

# Pt. Ravishankar Shukla University, Raipur (C.G.), India 492010

# **CURRICULUM & Syllabus** (Based on CBCS & LOCF)

# M.A. - Women and Gender Studies

(Semester System)

Semester: I-IV

Session: 2025-27

Approved by:

Board of Studies

Women Studies (Subject Name )

Dates:

17.05.2025

Name of Chairman

Prof. Reeta Venugopal
Prof. Shail Sharma
Sheil Sharma

Name of Member's

Prof. Priyamvada Shrivastava

Dr. Gyanmudra (Joined Online Google Meet)

Prof. Preeti K. Suresh

Dr. Putul Sathe (Joined Online Google Meet)

Dr. Manju Singh



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# Master of Arts in Women and Gender Studies

**Semester System** 

Course Curriculum 2025-27

# **Research Centre**

Centre for Women's Studies Pt. Ravishankar Shukla University, Raipur

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# Master of Arts in Women and Gender Studies

# Program objective

The M.A. in Women and Gender Studies is a two-year, four semester program offers the opportunity to study and understand the complexities of gender relations, social justice, feminist thoughts and intersections between social and cultural debates. It is a transformative journey that delves into the intricate tapestry of women's experiences, challenges and triumphs across cultures and time. The course offers a deep exploration of gender-related issues, cultural perspectives, and historical contexts. This interdisciplinary curriculum offers diverse areas and issues that impacts women globally, empowering students to critically analyse gender dynamics, promoting social awareness and change.

Graduates of this program are prepared for careers in advocacy, research, education, and various social justice endeavours. They become effective agents of change, promoting gender equality, and contributing to a more inclusive society. Graduates find diverse employment opportunities in academia, research, NGOs, government, and the private sector. They can work as Gender Equality Advocates, Researchers, Educators, Gender Specialists, Policy Analysts, Social Workers, and Media Specialists. Equipped with critical thinking and research skills, they become valuable contributors to the ongoing pursuit of gender equality and social justice. This program goes beyond traditional academic boundaries, fostering critical thinking and encouraging the students to engage with real world issues the impact women globally.

# **Program Outcomes:**

Upon successful completion of the Master of Arts in Women and Gender Studies program, students will be able to:

PO-1 Knowledge: Develop a deep understanding of both causes and consequences of women subordination. The students will develop understanding of comprehension of advanced feminist theories, gender issues, and cultural contexts, fostering the capacity to advocate for gender equality and social change.

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PO-2	Critical Thinking and Reasoning: Demonstrate advanced critical thinking
	through the analysis and evaluation of gender-related arguments, theories, debates
	and evidence, enabling thoughtful judgments about gender concepts and their
	societal impact. Developing awareness and education with respect to laws to
	safeguard women's rights.
PO-3	Problem Solving:Proficiently address complex gender-related issues through
	abstract problem formulation and rigorous logical reasoning. Showcase expertise in
	crafting well-founded justifications and solutions for gender studies challenges.
PO-4	Effective Communication: Communicate the complex issues related to gender
	concepts and possible solutions to address these issues in the communities and to
	diverse audiences, including those with or without a technical background, utilizing
	written reports, presentations, and teaching methodologies.
PO-5	Social/Interdisciplinary Interaction: Seamlessly incorporate gender studies
	principles into interdisciplinary scenarios, fostering productive collaborations with
	experts from various fields to tackle multifaceted challenges.
PO-6	Self-directed and Life-long Learning: Understand the significance of continuous
	growth in the dynamic field of gender studies, demonstrating the capacity for
	autonomous and formal learning to stay current and enhance expertise.
PO-7	Leadership and Innovation: Lead and innovate in various gender contexts,
	contributing to advancements in the field and applying insights to emerging
	challenges.
PO-8	Ethics: Exhibit ethical and responsible behaviour in gender studies research,
	teaching, and collaborations, upholding professional standards and best
	practices. Thrive as a social worker through adaptability, lifelong learning, and a
	commitment to ethical standards, fostering effective engagement with diverse
	environments and populations.
	Further Education or Employment: Engage for further academic pursuits,
PO-9	including Ph.D. programs in women's studies or related fields. Get employment in
	academia, research institutions, industry, NGOs, government, and other sectors.
1	(Gender Specialist, Counselor, Social Worker, Writer, Teacher, Journalist etc.)
PO-10	Global Perspective: Acknowledge the worldwide reach of gender studies and its
	influence, valuing varied cultural viewpoints within the field of women's studies.

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PROGRAMME SPECIFIC OUTCOMES (PSOs) : At the end of the program, the student will be able to:

PSO1	Understand the major concepts, history assumptions and theories of feminism and recognize its diversity and character.
PSO2	Apply the knowledge of gender concepts in interdisciplinary fields and draw the inferences by finding appropriate solutions.
PSO3	Pursue research in challenging areas of gender issues in relation to women's experiences and human rights.
PSO4	Employ confidently the knowledge of the course in problem solving promoting social justice.
PSO5	Will widen their perspective on women and gender centric concepts and make them to face the competitive world which has more challenges and incorporate ICT skills to clear competitive examinations like NET, SET, UPSC, State Government, etc.

# Master of Arts in Women and Gender Studies

# **SPECIFICATION OF COURSE**

Specification of Course	Semester	No. of Courses	Credits
Core	I-IV	14	90
Elective	III-IV	06	10
Total		16	100

# ADDITIONAL COURSES

Additional Courses (Qualifying in nature, for Student admitted in School of Studies only)							
Course	Semester	No. of Courses	Credits				
IKS	I	02	02				
Generic Elective	II-III	02	04				
Skill Enhancement (Value Added Courses)	I, III	02	04				

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# Master of Arts in Women and Gender Studies

# PROGRAMME STRUCTURE

Seme	Course		Course Code	Course Title	Course	Hrs/	Cred		Mark	is -
ster	Nature				Type (T/P)	Week	its	CIA	ESE	Total
	Core	Tel	MAWS 101	Introduction of Women's Studies	Т	5	5	30	70	100
	Core	(BI)	MAWS 102	Women's Movements in India	Т	5	5	30	70	100
I	Core		MAWS 103	Gender and Law	T	5	5	30	70	100
Semester-I			MAWS 104	Basics Concept of Research Methodology: Qualitative (Part –I)	Т	5	5	30	70	100
			MAWS 105	Experiential Learning I: Urban Exposure II: Rural Exposure	T/P	10	5	30	70	100
	Core		MAWS 201	Women and Health	T	5	5	30	70	100
	Core		MAWS 202	Gender and Social Work	T	5	5	30	70	100
II-1	Core		MAWS 203	Communication & Soft Skills	Т	5	5	30	70	100
Semester-II	Core		MAWS 204	Quantitative Techniques and Computer Skills	Т	5	. 5	30	70	100
Š	Core		MAWS 205	Experiential Learning II/Internship( SHG & NGOs)	T/P	10	5	30	70	100
	Core	4 - 1	MAWS 301	-Research Proposal	T/P	30	15	100	200	300
	Core		MAWS 302	Women, Gender & Development	Т	. 5	5	30	70	100
Semester-III	ny One)	MAWS 303 Women, Media an		Women, Media and Culture	T	5	5	30	70	100
	(Select any One)	Elective-II	MAWS 304	Women and Sustainable development	T	5	5	30	70	100

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			MAWS 305	Men and Masculinity	T	5	5	30	70	100
		Elective-III	bell on							
					or facility					
Semester-IV	Core		MAWS 401	Dissertation	T/P	30	15	100	200	300
	Core		MAWS 402	Women in Entrepreneurship	T	5	5	30	70	100
		Elective-1V	MAWS 403	Tribal women	T	5	5	30	70	100
	(Select any one)	Elective-V	MAWS 404	Women and Nutrition	T	5	5	30	70	100
	(S)	Elective-VI	MAWS 405	Queer Studies	T	5	5	30	70	100

# Note:

- In place of Elective Course Student can choose paper(s) from MOOC Courses (Swayam Portal) subject to the following conditions:
  - The chosen paper will be other than the papers offered in the current course structure.
  - The paper will be PG level with a minimum of 12 weeks' duration.
  - The list of courses on SWAYAM keeps changing, the departmental committee will finalize the list of MOOC courses for each semester.
  - The paper(s) may be chosen from Swayam Portal on the recommendation of Head of the Department.

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- The candidates who have joined the PG Programme in School of Studies (University Teaching Department), shall undergo Generic Elective Courses (only qualifying in nature) offered by other departments/SoS in Semester II and Semester III.
- The candidates who have joined the PG Programme in School of Studies (University Teaching Department), shall undergo Skill Enhancement Course/Value Added Course (only qualifying in nature) in Semester I and Semester II.

# Centre for Women's Studies (Semester II& III)

Generic Elective Courses: (Offered to PG students of other Departments/ SoS only)

Seme	Course	Course Title	Course	Hrs/	Credits		Marks	
ster	Code		Type (T/P)	Week		CIA	ESE	Total
II	MAWS 206	Participatory Research for Community	Т	2	2	30	70	100
III	MAWS 306	Gender Sensitization	T	2	2	30	70	100

# Skill Enhancement/Value Added Courses

(Offered to the PG students of Centre for Women's Studies)

Semester	Course	e Course Title	Course Type (T/P)	Hrs/ Week	Cre dits	Marks			
	Code					CIA	ESE	Total	
I	MAWS 106	Women in Indian Knowledge System	Т	4	2	30	70	100	
I	MAWS 107	Self-Defence for Girls	P	4	2	30	70	100	
III	MAWS 307	Cyber Crime and Security for Women	P	4	2	30	70	100	

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# Programme Articulation Matrix:

