

INSTITUTE INNOVATION COUNCIL

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Report-“Celebration of the International Day of Action for Women’s Health”

The Centre for Women's Study (CWS), Institute Innovation Council, Pt. Ravishankar Shukla University, Raipur and the S.O.S. in Physical Education, Pt. Ravishankar Shukla University in Raipur joined forces to commemorate the International Day of Action for Women's Health on May 28th. This annual event serves as a global platform to raise awareness about critical women's health issues and advocate for their right to comprehensive healthcare, including access to sexual and reproductive health services. This year's theme, "2024 Call to Action: Mobilizing in Critical Times of Threats and Opportunities," underscored the urgency of action amidst challenges and potential advancements in women's healthcare access.

Prof. Reeta Venugopal, Director of CWS, highlighted the pivotal role of women's health in fostering healthy families, happy communities, and a productive society. She emphasized the power of simple practices like healthy eating, exercise, and self-care in promoting women's well-being. Prof. Reeta Venugopal powerfully conveyed the message that prioritizing one's health is a woman's responsibility, paving the way for a ripple effect of positive outcomes.

The event's success stemmed from the participation of esteemed guest faculty members, women from neighbouring communities, and enthusiastic PRSU students. This collaborative effort fostered a dynamic and impactful celebration of International Day of Action for Women's Health.