqIYzv
04.	Prof. Promila Batra	Mindfulness and Meditation		https://www.youtube.com/watch?v=nvkgr3KEPM
05.	Dr. Sanjeev P. Sahni	Negotiating		https://www.youtube.com/watch?v=Gn-SCUCMcPE
06.	Dr. Alka Wadkar	Sexual Harassment		https://www.youtube.com/watch?v=9jrUj2twa4I

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07.	Prof. Promila Batra	LGBTQs	 A video thumbnail showing a woman with glasses and a red sari speaking. The video duration is 31:05.	https://www.youtube.com/watch?v=M0xwBwxJB4U
08.	Dr. Arpit Koolwal	Sleep	 A video thumbnail showing a man in a pink shirt yawning. The video duration is 24:37.	https://www.youtube.com/watch?v=0uw5E3lL-ao
09.	Prof. Ravi k Gunthey	Decision Making	 A video thumbnail showing an older man in a light blue shirt. The video duration is 28:12.	https://www.youtube.com/watch?v=DvUCuJyhXwQ
10.	Dr. Sanjeev P. Sahni	Leadership	 A video thumbnail showing a man in a dark suit and red tie. The video duration is 41:21.	https://www.youtube.com/watch?v=lOUrb86vkBE
11.	Dr. Prabhavati Shukla	Staying Focused (Attention)	 A video thumbnail showing a woman in a red sari gesturing. The video duration is 32:04.	https://www.youtube.com/watch?v=kGa64WOAKUA
12.	Dr. Prabhavati Shukla	Information Processing	 A video thumbnail showing a woman in a red sari sitting at a desk. The video duration is 30:26.	https://www.youtube.com/watch?v=2dJrfImchcQ
13.	Dr. Prabhavati Shukla	Problem Solving	 A video thumbnail showing a woman in a red sari standing. The video duration is 31:47.	https://www.youtube.com/watch?v=DNo9kVPfK6E

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14.	Prof. Promila Singh	Behavioral Skill Training	 39:05	https://www.youtube.com/watch?v=M2i-fiuFfq8&pp=0gcJCccJAYcqIYzv
15.	Prof. Promila Singh	Behaviour Modification	 26:53	https://www.youtube.com/watch?v=7sONcgALgSU
16.	Prof. Promila Singh	Prompting and Transfer of Stimulus Control	 36:12	https://www.youtube.com/watch?v=U3L7fymyBmw
17.	Dr. Prakash Narayan Shukla	Depression and Treatment	 24:16	https://www.youtube.com/watch?v=gQ34-t_pWh4
18.	Dr. Prakash Narayan Shukla	OCD/BDD	 33:26	https://www.youtube.com/watch?v=AdXneTJKPKU
19.	Dr. Alka Wadkar	Creativity	 31:28	https://www.youtube.com/watch?v=6TsOYtjssXw
20.	Dr. Alka Wadkar	Understanding Self and Self Esteem	 35:51	https://www.youtube.com/watch?v=TFKJlMNZTQ0

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21.	Dr. Prabhavati Shukla	Assertiveness	 A woman in a black and white sari is speaking. A small circular logo is in the top right corner of the video frame. The duration is 33:42.	https://www.youtube.com/watch?v=QIWxYU9Lmc4&pp=0gcJCCCJAYCqIYzv
22.	(1) Dr. Harish Agrawal, (2) Dr. Akhilesh Kumar Gupta, (3) Prof. Ravi k Gunthey	Managing After Retirement	 A man in a light blue shirt is speaking. A red banner at the bottom left of the video frame contains text: 'Dr. Akhilesh Kumar Gupta (Principal Specialist) Department of Design Br.S.I.M.M.Central Campus, Jodhpur'. The duration is 27:42.	https://www.youtube.com/watch?v=P7GtGnKxEHs
23.	Prof. Promila Singh	Cognitive Behaviour Therapy	 A woman in a yellow and red sari is speaking. A small circular logo is in the top right corner of the video frame. The duration is 30:45.	https://www.youtube.com/watch?v=sVgDEQZC9lE
24.	Dr. R.D. Helode	Variables and Control	 A man in a brown suit is speaking. A small circular logo is in the top right corner of the video frame. The duration is 36:45.	https://www.youtube.com/watch?v=N446zJJGBaU
25.	Dr. R.D. Helode	Casual Systems and Design of Proof	 A man in a beige suit is speaking. A small circular logo is in the top right corner of the video frame. The duration is 39:30.	https://www.youtube.com/watch?v=hLtMs9pwYvI&pp=0gcJCCCJAYCqIYzv
26.	Prof. Promila Singh	Growing Resilient Children	 A woman in a black and yellow sari is speaking. A small circular logo is in the top right corner of the video frame. The duration is 24:40.	https://www.youtube.com/watch?v=q1XMPvX--OA

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27.	Dr. Sanjeev P. Sahni	Mental Health of Teachers		https://www.youtube.com/watch?v=jYChEZPJPck
28.	Dr. MVR Raju	Counseling Skills		https://www.youtube.com/watch?v=Dd7MYX6BrZQ
29.	Prof. C.D. Agashe	Psychological Skills and Peak Performance in Sports		https://www.youtube.com/watch?v=Rf10eA6-NiI
30.	Prof. C.D. Agashe	Influence of Individual Differences on Sports Performance		https://www.youtube.com/watch?v=qyMXRPWEN7s
31.	Prof. C.D. Agashe	Motivation and Sports Performance		https://www.youtube.com/watch?v=JhzeLglcHU0
32.	Prof. C.D. Agashe	Sports Injury: Psychological Rehabilitation		https://www.youtube.com/watch?v=AmaoCUjuW2g

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33.	Prof. Meeta Jha	Psycho Social	 A woman with dark hair and glasses, wearing a red and yellow sari, is speaking. A small logo is in the top right corner of the video frame. The duration is 29:05.	https://www.youtube.com/watch?v=7wDSepK8dDM
34.	Dr. Alka Wadkar	Suicide	 A woman with short brown hair and glasses, wearing an orange shawl over a black top, is speaking. A small logo is in the top right corner of the video frame. The duration is 34:07.	https://www.youtube.com/watch?v=6fWY9VbJOX8
35.	Dr. J.C. Ajawani	Obesity	 A man with glasses and a grey suit, sitting at a desk, is speaking. A small logo is in the top right corner of the video frame. The duration is 29:52.	https://www.youtube.com/watch?v=c39E-yZSY_U
36.	Prof. Akbar Husain	Spiritual Psychology	 A man in a grey suit, sitting in front of shelves filled with books, is speaking. A small logo is in the top right corner of the video frame. The duration is 23:37.	https://www.youtube.com/watch?v=Dejy08V7mLo&pp=0gcJCCcJAYCqIYzv
37.	Prof. Promila Singh	Gratitude	 A woman with glasses and a pink sari, sitting at a desk, is speaking. A small logo is in the top right corner of the video frame. The duration is 33:42.	https://www.youtube.com/watch?v=qIvh_NA4KTc