# Following matrix depicts the correlation between all the courses of the program and programme Outcomes

Course			VIII.		P	Os							PSC	)	
Code	1	2	3	4	5	6	7	8	9	10	1	2	3	4	5
MAWS 101	V	1	1	1	1	1	1	×	1	1	V	1	1	1	1
MAWS 102	V	1	V	1	1	1	1	1	<b>√</b>	1	1	1	1	×	1
MAWS 103	V	V	V	1	1	1	×	×	V	1	1	1	1	×	1
MAWS 104	1	1	1	1	√	<b>√</b>	V	1	<b>√</b>	V	1	1	1	×	1
MAWS 105	1	√	×	1	1	<b>√</b>	V	V	V	1	1	1	V	×	1
MAWS 201	<b>√</b>	1	V	<b>√</b>	√	1	1	V	<b>√</b>	1	<b>√</b>	1	1	×	1
MAWS 202	<b>√</b>	1	1	V	1	1	1	1	1	1	1	1	1	V	V
MAWS 203	1	1	V	<b>√</b>	1	V	1	1	V	V	1	1	V	1	1
MAWS 204	<b>V</b>	1	1	V	1	V	×	V	×	V	×	V	V	1	×
MAWS 205	7	1	V	<b>√</b>	1	V	V	1	V	V	1	1	1	1	1
MAWS 301	1	×	V	<b>√</b>	1	1	1	<b>√</b>	V	×	×	1	<b>√</b>	V	1
MAWS 302	<b>√</b>	1	1	V	1	1	1	1	<b>√</b>	1	1	1	1	1	1
MAWS 303	1	1	<b>V</b>	<b>√</b>	√	1	1	1	<b>√</b>	1	×	1	1	1	1
MAWS 304	<b>√</b>	1	<b>√</b>	√	1	V	V	1	<b>√</b>	V	V	1	1	1	1
MAWS 305	1	1	<b>V</b>	<b>V</b>	√	1	×	×	×	1	V	1	V	V	1
MAWS 401	V	1	<b>V</b>	V	×	×	V	<b>V</b>	√	V	×	1	V	V	1
MAWS 402	V	1	<b>√</b>		<b>√</b>	1	1	<b>V</b>	1	V	<b>√</b>	1	×	V	1
MAWS 403	<b>√</b>	1	√	×	<b>√</b>	V	×	V	V	×	V	1	1	V	1
MAWS 404	<b>√</b>	V	V		V	<b>√</b>	1	<b>√</b>	7	7	V	1	V	V	1
MAWS 405	<b>V</b>	1	V	×	×	×	1	×	V	V -	V	×	V	V	V
No. of courses mappingthePO/PS O	20	19	20	17	17	16	16	13	19	19	13	19	18	19	18

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# **CENTRE FOR WOMEN'S STUDIES** PT. RAVISHANKAR SHUKLA UNIVERSITY, RAIPUR

# M.A. in Women and Gender Studies

# **SEMESTER-I**

Course Code	Course Title	M	Credit	
		External	Internal	
MAWS101 (Core)	Introduction of Women's Studies	70	30	5
MAWS 102 (Core)	Women's Movements in India	70	30	5
MAWS 103 (Core)	Gender & Law	70	30	5
MAWS 104 (Core)	Basics Concept of Research Methodology: Qualitative (Part –I)	70	30	5
MAWS 105 (Core)	Experiential Learning I: Urban Exposure II: Rural Exposure	70	30	5

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# M.A. in Women and Gender Studies SEMESTER - I

Program	Subject	Year	Semester
M.A	Women and Gender Studies	1	Ι.
Course Code	Course Title		* Course Type
MAWS 101	Introduction of Women's St	udies	Core
Credit	Hours Pe	Г-Р)	
	L	T	P
5	5	1	0
Maximum Marks	CIA	ESE	
100	30		70

### LearningObjective(LO):

Students will recognize and analyze intersecting structures of power and identity, critique feminist theories, and explore Women's Studies, including its origins, growth, and challenges within Indian society and diverse feminist movements. Designed for those deeply interested in Women's Studies, this course aims to enhance self-awareness and understanding, empowering students to enact meaningful change.

### Course Outcomes(CO):

CO No.	Expected Course Outcomes At the end of the course, the students will be able to:	CL
1	To explain the concept of Women's Studies to the students andto understand the origin and growth of Women Studies.	Ap
2	To Highlight the different roles of Women in the Indian society	Ap
3	Understand basic concept of economy and politics.	U
4	Understand the diverse Feminist Movements, including their conceptual frameworks and historical contexts.	An
5	To understand about Feminist Thinkers and Theories	U

CL: Cognitive Levels ( $\mathbf{R}$ -Remember;  $\mathbf{U}$ -Understanding;  $\mathbf{Ap}$ -Apply;  $\mathbf{An}$  Analyze;  $\mathbf{E}$  - Evaluate;  $\mathbf{C}$ -Create).

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# CO-PO/PSO Mapping for the course:

\PO						POs	10	117						PSO		
CO	1	2	3	4	5	6	7	8	9	10	11	1	2	3	4	5
CO1	3	2	3	3	3	3	2 .	3	3	2	-	3	3	3	2	2
CO2	3	2	3	2	2	2	3	3	3	2	-	3	3	2	2	2
CO3	3	2	3	3	2	3	2	2	3	2	-	3	2	3	2	2
CO4	2	3	2	3	2	2	3	2	2	3	-	2	2	3	2	2
CO5	3	2	2	2	2	3	3	2	2	3	-	2	3	3	2	2

# Detailed Syllabus:

Course Title & Code	Introduction of Women's Studies (MAWS 101)	
Unit No.	Topics	No. of Lectures
I	Introduction to Women's Studies  Background of Women and Gender Studies	15
	<ul> <li>Need, Scope and challenges of Women's Studies</li> </ul>	
П	Sociocultural Construction of Gender	15
	<ul> <li>Concepts of Gender and Sex, Masculinity, Androgyny and Patriarchy.</li> </ul>	
	<ul> <li>Socialization – Meaning, importance, prejudice, and Stereotyping</li> </ul>	
	<ul> <li>Role of family community and state in gender discrimination and change in attitude.</li> </ul>	
Ш	Understanding Economy and Politics	18
	Economic growth	
	National income systems of Money and Finance	
	Challenges of Nation Building	
	Party Systems and Political Parties	
IV	Feminist Movements	17
	Feminism : Concept and Meaning,	
	Theories of Feminism and feminst thought	
	Feminism in India	
v	Feminist Thinkers and Theories	10
	<ul> <li>Liberal Feminism, Marxist Feminism, Radical Feminism, Socialist Feminism</li> </ul>	
	<ul> <li>Indian Feminism, Black Feminism, Eco-Feminism.</li> <li>New Feminist Debates- Post Colonial /Post Modern</li> </ul>	
	<ul> <li>Movements Feminist thinkers in 18th, 19th, 20h and 21st Century</li> </ul>	

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# M.A. in Women and Gender Studies SEMESTER - I

Program	Subject	Year	Semester	
M.A	Women and Gender Studies	1	I	
Course Code	Course Title	Course Type		
MAWS 102	WOMEN'S MOVEMENT	Core		
Credit	Hour	P)		
	L	T	P	
5	5	1	0	
Maximum Marks	CIA		ESE	
. 100	30		70	

# Learning Objective(LO):

To explore the evolution and impact of women's movements in India, examining efforts by social activists at both global and national levels. This includes studying the movements during the colonial period and their contemporary consequences, as well as understanding the historical status and roles of women in various social movements.

Course Outcomes(CO):

CO No.	Expected Course Outcomes At the end of the course, the students will be able to:	CL
1	This Paper will equip students with the in-depth understanding about the women's Movement.	Ap
2	Students will gain a comprehensive understanding of the history, evolution, and impact of women's movements in India.	Ap
3	Make aware of feminist thoughts in Indian society.	Ap
4	Students will analyze the consequences of women's movements and issues during the colonial period, enabling them to compare and contrast these with post-colonial and contemporary women's issues.	U
5	The course will facilitate critical discussions on current issues and debates surrounding women's activism and movements in India.	An

**CL**: Cognitive Levels (**R**-Remember; **U**-Understanding; **Ap**-Apply; **An** Analyze; **E** - Evaluate; **C**-Create).

#### CO-PO/PSO Mapping for the course:

PO					P	Os	1,1							PSO		
CO	1	2	3	4	5	6	7	8	9	10	11	1	2	3	4	5
CO1	3	3	-	-	-	2	2	-	3	3	-	3	-	2	2	3
CO2	3	3	-	-	-	2	-	-	-	-	-	3	2	3	1	3
CO3	3 1	3	1	2	-	-3	1	1	3	3	-	3	3	3	2	3
CO4	3	3	2	2	2	3	2	2	1	3	-	3	2	3	1	3
CO5	3	3	2	1	2	3	1	2	3	1	-	3	2	3	2	3

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#### **Detailed Syllabus:**

Course Title & Code	WOMEN'S MOVEMENTS IN INDIA (MAWS 102)	
Unit No.	Topics	No. of Lectures
I	<ul> <li>Women's movements in India: Historical overview</li> <li>Women's Movements – global and local: Pre-independence, Post-independence and Contemporary Debates.</li> </ul>	15
П	Women's role in social movements :Political movement, social reform movement environmental movement	15
Ш	Status of women in India : Status of women during Vedic period, Medieval period and Colonial period.	18
IV	<ul> <li>Role of Social Reformers and Thinkers in India: Raja Rammohan Rai, IswarchandVidytasgar, Maharshi Dhondo Keshav Karve, Savitribai Phule, Jyotiba Phule, Mahatma Gandhi</li> </ul>	17
V	<ul> <li>Women's History in Chhattisgarh</li> <li>Women's Roles in Tribal Communities</li> <li>Notable Women figures in Chhattisgarh</li> </ul>	10

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# M.A. in Women and Gender Studies SEMESTER - I

Program	- Subject	Year	Semester	
M.A	Women and Gender Studies			
Course Code	Course Ti	tle	Course Type	
MAWS 103	GENDER ANI	DLAW	Core	
Credit	Н	Г-Р)		
	L	T	P	
5	5	1	0	
Maximum Mark	CIA		ESE	
100	30		70	

## Learning Objective(LO):

This course aims to provide students with a comprehensive understanding of the intersection of gender and law, covering legal concepts, feminist perspectives, and sources of law. Students will explore the Indian Constitution, specific rights of women and children, family and marriage laws, gender-based violence, labor laws, and criminal law related to women. The course will also address inhuman cultural practices and inform students about various mechanisms and agencies protecting women from violence.

#### Course Outcomes(CO):

CO No.	Expected Course Outcomes At the end of the course, the students will be able to:	CL
1	The course will focus on the legal concepts, law and feminism, sources of law etc.	Ap
2	Students will have an understanding of the foundational aspects of women and law.	Ap
3	The course enables students to understand Indian constitution, the specific rights of women and children, laws related to family and marriage etc.	Ap
4	It also discusses laws related to gender based violence and work, Labour law related to women, women and criminal law etc.	Ap
5	To sensitize students on inhuman practices in the name of culture and provide knowledge on various agencies and mechanism to protect women from violence.	U

CL: Cognitive Levels (**R**-Remember; **U**-Understanding; **Ap**-Apply; **An** Analyze; **E** - Evaluate; **C**-Create).

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MA in Women and Gender Studies (2025-27)

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# CO-PO/PSO Mapping for the Course:

PO						POs								PSO		
CO	1	2	3	4	5	6	7	8	9	10	11	1	2	3	4	5
CO1	3	3	3	2	2	3	3	1	3	3	-	3	3	2	2	3
CO2	3	3	3	3	3	3	2	3	3	3	-	2	3	2	3	3
CO3	3	3	3	1	2	3	2	1	3	3	-	2	3	3	3	3
CO4	3	2	2	3	3	3	3	3	3	3	-	1	3	3	3	2
CO5	3	2	2	3	3	3	3	3	3	3	-	1	3	3	3	2

# Detailed Syllabus:

Course Title & Code	GENDER AND LAW (MAWS 103)	
Unit No.	Topics	No. of Lectures
I	Laws Related to Family and Marriage	15
	<ul> <li>Rights inside the family: Personal laws, Laws of Marriage special Marriage act 1954</li> </ul>	
	Divorce Laws, Judicial Separation and Divorce, Hindu	
	Divorce Laws, Muslin Divorce Laws	
	Maintenance Laws: Hindu, Muslim	
	Women and Property Rights Including Right to succession and Inheritance (with reference to Hindu and Muslim	
	Laws)	
	<ul> <li>Issues and Rights related to Abortion (Medical termination of pregnancy)</li> </ul>	
	Domestic Violence	
	Dowry Prohibition Act	
	Family Court Act	
	Need for Uniform Civil Code	
п	Laws related to Gender-based Violence	15
	Laws Against Violence and Sexual Crimes	
1	Eve Teasing	
	Rape Indecent Representation of Women	
	<ul> <li>Abduction and Kidnapping Immoral Trafficking</li> </ul>	

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III	Laws for Working People	18
	<ul> <li>Labor Law relating to women - Minimum wages Act, - Equal wages &amp; Equal Remuneration</li> <li>Maternity Benefit and child care, Employee state Insurance (EST)</li> <li>The Sexual Harassment of women at Workplace (Prevention, Prohibition and Redressal) Act, 2013</li> </ul>	
IV	Right for Justice	17
	<ul> <li>Awareness regarding access to legal and judicial machinery:</li> <li>Rights at the time of filing FIR in police Stations</li> <li>Rights at the time of Arrest and Custody</li> <li>Role of Counseling Centres</li> </ul>	
V	<ul> <li>Women empowerment in India.</li> <li>International Conventions and Legislations Related to Women's Rights.</li> <li>Women Related Central and State Schemes National and State Commission of Women: Role &amp; Responsibilities.</li> <li>Understanding women's issues in Panchyati Raj, Gender budgeting</li> <li>Role of Sakhi One stop centre in Chhattisgarh (181 Women Help line)</li> </ul>	10

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MA in Women and Gender Studies (2025-27)

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# M.A. in Women and Gender Studies SEMESTER - I

Program	Subject	Year	Semester		
M.A	Women's and Gender Studies				
Course Code	Course Ti	Course Title  Basics Concept of Research Methodology:  Qualitative (Part -I)			
MAWS 104					
Credit	Н	")			
	L	T	P		
5	5	1	0		
Maximum Marks	CIA	on to doppin	ESE		
100	30		70		

## Learning Objective(LO):

This course will equip students with a foundational understanding of research methods essential for social science research. Students will learn to apply qualitative statistics to derive logical conclusions, employ various data collection methods, including CBPR with a gender perspective, and develop skills in literature review, bibliography, citation styles, research proposals, report writing, ethics, and bibliometrics.

#### Course Outcomes(CO):

C O No.	Expected Course Outcomes At the end of the course, the students will be able to:	CL
1	This paper will equip students with basic understanding of qualitative research methods required to conduct research in social science.	Ap
2	Understanding of qualitative research analysis will help them to arrive at logical conclusions.	Ap
3	Apply various data collection methods, including CBPR with a gender perspective.	Ap
4	Demonstrate skills in review writing, bibliography, citation styles, report writing, ethics, and bibliometrics etc.	U
5	Conclusion derived from the analysis will help them to arrive at logical conclusions.	An

CL: CognitiveLevels (R-Remember; U-Understanding; Ap-Apply; An Analyze; E - Evaluate; C-Create).

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MA in Women and Gender Studies (2025-27)

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# CO-PO/PSO Mapping for the course:

PO CO				PSO												
	1	2	3	4	5	6	7	8	9	10	11	1	2	3	4	5
CO1	3	1	2	1	1	-	1	2	3	2	-	1	3	3	3	2
CO2	2	3	3	2	1	2	2	1	3	2	-	1	2	3	3	2
CO3	2	3	3	2	2	2	3	3	2	2	-	2	2	3	3	2
CO4	3	3	3	3	3	3	3	3	3	3	-	3	3	2	3	3
CO5	2	2	3	3	1	2	3	3	3	3	-	1	3	3	2	2

# Detailed Syllabus:

Course Title & Code	Basics Concept of Research Methodology: Qualitative (Part -I) (	
Unit No.	Topics	No. of Lectures
I	<ul> <li>Research – Meaning, Scope, Importance</li> <li>Understanding Feminist Research – Concepts, Debates and Limitations.</li> </ul>	15
П	<ul> <li>Review of literature</li> <li>Traditional (Narrative literature review, rapid review, scoping review and systemetic review)</li> <li>Feminist Epistemology, Feminist Standpoint, Sexist and Non-Sexist Research Methodology, Ethnography, Queer Theories.</li> </ul>	15
m	<ul> <li>Research Design and Methods – Survey, Exploratory, Diagnostic, Experimental, Action Research and Case Studies.</li> <li>Qualitative and Quantitative Research.</li> <li>Methods of Data Collection - Case study, Observation, Interview, Interview schedule, Interview guide, Questionnaire, Focused Group discussion</li> </ul>	18
IV	<ul> <li>CBPR: Introduction, Principles of CBPR, Steps in CBPR,</li> <li>Methods in CBPR and Gender perspective in CBPR</li> </ul>	17
V	<ul> <li>Review Writing</li> <li>Ethics in Research</li> <li>Research Proposal &amp; Research Report</li> <li>Bibliography and citation styles &amp; Bibliometrics</li> </ul>	10

MA in Women and Gender Studies (2025-27)

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# M.A. in Women and Gender Studies SEMESTER - I

Program	Subject	Year	Semester
M.A	- Women and Gender Studies	1	1
Course Code	Course Tit	le	Course Type
MAWS 105	Experiential Learning  1: Urban Exposure &II: Rural	Exposure	Core
Maximum Marks	CIA		ESE
100	30		70

#### Learning Objective (LO):

Experiential learning offers a unique opportunity to bridge the gap between urban and rural environments. By immersing learners in both settings, they can gain valuable insights, develop empathy, and cultivate a deeper understanding of societal challenges and opportunities.

## Course Outcomes (CO):

CO No.	Expected Course Outcomes At the end of the course, the students will be able to:	CL
1	Understanding diverse cultures and lifestyles of Urban and Rural exposure.	Ap
2	Experiencing rapid urbanization and its challenges.	Ap
3	Observing social and economic status of urban and rural.	Ap
4	Understanding rural livelihoods and challenges	U
5.	Developing problem-solving skills in different contexts	U

CL: Cognitive Levels (R-Remember; U-Understanding; Ap-Apply; An Analyze; E - Evaluate; C-

CO-PO/PSO Mapping for the course:

PO	POs										PSO						
CO	1	2	3	4	5	6	7	8	9	10	11	1	2	3	4	5	
CO1	3	1	2	1	1	120	1	2	3	2	-	1	3	3	3	2	
CO2	2	3	3	2	1	2	2	1	3	2	1-	1	2	3	3	2	
CO3	2	3	3	2	2	2	3	3	2	2	-	2	2	3	3	2	
CO4	3	3	3	3	3	3	3	3	3	3	8-	3	3	2	3	3	
CO5	2	2	3	3	- 1	2	3	3	3	3	(4)	1	3	3	2	2	

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MA in Women and Gender Studies (2025-27)

# **CENTRE FOR WOMEN'S STUDIES** PT. RAVISHANKAR SHUKLA UNIVERSITY, RAIPUR

# M.A. inWOMEN AND GENDER STUDIES

# **SEMESTER-II**

Course	Course Title	M	Credit	
Code		External	Internal	
MAWS 201 (Core)	Women and Health	70	30	5
MAWS 202 (Core)	Gender and Social Work	70	30	5
MAWS 203 (Core)	Communication & Soft Skills	70	30	5
MAWS 204 (Core)	Quantitative Techniques and Computer skills	70	30	5
MAWS 205 (Core)	Experiential Learning II /Internship (SHG & NGOs)	70	30	5

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MA in Women and Gender Studies (2025-27)

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# M.A. in Women and Gender Studies

SEMESTER - II

Program	Subject	Year	Semester	
M.A	Women and Gender Studies	П		
Course Code	Course T	itle	Course Type	
MAWS 201	Women and	Core		
Credit	H	L-T-P)		
	L	T	P	
5	5	1	0	
Maximum Marks	CIA		ESE	
100	30		70	

## Learning Objective(LO):

This course aims to provide students with fundamental knowledge about the importance of women's health. It will cover health concepts, components of health education, and role modeling. Students will learn about women's health issues, create awareness of health services, and understand sociocultural determinants affecting health disparities and well-being.

#### Course Outcomes(CO):

CO No.	Expected Course Outcomes At the end of the course, the students will be able to:	CL
1	To objective of this paper is to provide basic knowledge to the students about the importance of Women's health	Ap
2	To describe health, its aspects and components of Health Education and to become a role model.	Ap
3	To learn health issues related to women.	Ap
4	To create awareness regarding health services	U
5	To analyse and understand need for gender sensitive health care services.	An

CL: CognitiveLevels (R-Remember; U-Understanding; Ap-Apply; An Analyze; E - Evaluate; C-Create).

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# CO-PO/PSO Mapping for the course:

PO		POs											PSO						
CO	1	2	3	4	5	6	7	8	9	10	11	1	2	3	4	5			
CO1	3	2	1	2	3	2	2	3	3	3	-	1	2	3	3	3			
CO2	3	3	3	2	3	2	3	2	3	3	-	2	2	3	2	3			
CO3	3	3	3	3	3	3	2	2	2	3		2	1	2	2	3			
CO4	2	3	2	2	3	3	3	2	2	1	-	-1	2	2	3	2			
CO5	2	3	3	2	3	3	2	2	3	3	-	1	3	3	2	3			

# **Detailed Syllabus:**

Course title and Code	Women and Health (MAWS 201)	
Unit No.	Topics	No. of Lectures
I	<ul> <li>Health and wellbeing</li> <li>Women and Health: Introduction, Definitions and concepts</li> <li>Women's Health in Socio-Cultural Context</li> <li>Sociocultural determinants of health disparities</li> <li>Life Cycle Approach to Women's Health – Health status of women in India, factors influencing health and Nutritional status.</li> </ul>	15
П	<ul> <li>Mental health and Wellbeing (Positive Health)</li> <li>Occupational and Mental Health</li> <li>Stress Assessment and Management</li> <li>Impact of violence on women's health</li> <li>Issues of declining Child Sex Ratio, Widowhood and old age.</li> </ul>	15
Ш	General Gynecological Issues     Menstrual Disorders, Premenstrual Syndrome     (PMS),Menopause, Pregnancy, PCOD/PCOS	18
IV	<ul> <li>Non communicable diseases- Cardiovascular diseases,</li> <li>Diabetes, Obesity, Blood Pressure etc.</li> <li>Barriersfaced by women in Physical Activity</li> </ul>	17

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# M.A. in Women and Gender Studies SEMESTER – II

Program	Subject	Year	Semester		
M.A	Women and Gender Studies	1	П		
Course Code	Course T	itle	Course Type		
MAWS 202	Gender and Soc	Core			
Credit	Hours Per Week (L-7		L-T-P)		
	L	T	P		
5	5	1	0		
Maximum Marks	CIA		ESE		
100	30		70		

## Learning Objective (LO):

This course aims to provide students with a comprehensive understanding of social work, its emergence in India, and its professional scope. Students will learn about societal characteristics, the significance of sociology, and analyze social problems in India, including gender discrimination and issues faced by young and elderly women, with a focus on trafficking and rehabilitation.

## Course Outcomes(CO):

C O No.	Expected Course Outcomes  At the end of the course, the students will be able to:	CL
1	Define Social Work, trace its emergence in India, and comprehend the scope and concerns of professional practice.	Ap
2	Understand society, its characteristics, and the significance of sociology for effective social work.	Ap
3	Analyze social problems in India, including gender discrimination, marriage, family, caste, dowry, child marriage, divorce, and issues of elderly women.	Ap
4	Explore youth, modernization, and related problems, emphasizing challenges faced by young women, including trafficking and rehabilitation issues.	U

CL: CognitiveLevels (**R**-Remember; **U**-Understanding; **Ap**-Apply; **An** Analyze; **E** - Evaluate; **C**-Create).

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# CO-PO/PSO Mapping for the Course:

PO						POs								<b>PSO</b>		
CO	1	2	3	4	5	6	7	8	9	10	11	1	2	3	4	- 5
CO1	3	2	1	1	3	2	2	3	2	1	-	3	1	-	-	-
CO2	3	3	3	2	1	2	-	2	S#1	-	-	1	2	3		-
CO3	2	3	3	2	2	2	2	-	1	-	-	-	2	2	-	2
CO4	1	2	3	3	2	2	2	-	2	2	-	-	1	2	2	1
CO5	-	- 4	-	-	-	-	-	-	-	-	-	-	-	-	-	-

3"-Strong;"2"-Moderate;"1"- Low; "-"No Correlation

# Detailed Syllabus:

Course Title and Code	Gender and Social Work (MAWS 202)	
Unit No.	Topics	No. of Lectures
I	Understanding Social Work	15
	<ul> <li>Concept and definition of Social Work'</li> <li>Emergence of professional Social Work in India</li> <li>Scope and Concerns of Social Work practice</li> </ul>	
II	Understanding Society	15
	<ul> <li>Society, meaning, and characteristics</li> <li>Relevance of Understanding Sociology for Social Work</li> <li>Social Problems in India relating to marriage, family, and caste problems and dowry, child marriage' divorce</li> <li>Gender discrimination within the family, problems of elderlywomen.</li> </ul>	10
III	<ul> <li>Social Work with Youth</li> <li>Youth and Modernization in India</li> <li>Identity of youth and related problems with emphasis on problems of Young women.</li> <li>Problems of Trafficking and Rehabilitation in India</li> <li>Impact of NGOization of the situation of women in India</li> </ul>	18
IV	Ocial work, Women and Disability     Understanding Women and Disability     Policies, Legislations, and Programmes for persons with disability in India (with special reference to women)     Role and Challenges of Social Workers in Working Women with disabilities	

Shoulthu MA in Women and Gender Studies (2025-27)

V	Global Perspectives on Gender and Social Work	10
	International perspectives on gender	
	<ul> <li>Global issues affecting women and marginalized groups</li> </ul>	
	Social Work Interventions and Strategies	
	Importance of Intervention in social work	

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# M.A. in Women and Gender Studies SEMESTER - II

Program	Subject	Year	Semester
M.A	Women and Gender Studies	1	П
Course Code	Course 7	Title	Course Type
MAWS 203	COMMUNICATION	& SOFT SKILL	Core
Credit	H	lours Per Week (L-T-	P)
	L	T	P
5	5	1	0
Maximum Marks	CIA		ESE
100	30		70

# Learning Objective (LO):

This course aims to equip students with essential communication skills, including listening, reading, writing, speaking, and presentation skills. It will help students identify stress factors and coping mechanisms, develop employability skills, and gain competency in conducting professional events like workshops.

#### Course Outcomes (CO):

C O No.	Expected Course Outcomes At the end of the course, the students will be able to:	CL
1	Understanding and demonstrating mastery in communication skills like listening	Ap
2	Identify stress factors and coping mechanisms	Ap
3	Develop employability skills	Ap
4	To develop competency to conduct events for professional communication like workshop	U

CL: Cognitive Levels (R-Remember; U-Understanding; Ap-Apply; An Analyze; E - Evaluate; C-Create).

Should MA in Women and Gender Studies (2025-27)

# CO-PO/PSO Mapping for the course:

\PO			w v			POs	17							PSO		
co	1	2	3	4	5	6	7	8	9	10	11	1	2	3	4	5
CO1	3	-	-	3	2	2	2	-	1	-	-	2	-	120	1	1
CO2	-	2	1	2	1	2	2	1	-	-	-	-	-	1	1	2
CO3	2	2	2	2	2	3	3	-	3	1	-	2	1	2	1	2
CO4	2	2	2	2	2	1	2	1	2	1		1	2	2	2	3
CO5	-	-	-	-		-	-		-	-	-	-	-	-	-	-

# **Detailed Syllabus:**

Course Title and Code	COMMUNICATION AND SOFT SKILL (MAWS 203)	
Unit No.	Topics	No. of Lectures
I	Communication Skill     Communication : Meaning, Concept and Importance	15
	<ul> <li>Type of Communication</li> <li>Communication SkillsComponents, Barriers – Listening</li> </ul>	
	Skills – Reading Skills – Writing Skills – Presentation Skills – Speaking Skills	
П	Stress Management	15
	Stress – Factors responsible for stress – Role conflicts – Dual roles – Stress coping mechanism	
III	Time Management	18
	Character of Prudent time managers – techniques and tips for time	
	Management – relationship between stress management and time management	
IV	Employability Skills	17
,	Interview Skills – Types of interviews – Group Discussions –  Preparing for Group Discussions – Stress interview or Situation Interview	

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V	Event Management	10
	What is event management?	
	Aspects of event management	
	Skills for event managers : Planning skills, Organizational	
	skills, Communication skills, Interpersonal skills,	
	Multitasking skills, Creative and problem-solving skills and	
	Technological skills	

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- · Meenakshi Raman and Sangeeta Sharma, Technical communication, OUP.
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## M.A. in Women and Gender Studies SEMESTER - II

Program	Subject	Year	Semester		
M.A	Women and Gender Studies	A3-20,700,000,000,000			
Course Code	Course T	Course Title			
MAWS 204	Quantitative Techniques	Core			
Credit	Credit Hours Per Week (L-T-P				
	L	T	P		
5	5	1	0		
Maximum Marks	CIA	ESE			
100	30		70		

## Learning Objective(LO):

This course aims to provide students with a foundational understanding of statistics and computer skills. Students will learn to interpret descriptive statistics, apply various statistical tests, and use statistical software. Additionally, they will acquire basic computer skills, including proficiency in MS Office and data analysis tools.

## Course Outcomes(CO):

C O No.	Expected Course Outcomes At the end of the course, the students will be able to:	CL
1	Grasp the definition and significance of statistics to interpret a set of descriptive statistics and understand the limitations of each measure	Ap
2	To train the students to apply the different statistical tests	Ap
3	Students shall be able to use and apply a wide variety of specificstatistical methods by statistical soft ware.	Ap
4	To train students of basic computer skills .	U

CL: CognitiveLevels (**R**-Remember; **U**-Understanding; **Ap**-Apply; **An** Analyze; **E** - Evaluate; **C**-Create).

#### CO-PO/PSO Mapping for the Course:

PO		POs												PSO						
СО	1	2	3	4	5	6	7	8	9	10	11	1	2	3	4	5				
CO1	2	3	3	2	2	2	2	3	3	2	-	2	2	3	3	3				
CO2	3	3	3	2	1	2	3	3	3	1	-	2	2	2	2	2				
CO3	13	2	3	1	1	2	2	3	3	2	-	1	2	3	3	3				
CO4	3	2	3	1	1	2	1	2	3	2	-	1	2	3	3	3				
CO5	-	-	-	-	-	-	-	-	-	-	_	-	-	045	-	-				

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#### **Detailed Syllabus:**

Course Title and code	Quantitative Techniques and Computer skills (MAWS 204)	
Unit No.	Topics	No. of Lectures
I	<ul> <li>Statistics : Definition, Meaning and Importance</li> <li>Need and Importance of Statistics in Women's Studies</li> </ul>	15
П	<ul> <li>Measures of: Mean, Median and Mode - Definition, Formulas</li> <li>Measures of Dispersion: Dispersion, Range, Variance, Standard Deviation, Standard Errors</li> <li>Correlation: Simple correlation, Grouped and ungrouped data, Karl Pearson's Coefficient of Correlation.</li> </ul>	15
Ш	<ul> <li>Parametric and Non Parametric test.</li> <li>Parametric Test: t-test. ANOVA.</li> <li>Test of Significance: Non- parametric Tests: Chi-square Test, Goodness of fit.</li> <li>Regression analysis: Linear regression and logistic regression</li> </ul>	18
IV	<ul> <li>MS Office: MS-Word, MS-Excel and MS-Power Point</li> <li>Data Analysis Softwares: SPSS 25.0, MS-Excel, MySQL</li> </ul>	17
V	<ul> <li>Referencing Software's :Mandeley, EndNote, and Zotero</li> <li>Graphic Design Software - Microsoft Publisher, Canva and Prezi Design.</li> </ul>	10

## Recommenced Reference:

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- · Young P.V. (1996): Scientific Social Surveys and Research, Prentice hall, New York

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## M.A. in Women and Gender Studies SEMESTER - II

Program	Subject	Year	Semester
M.A	Women and Gender Studies	1	П
Course Code	Course 7	Γitle	Course Type
MAWS 205	Experiential learnin (SHGs& N		Core
Maximum Marks	CIA		ESE
100	30		70

### Learning Objective (LO):

This course provides students with immersive, hands-on experience through fieldwork working with various SHGs, NGOs, and government organizations. It bridges theory and practice, equipping students to analyze gender dynamics, promote empowerment, and address social, economic, and political issues. Skills in advocacy, community engagement, and policy-making prepare them as agents of change.

## Course Outcomes (CO):

CO No.	Expected Course Outcomes At the end of the course, the students will be able to:	CL
1	Students will learn to evaluate the structure, functioning, and impact of SHGs and NGOs.	Ap
2	Identifying best practices and areas for improvement in achieving gender-focused objectives.	Ap
3	Students will be able to effectively engage with community members, particularly women, and empower them through capacity building and advocacy.	Ap
4	Understand the social institution and view the society with gender lens	An
5	Analyses about the role of government for gender equality by various schemes	Е

CL: Cognitive Levels (R-Remember; U-Understanding; Ap-Apply; An Analyze; E - Evaluate; C-

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## CO-PO/PSO Mapping for the course:

PO						POs		1711						PSO		
CO	- 1	2	3	4	5	6	7	- 8	9	10	11	1	2	3	4	5
CO1	3	2	2	2	2	2	2	2	3	3	-	2	2	2	2	3
CO2	2	2	2	2	1	1	1	2	2	2	-	2	2	2	2	2
CO3	3	3	3	3	2	2	.3	3	3	3	-	1	2	3	3	3
CO4	3	2 .	2	2	2	1	1	1	1	1	-	1	2	3	2	2
CO5	3	2	2	2	2	3	3	2	2	2	-	1	1	1	2	2

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MA in Women and Gender Studies (2025-27)

## **CENTRE FOR WOMEN'S STUDIES** PT. RAVISHANKAR SHUKLA UNIVERSITY, RAIPUR

## M.A. in. Women and Gender Studies Semester -III

Co	ourse Code	Course Title	M	arks	Credit
			External	Internal	
M	(Core)	Research Proposal	200	100	15
M	(Core)	Women, Gender and Development	70	30	15
	MAWS 303	Women Media and Culture	70	30	5
	MAWS 304	Women and Sustainable Development	70	30	5
	MAWS 305	Men and Masculinity	70	30	5

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## M.A. in Women and Gender Studies SEMESTER - III

Program	Subject	Year	Semester		
M.A	Women and Gender Studies	2	Ш		
Course Code	Course	Course Type			
MAWS 301	Research P	Research Proposal			
Maximum Marks	CIA	CIA			
300	100	•	200		

## Learning Objective (LO):

A course on research proposal development typically aims to equip students with the skills and knowledge necessary to design, plan, and write effective research proposals.

## Course Outcomes(CO):

CO No.	Expected Course Outcomes At the end of the course, the students will be able to:	CL
1	Understand the fundamental principles of research methodology, including research design, data collection techniques, and data analysis methods.	Ap
2	Develop the ability to conduct comprehensive literature reviews to identify research gaps and inform research questions	Ap
3	Grasp the ethical considerations involved in research, including data privacy, informed consent, and plagiarism.	U
4	Apply problem-solving techniques to identify research problems.	Ap
5	Select and apply appropriate data analysis techniques to interpret research findings.	U

CL: Cognitive Levels (R-Remember; U-Understanding; Ap-Apply; An Analyze; E - Evaluate; C-Create)

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## CO-PO/PSO Mapping for the Course:

PO	POs PS								PSO	so						
CO	1	2	3	4	5	6	7	8	9	10	11	1	2	3	4	5
CO1	3	Ti	-	1		1	1	2	-	y=:		1	2	2	2	2
CO2	2	1	1	2	2	1	1	2	-		-	3	2	2	2	2
СОЗ	2	2	2	3	1	2	2	2	2	1		3	2	2	2	2
CO4	2	3	3	3	3	3	3	3	3	3	-	3	2	2	2	2
CO5	2	3	3	3	3	3	3	3	3	3	-	2	2	2	2	2

3"-Strong;"2"-Moderate;"1"- Low; "-"No Correlation

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## M.A. in Women and Gender Studies SEMESTER - III

Program	Subject	Year	Semester		
M.A	Women and Gender Studies				
Course Code	Course	Course Type			
MAWS 302	Women, Gender and De	- Core			
Credit		Hours Per Week (L-7	Γ-P)		
	L	T	P		
5	5	1	0		
Maximum Marks	CIA	ESE			
100	30		70		

## Learning Objective (LO):

This course aims to provide students with a comprehensive understanding of key concepts related to development, gender, and gender disparity. Students will explore different approaches to women's development, financial aspects of gender equality, and gain insights into policies, programs, and sustainable development goals. To equip the students to analyze the major aspects, policies and programs of development and empowerment through gender lens.

### Course Outcomes(CO):

CO No.	Expected Course Outcomes At the end of the course, the students will be able to:	CL
1	The students will understand the key concepts of development, gender and development and gender disparity etc.	Ap
2	The course will enable students to understand different approaches to women development.	Ap
3	To develop understanding on financial aspects of gender equality.	Ap
4	Students will get acquainted with the basic concepts of development and Empowerment in a Gender perspective.	U
5	This paper will equip the students with the knowledge of various Development models and Schemes of women Empowerment.	An

CL: CognitiveLevels (R-Remember; U-Understanding; Ap-Apply; An Analyze; E - Evaluate; C-Create)

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## CO-PO/PSO Mapping for the course :

PO						POs						PSO					
CO	1	2	3	4	5	6	7	8	9	10	11	1	2	3	4	5	
CO1	3	-	-	1	-	1	1	2	-	-	-	1	2	2	2	2	
CO2	2	1	1	2	2	1	1	2	-	-	-	3	2	2	2	2	
CO3	2	2	2	3	1	2	2	2	2	1	-	3	2	2	2	2	
CO4	2	3	3	3	3	3	3	3	3	3	-	3	2	2	2	2	
CO5	2	3	3	3	3	3	3	3	3	3	-	2	2	2	2	2	

## **Detailed Syllabus:**

Course Title and Code	Women, Gender and Development (MAWS 302)										
Unit No.	Topics										
I	<ul> <li>Theories of Development, Alternative approaches – Women in Development (WID)</li> <li>Empowerment- Concept and indices: Gender Development Index (GDI), Gender</li> <li>Inequality Index (GII), Global Gender Gap Index (GGGI).</li> </ul>	15									
П	<ul> <li>Women Development approaches in Indian Five – Year Plans.</li> <li>Women and leadership – Panchayati Raj and Role of NGOs and Women Development.</li> <li>Sustainable Development Goals, Policies and Programmes.</li> </ul>	15									
ш	<ul> <li>Concept of Work – Productive and non-productive work –         Use value and market value.</li> <li>Gender Division of Labour – Mode of Production –         Women in organized and unorganized sector.</li> </ul>	18									

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IV	Introduction to Gender Budgeting	17
	Definition and concept of Gender Budgeting	
	Historical development and Global context	
	Gender Budgeting Act	
	Importance, Benefits and Challenges of Gender Budgeting	
V	Central Social Welfare Board (CSWD), Rashtriya Mahila Kosh (RMK), State govt schemes for Women and Child Development	10
	International Agencies for Women's Development:     UNFPA, UNICEF, UNIFEM, UNDP, UNWOMEN	

## **Recommenced References:**

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- Datta S & Sharma V (eds.), State of India's Livelihood Report 2010, the 4p Report (2010), New Delhi, sage publication.
- Harcourt W (ed.), Feminist perspective on sustainable Development (1994) London,
   Zed Books.
- Karmakar K G (ed.), Livelihood and Gender, Equity in Community resource
- Krishna S (ed.), Women's Livelihood Rights, recasting citizenship for development in the Third World (1991London, Earthscan Publication.
- Kusuma: Status of Girl Child in India (Serials Publications, 2009)
   Management (2004), New Delhi, Sage publication
- Meena: Empowering rural women (Arvind prakashan)
- Nafisa Kagzi: A study on socio economic conditions of working women (Neha Publishers & Distributors)
- Nandita Saikia: Indian Women (Neha Publishers & Distributors)
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MA in Women and Gender Studies (2025-27)

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# M.A. in Women and Gender Studies <u>SEMESTER - III</u>

Program	Subject	Year	Semester	
M.A	Women and Gender Studies	2	Ш	
Course Code	Course Ti	Course Type		
MAWS 303	Women, Media an	Elective		
Credit	Н	P)		
	L	T	P	
5	5	1	0	
Maximum Marks	CIA		ESE	
100	30		70	

## Learning Objective (LO):

This course aims to provide students with insights into the intersection of gender and media, encompassing mass communication fundamentals, cultural influences, and the role of women in media. It will develop students' competency in reporting across various media platforms and enhance their understanding of cybercrime and security issues related to women.

## Course Outcomes(CO):

CO No.	Expected Course Outcomes At the end of the course, the students will be able to:	CL
1	The course will provide insights on gender and media, culture, fundamentals of mass communication etc.	Ap
2	The students will understand importance of media types of media, place of women in media.	Ap
3	It will develop competency to participate in reort for various media.	Ap
4	Develop understanding about cyber crime and security.	U
5		An

CL: CognitiveLevels (R-Remember; U-Understanding; Ap-Apply; An Analyze; E - Evaluate; C-Create).

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## CO-PO/PSO Mapping for the course:

PO CO		POs											PSO					
	1	2	3	4	5	6	7	8	9	10	11	1	2	3	4	5		
CO1	2	2	2	1	2	1	1	-	-	1	-	2	2	1	1	2		
CO2	2	2	3	-	2	1	2	2	-	-	-	1	2	2	3	2		
CO3	3	3	3	3	3	2	3	2	2	1	-	2	3	3	3	2		
CO4	3	3	2	3	2	2	1	1	2	2	-	2	3	2	3	2		
CO5	7.		-	-		-	-	_	-	-	-	-	-	-	-	-		

## **Detailed Syllabus:**

Course Title and Code	Women , Media and Culture (MAWS 303)	
Unit No.	Topics	No. of Lectures
I	<ul> <li>Introduction, Social media, Mass media</li> <li>Media literacy - representation of gender in media</li> <li>Impact of media on women.</li> <li>Discourse on Women and Media Studies- Mainstream Media, Feminist Media.</li> </ul>	15
Π	<ul> <li>Challenges to cultural constructions</li> <li>Visual arts – film – posters - Science and technology and sports.</li> <li>Digital Media and legal protection.</li> <li>Indecent Representation of Women (Prohibition) Act, 1986</li> </ul>	15
Ш	<ul> <li>Construction of women Good by media, news media, social media,</li> <li>Gender role in media</li> <li>Alternative Media – Folk Art, Street Play and Theatre.</li> </ul>	18
IV	<ul> <li>Gender issues and trends in media</li> <li>Gender bias</li> <li>women socialism challenges</li> </ul>	17

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	<ul> <li>Media Coverage -Coverage of Women's issues and issues of women in Mass Media and Media Organizations (Audio-Visual and Print media).</li> </ul>	
V	Cyber Crime and Security     Women Related Cyber Crime Act.	10
	Online harassment and cyberbullying, gender-based violence	
	<ul> <li>Helpline Services and Support Systems</li> <li>Prevention Strategies and Online Safety</li> </ul>	

### Recommenced Reference -

- Sangeetha Purushothaman: The Empowerment of Women in India (Sage Publications, New Delhi, 1998).
- Rawat Books: Women, Gender and Work: What is Equality and How Do We Get There? (Martha Fetherolf Loutfi)
- Nandita Saikia : Indian Women (Neha Publishers & Distributors)
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- Arthur Asa Berger, (2003) Media and Society; a Critical Perspective, USA: Rowman&Little field Publishers.

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# M.A. in Women and Gender Studies SEMESTER - III

Program	Subject	Year	Semester			
M.A	Women and Gender Studies	2	Ш			
Course Code	Course	Course Title				
MAWS 304	Women and Sustainable	Elective				
Credit		-P)				
	L	T	P			
5	5	1	0			
Maximum Marks	CIA		ESE			
100	30		70			

## Learning Objective (LO):

This course aims to provide students with an understanding of sustainable development, focusing on gender-related Sustainable Development Goals (SDGs) and the crucial role of women. Students will analyze the impact of climate change on gender, explore women's roles in natural resources management, and evaluate the significance of women's local and indigenous knowledge in various sectors.

Course Outcomes(CO):

CO No.	Expected Course Outcomes At the end of the course, the students will be able to:	CL
1	Comprehend the concept and objectives of sustainable development, focusing on gender-related Sustainable Development Goals (SDGs) and the role of women in these initiatives.	Ap
2	Analyze the impact of climate change on gender and understand the role of women in natural resources management.	Ap
3	Evaluate the significance of women's local and indigenous knowledge systems in agriculture, biodiversity, and food security.	Ap
4	Explore the intersection of women, science, and technology, examining how science supports women's development, livelihood activities, and the adoption of technology.	U

CL: CognitiveLevels (R-Remember; U-Understanding; Ap-Apply; An Analyze; E - Evaluate; C-Create).

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## CO-PO/PSO Mapping for the course:

PO		POs												PSO					
CO	1	2	3	4	5	6	7	8	9	10	11	1	2	3	4	5			
CO1	2	3 .	1	-	-	-	3	2	3	3	-	3	3	3	2	1			
CO2	2	3	2	1	2	1	1	2	2	3	-	2	2	2	2	1			
CO3	2	3	3	3	3	3	3	3	3	3	-	3	3	3	2	3			
CO4	3	3	3	3	3	2	3	2	3	3	-	3	3	3	2	3			
CO5	-	-	-	-		-	-	-	-	-	-	-			-	-			

## **Detailed Syllabus:**

Course Title and Code	Women and Sustainable Development (MAWS 304)	
Unit No.	Topics	No. of Lectures
I	<ul> <li>Concept, Meaning, Objectives of Sustainable</li> <li>Role of Women in Sustainable Development,</li> <li>Development Gender-Related SDGs</li> </ul>	15
11	<ul> <li>New Economic Policy and its Impact on Women's         Employment – Globalization – structural Adjustment         Programs.     </li> <li>Climate Change and Gender</li> <li>Natural Resources Management &amp; Role of Women.</li> </ul>	15
Ш	Women's Local and Indigenous Knowledge Systems- Agriculture, Biodiversity and Food Security Education, Careers and Decision-Making	18
IV	<ul> <li>Women, Science and Technology</li> <li>Science for women: supporting women's development and livelihood activities through Science &amp; Technology</li> <li>Self-Help Group Women Beneficiaries and Adoption of Science &amp; Technology</li> </ul>	17

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V	Gender Roles in Rural/Tribal Societies, Women's Access
	to Land.
	Environmental Degradation and Tribal Women's
	Livelihoods.
	Tribal Women's Role in Sustainable Development,
	Natural Resources Management.
	Forest Management and Tribal Welfare.

#### **Recommenced Reference:**

 Ambedkar, S.N. Nagendra, SHilaja(2005) Women Empowerment and PanchayatiRaj-Jaipur, ABD Publisher.

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- Srinivasan N. (2009), Micro finance in India; State of the sector 2008 New Delhi.
   Sage Publication.
- Suman Vajpayee : Indian Business Women (Prabhat Prakashan)

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## M.A. in Women and Gender Studies SEMESTER - III

Program	Subject	Year	Semester				
M.A	Women and Gender Studies	2	III				
Course Code	Course	Γitle	Course Type				
MAWS 305	Men and Ma	Elective					
Credit	Hours Per Week (L-T-P)						
	L	T	P				
5	5	1	0				
Maximum Marks	CIA	2	ESE				
100	30		70				

### Learning Objective (LO):

This course explores the social construction of masculinities in various cultural, historical, and political contexts. It examines the intersections of masculinity with race, class, sexuality, and other social identities, while addressing the impacts of patriarchal norms on both men and society at large. The course will include discussions on the role of masculinities in feminist and gender studies, queer theory, and global perspectives.

#### Course Outcomes(CO):

CO No.	Expected Course Outcomes At the end of the course, the students will be able to:	CL
1	Understand the historical and cultural constructions of masculinity.	Ap
2	Critically analyze how masculinities intersect with other identities (e.g., race, class, sexuality).	Ap
3	To explore the intersection of masculinity with gender, power, privilege, and oppression.	Ap
4	Investigate the implications of changing masculinities in contemporary society.	U
5	To foster critical thinking and dialogue around gender roles, identities, and the role of men in achieving gender justice.	An

CL: CognitiveLevels (**R**-Remember; **U**-Understanding; **Ap**-Apply; **An** Analyze; **E** - Evaluate; **C**-Create).

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## CO-PO /PSO Mapping for the course :

PO						POs						_		PSO		
CO	1	2	3	4	5	6	7	8	9	10	11	1	2	3	4	5
CO1	2	3	1	-	/ <b>-</b>	-	3	2	3	3	-	3	3	3	2	1
CO2	2	3	2	1	2	1	1	2	2	3	-	2	2	2	2	1
CO3	2	3	3	3	3	3	3	3	3	3	2	3	3	3	2	3
CO4	3	3	3	3	3	2	3	2	3	3	-	3	3	3	2	3
CO5	2	1	2	2	2	2	2	2	2	2	-	2	2	2	2	1

3"-Strong;"2"-Moderate;"1"- Low; "-"No Correlation

## **Detailed Syllabus:**

Course Title and Code	Men and Masculinity (MAWS 305)	
Unit No.	Topics	No. of Lectures
I	<ul> <li>Understanding masculinity as a social construct</li> <li>Historical and cultural perspectives on masculinity</li> <li>Class and masculinity: Working-class and elite masculinities</li> </ul>	15
II	<ul> <li>Intersectionality and masculinities: Class, race, sexuality, and ability</li> <li>Key theories in masculinity studies: Hegemonic masculinity (Connell), toxic masculinity, and hybrid masculinities</li> <li>Masculinity and Race: Indigenous, and minority masculinities</li> <li>Masculinity and sexuality: Heteronormativity, queer masculinities, and toxic masculinity</li> </ul>	15
Ш	<ul> <li>Depictions of masculinity in media, literature, and popular culture</li> <li>Disability and masculinity</li> </ul>	18

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	<ul> <li>The role of sports and physicality in shaping masculine identities</li> </ul>	,
IV	<ul> <li>Men as allies in feminism and gender equity movements</li> <li>The role of men in combating gender-based violence and discrimination</li> <li>Changing masculinities in the #MeToo era</li> <li>Feminist critiques of masculinity and responses from men's studies</li> </ul>	17
V	<ul> <li>Masculinity and labor: Migration, unemployment, and economic pressures</li> <li>The role of industrialization and capitalism in shaping masculinities</li> <li>Case studies of transformative masculinities in different regions</li> </ul>	10

## Recommenced Reference:

- Articles and reports from UN Women and global gender equity organizations.
- Bansal, D.K. (2006) Gender Violence. New Delhi: Mahaveer and Sons.
- Bell hooks, The Will to Change: Men, Masculinity, and Love.
- C.J. Pascoe, Dude, You're a Fag: Masculinity and Sexuality in High School
- Fergusons, C. (ed.). (2010) Violent Crime, clinical and implications. California: Sage Publications.
- · Judith Butler, Gender Trouble.
- Michael Kimmel, Angry White Men: American Masculinity at the End of an Era.
- Pankajam, G. (2000): Extension Third Dimension of Education, Gyan Publishing House, New Delhi. R.W. Connell, Masculinities.

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## **CENTRE FOR WOMEN'S STUDIES**

## PT. Ravishankar Shukla University, Raipur

## M.A. in Women and Gender Studies

## **SEMESTER - IV**

Cou	irse Code	Course Title	M	Credit	
			External	Internal	
M	AWS 401	Major Dissertation	200	100	15
M	AWS 402	Women in Entrepreneurship	70	30	5
6	MAWS 403	Tribal Women	70	30	5
t any one	MAWS 404	Women and Nutrition	70	30	5
Elective-2 (Select any one)	MAWS 405	Queer Studies	70	30	5

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## M.A. in Women and Gender Studies SEMESTER - IV

## PAPER I (CORE) - MAJOR DISSERTATION

Program	Subject	Year	Semester
M.A	Women and Gender Studies	IV	
Course Code	Course '	Course Type	
MAWS 401	Major Diss	Core	
Maximum Marks	CIA	ESE	
300	100		200

### Learning Objective (LO):

The course aims to equip students with a deep understanding and acquired advanced research and communication skills, as well as the ability to independently plan, execute, and present a substantial research project in their chosen field of study. A dissertation is a significant piece of original research, typically undertaken at the postgraduate level. While it's not a traditional "course" in the same sense as a lecture or seminar, it still has specific learning outcomes.

### Course Outcomes(CO):

CO No.	Expected Course Outcomes At the end of the course, the students will be able to:	CL
1	Develop a deep understanding of a specific subject area	Ap
2	Their theoretical knowledge, conduct original research, and demonstrate their ability to communicate findings effectively.	Ap
3	Develop effective oral presentation skills to communicate research findings to diverse audiences.	Ap
4	Apply problem-solving skills to identify and address complex research problems.	U
5	Evaluate information critically and make evidence-based judgments	An

CL: Cognitive Levels (R-Remember; U-Understanding; Ap-Apply; An Analyze; E - Evaluate; C-Create).

CO-PO/PSO Mapping for the course:

\PO						POs								PSO		
co	1	2	3	4	5	6	7	8	9	10	11	1	2	3	4	5
CO1	3	2	2	1	-	-	1	1	2	2	-	3	2	-	-	1
CO2	2	3	3	3	3	2	2	1	2	3		2	3	2	2	2
CO3	2	3	3	3	3	3	3	3	2	3	-	3	3	3	3	3
CO4	3	3	3	3	3	3	3	3	2	3	-	3	2	2	2	3
CO5	2	1	2	2	1	1	1	1	2	1	-	2	2	2	-	2

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## M.A. in Women and Gender Studies SEMESTER - IV

Program	Subject	Year	Semester
M.A	Women and Gender Studies	2	IV
Course Code	Course	<b>Fitle</b>	Course Type
MAWS 402	Women in Entre	Core	
Credit	4	-P)	
	L	T	P
5	5	1	0
Maximum Marks	CIA		ESE
100	30	TO THE PARTY OF	70

## Learning Objective (LO):

This course aims to provide students with a comprehensive understanding of entrepreneurship, focusing on women. Students will learn about various policies and programs targeting the empowerment of women entrepreneurs, understand the procedures involved in establishing their own ventures, and acquire the skills necessary to start and manage enterprises. The course also covers generating innovative ideas and self-assessment in the entrepreneurial process.

#### Course Outcomes(CO):

CO No.	Expected Course Outcomes At the end of the course, the students will be able to:	CL
1	The students will understand the concept of entrepreneurship and competing theories of entrepreneurship	Ap
2	It discusses method of generating innovative ideas and special aspects in entrepreneurship	Ap
3	The students will enhance skills on self-assessment entrepreneurial process and the business idea.	Ap
4	The case study will help to develop insight in to entrepreneurship qualities.	U
5	The students will get knowledge of various ED Agencies and government schemes available.	An

CL: CognitiveLevels (R-Remember; U-Understanding; Ap-Apply; An Analyze; E - Evaluate; C-Create).

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## CO-PO/PSO Mapping for the course :

PO						POs								PSO		
co	1	2	3	4	5	6	7	8	9	10	11	1	2	3	4	5
CO1	3	2	2	1	-	-	1	1	2	2	-	3	2	-	-	1
CO2	2	3	3	3	3	2	2	1	2	-3		_2	3	2	2	2
CO3	2	3	3	3	3	3	3	3	2	3		3	3	3	3	3
CO4	3	3	3	3	3	3	3	3	2	3		3	2	2	2	3
CO5	2	1	2	2	1	1	1	1	2	1		2	2	2	-	2

## **Detailed Syllabus:**

Course Title and Code	Women in Entrepreneurship (MAWS 402)							
Unit No.	Topics	No. of Lectures						
I	<ul> <li>Women in Entrepreneurship</li> <li>Nature, Definition, Need and Features</li> <li>Importance of Women Entrepreneurship</li> <li>Entrepreneurial traits, Factors contributing to Entrepreneurship, enabling environment,</li> <li>Traditional and Innovative Entrepreneurs (Women in agribusiness)</li> </ul>	15						
II	Micro, Small and Medium Enterprises     Startups, TREAD (Trade Related Entrepreneurship Assistance And Development) and Mudra Yojana	15						
ш	Financial Inclusion and Role of Financial institutions in women entrepreneurial activities; Entrepreneurial development programmes in India.							

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	<ul> <li>The Constraints in entrepreneurial Renaissance; Small Scale Entrepreneur – Problems and Prospects.</li> </ul>	
IV	<ul> <li>Gender and Emerging Technology – Impact.</li> <li>Self-help Groups and Micro Credit</li> <li>Gender Mainstreaming, Planning and Analysis.</li> </ul>	17
V	Success Stories of Women Entrepreneures  • Success Stories of Women Entrepreneures in India	10
	<ul> <li>Success Stories of Women Entrepreneures in Chhattisgarh</li> <li>Success Stories of Tribal Women</li> </ul>	

## Recommenced Reference:

- · Beyond the Glass Ceiling, New Delhi, Sage Publication.
- Bina Agarwal (1994) A Field of One's Own: Gender and Land Rights in South Asia,
   Cambridge University Press.
- Bina Agarwal, Jane Humphries and Ingrid Robeyns (ed.) (2006) Capabilities,
   Freedom and Equality: Amartya Sen's Work from a Gender Perspective, New Delhi,
   Oxford University Press.
- Dorothy P. Moore & E. Holly Buttner (1997) Women Entrepreneurs: Moving
- Gary N. Powell (ed.) (1999) Handbook of Gender & Work, New Delhi, Sage
- http://ncw.nic.in/pdfreports/gender%20sensitization%20of%20police%20officers.pd
- http://timesfoundation.indiatimes.com/articleshow/1304836.cms
- Jain, S.C., "women and Technology" Rawat Publications, Jaipur Beghs, 1985.
- Mats Alvesson& Yvonne Due Billing (1997) Understanding Gender and Organization, New Delhi, Sage Publications.
- · Participatory Planning for change: http://www.dfggmoi.gov.kh/documents/Learning-
- Planning-6-Handout-En.pdf <a href="http://hcfp.gov.in/downloads/manuals/">http://hcfp.gov.in/downloads/manuals/</a>
   Training\_Manual\_on\_Gender\_Sensitization.pdf
   Publications.

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• Suzanne Staggenburg (1998) Gender, Family and Social Movements, New Delhi, Pine Forge Press. Theme-01/1-Handout/Unit 4-SA-Tools/Unit 4-8-SA-Tool-En/M4-1-Participatory-

## M.A. in Women and Gender Studies SEMESTER - IV

Program	Subject	Year	Semester			
M.A	Women and Gender Studies	2	IV			
Course Code	Course	Γitle	Course Type			
MAWS 403	Tribal W	Elective				
Credit	Hours Per Week (L-T-P)					
	L	T	P			
5	5	1	0			
Maximum Marks	CIA		ESE			
100	30		70			

### Learning Objective (LO):

Students will identify different tribes of Chhattisgarh, analyze the history of tribal development in India, evaluate the socioeconomic status of tribal women, assess the legal framework and policies impacting them, and explore historical tribal movements in India, emphasizing Chhattisgarh's unique challenges such as land alienation, displacement, and Naxal issues.

#### Course Outcomes(CO):

CO No.	Expected Course Outcomes At the end of the course, the students will be able to:	CL
1	The students will know different tribes of Chhattisgarh.	Ap
2	Analyze the history of tribal development in India and its progression through Five Year Plans.	Ap
3	Evaluate the socioeconomic status of tribal women, examining cultural roles, customs, rituals, and challenges in education and empowerment.	Ap

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4	Assess the legal framework and policies affecting tribal women, identifying	U
	gaps and challenges in implementation.	
5	Explore the historical context of tribal movements in India, with an emphasis on Chhattisgarh, addressing challenges such as land alienation, displacement, and Naxal issues.	An

CL: CognitiveLevels (R-Remember; U-Understanding; Ap-Apply; An Analyze; E - Evaluate; C-Create).

## CO-PO/PSO Mapping for the course:

\PO		POs								PSO						
co	1	2	3	4	5	6	7	8	9	10	11	1	2	3	4	5
CO1	3	-	-	1	1	2	2	3	1	-	-	2	2	-	(-)	1
CO2	3	3	3	3	3	2	2	2	2	1	+	3	3	3	2	2
CO3	3	2	2	2	2	1	2	3	2	-	-	3	2	2	1	2
CO4	2	3	3	3	3	3	3	2	2	1	*	3	1	1	2	2
CO5	2	3	2	2	2	2	2	1	2	1	-	2	2	2	1	2

## **Detailed Syllabus:**

Course Title and Code	Tribal Women (MAWS 403)							
Unit No.	Topics							
I	<ul> <li>Introduction to Tribal Studies and Chhattisgarh</li> <li>Definition of Tribe &amp; Characteristic</li> <li>Geographical, historical, and cultural context of Chhattisgarh</li> <li>Introduction to major tribal communities in Chhattisgarh</li> <li>History of tribal development in India.</li> <li>Tribal Development in Five Year Plans</li> </ul>	15						
П	Role of women in tribal culture     Traditional customs and rituals     Matrilineal and Patrilineal aspects in tribal societies	15						

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Ш	Education and Empowerment	18
	Challenges in tribal women education	
	Empowerment Initiatives for tribal women	
	Problem of tribal women (Global, national and local)	
	History of stragal of tribal women	
	Entrepreneurship and tribal women	
IV	Legal Framework and Policies	17
	Legal rights and protections for tribal women	
	Government policies for tribal women development	
	Challenges and gaps in policy implementation	
	Family planning and reproductive rights of tribal women	
V	Forest Management and Tribal Sub-Plan	10
	History of Tribal Movements in India with emphasis on	
	Chhattisgarh.	
	Land rights and access to resources for tribal women	
	Major tribal challenges: Land Alienation, Displacement,	
	Industrialization, Urbanization, Naxal issues in	
	Chhattisgarh.	

## **Recommenced Reference:**

- Chaudhary, Bhudadeb (Ed.). Tribal Development in India.
- Chitrasen Pasayat: Development of tribal women: problems and potential (Anmol Publications)
- Elwin, V.A. Philosophy for NEFA.
- Haimendorf. The Tribes of India: Struggle for survival.
- K Uma Devi & Neera Bharihoke: Tribal Rights in India (Serials Publications)
- Shara B.D. Basic Issues in tribal Development.
- Sheryl Sandberg: Lean In: Women, Work, and the Will to Lead (WH Allen Publication)

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## M.A. in Women and Gender Studies SEMESTER - IV

Program	Subject	Year	Semester
M.A	Women and Gender Studies	2	IV
Course Code	Course	Γitle	Course Type
MAWS 404	Women and	Women and Nutrition Ele	
Credit		Г-Р)	
	L	T	P
5	5	1	0
Maximum Marks	CIA	2	ESE
100	30		70

## Learning Objective (LO):

Students will comprehend the specific nutritional requirements for women, including the roles of macro and micronutrients, and develop skills to assess body composition. They will be capable of planning balanced diets for all age groups, gaining insight into weight management principles.

#### Course Outcomes(CO):

CO No.	Expected Course Outcomes At the end of the course, the students will be able to:	CL
1	To understand specific nutritional requirement. Describe role of macro and micronutrients.	Ap
2	Be able to assess body composition	Ap
3	Will be able to plan a balance diet for all age group.	Ap
4	Develop insight in to weight management.	U

CL: CognitiveLevels ( $\mathbf{R}$ -Remember;  $\mathbf{U}$ -Understanding;  $\mathbf{Ap}$ -Apply;  $\mathbf{An}$  Analyze;  $\mathbf{E}$  - Evaluate;  $\mathbf{C}$ -Create).

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## CO-PO/PSO Mapping for the Course :

PO		POs										PSO				
co	1	2	3	4	5	6	7	8	9	10	11	1	2	3	4	5
CO1	3	2	2	1	1	1	-		(#)	-	-	3	2	1	1	2
CO2	2	2	1	1	1	1	1	2	1	-		2	3	1	1	2
CO3	3	2	2	2	3	2	2	3	1	-	-	2	3	1	1	2
CO4	2	2	2	2	-	3	2	2	3	1	-	1	2	-		1
CO5	-			-	_	_	_	72	_	-	-	_	-	-	-	-

## **Detailed Syllabus:**

Course Title and Code	Women and Nutrition (MAWS 404)	
Unit No.	Topics	No. of Lectures
1	Introduction Nutrition	15
	Meaning and Definition of Nutrition	
	Basic Nutrition guidelines	
	Role of nutrition for women	
	<ul> <li>Factor to consider for developing nutritionplan</li> </ul>	
П	Macro and Micro nutrients	15
	<ul> <li>Carbohydrates, Protein, Fat – Meaning, classification and itsfunction</li> </ul>	
	<ul> <li>Role of carbohydrates, Fat and protein</li> </ul>	
	<ul> <li>Vitamins, Minerals, Water – Meaning, classification and itsfunction</li> </ul>	
	<ul> <li>Role of hydration daily caloric requirement andexpenditure.</li> </ul>	
	Local food	
III	Nutrition and Weight Management	18
	Malnutrition among women	
	Meaning of weight management Concept of	
	weight management in modern era Factor	
	affecting weight management and values of	
1	weight management	

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IV	Balanced Diet	17
	<ul> <li>Nutrition – Daily calorie intake and expenditure, Determination of desirable bodyweight</li> <li>Balanced diet for Indian School Children, Maintaining a Healthy Lifestyle</li> </ul>	
V	Nutritional Assessment	10
	Body Composition	
	Dietary analysis	
	<ul> <li>National Nutritional programmes – Applied Nutrition</li> </ul>	
	Programme, Supplementary Feeding Programme – National Health Programmes – Anemia Censure	
	Programme, Goiter Control Programme and Vitamin 'A' - Immunization Programme.	

## **Recommenced Reference:**

- Jelliffee, D. B. & Jelliffee, E. F. B. Nutrition & Growth, New York, Plenum.
- Swaminathan, M. 1985. Essentials of Food and Nutrition, The Banglore Printing and Publishing Co. ltd. Gopalan, C., Rama Sastri, B., V. & Balasubramanian,
- S. C. 2002. Nutritive value of Indian foods, National Institute of Nutrition, ICMR, Hyderabad.
- Falkner, F. & Tanner, J. M. Human Growth. Vols. I, II & III, Plenum Press, New York.
- Jelliffee, D. B. The Assessment of the nutritional status of the community, WHO, Geneva.

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## M.A. in Women and Gender Studies SEMESTER - IV

Program	Subject	Year	Semester		
M.A	Women and Gender Studies	2	IV		
Course Code	Course 7	Γitle	Course Type		
MAWS 405	Queer Str	Elective			
Credit	Hours Per Week (L-T-P)				
	L	T	P		
5	5	1	0		
Maximum Marks	CIA		ESE		
100	30		70		

## Learning Objective (LO):

Queer studies often center around understanding the social, cultural, historical, and political dimensions of sexuality, gender, and identity. It seeks to examine how queer identities and experiences intersect with other aspects of identity, such as race, class, and ability.

## Course Outcomes(CO):

CO No.	Expected Course Outcomes At the end of the course, the students will be able to:	CL
1	Understanding of the historical development of queer identities, movements, and cultural expressions.	Ap
2	Analyze and interpret diverse queer representations in literature, film, media, and popular culture.	Ap
3	Understand the complex social and political issues.	U
4	Develop a global perspective on LGBTQ+ rights and activism, recognizing cultural and regional variations	U

CL: CognitiveLevels (**R**-Remember; U-Understanding; **Ap**-Apply; **An** Analyze; **E** - Evaluate; **C**-Create).

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## CO-PO /PSO Mapping for the course :

\PO		POs									PSO					
co	1	2	3	4	5	6	7	8	9	10	11	1	2	3	4	5
CO1	2	3	1	-	-	-	3	2	3	3	-	3	3	3	2	1
CO2	2	3 .	2	1	2	1	1	2	2	3	-	2	2	2	2	- 1
CO3	2	3	3	3	3	3	3	3	3	3	-	3	3	3	2	3
CO4	3	3	3	3	3	2	3	2	3	3	-	3	3	3	2	3
CO5	-	- 2	-			-	_	82	-	-	_	_	-		-	-

3"-Strong;"2"-Moderate;"1"- Low; "-"No Correlation

## **Detailed Syllabus:**

Course Title and Code	Queer Studies (MAWS 405)						
Unit No.	Topics						
I	Introduction of Queer	15					
	Queer community concept , Meaning and Types     Historical struggle Critique						
	<ul> <li>Counter narrative</li> <li>Representation in Social, Media Culture and Literature</li> <li>Historical background</li> </ul>						
П	<ul> <li>Queer representation</li> <li>Queer representation in literature cinema and media</li> <li>Queer subculture and expression: Drag cultural, queer art ,performance</li> <li>Queer literature Andre Lorde , James Baldwin ,         Arundhati Roy Manju Kapur     </li> <li>Queer cinema : analysis of key films and filmmaker</li> <li>The role of Internet and social media</li> </ul>	15					
III	<ul> <li>Queer politics and activism</li> <li>Historical movements and milestones</li> <li>Aids crisis</li> <li>Global perspective on queer rights</li> </ul>	18					

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	<ul> <li>Comparative analysis of lgbtq+ rights across culture</li> <li>Legal framework and challenges</li> <li>Queer feminists and social justice</li> </ul>	
IV	Mental Health	17
	<ul> <li>Types of mental health</li> <li>Physical illness</li> </ul>	
	Sexual health	
	Barriers to health care & issues	
	Identity issues	
	Strategy to improve health	
V	Community issues	10
	Legal and political issues	
	Discrimination, Violence	
	<ul> <li>Representation and culture, Economic disputes</li> </ul>	
	<ul> <li>Intersexuality and Intra community</li> </ul>	
	<ul> <li>Environmental and climate justice and Trades</li> </ul>	
	Youth movements & Cultural renaissance	

## **Recommenced Reference:**

- Bell hooks, Teaching to Transgress: Education as the Practice of Freedom.
- Harris and Liebert. The Child: Development from Birth through Adolescence. New Jersey: Prentice Hall, 1984.
- Kosambi, M. At the Intersection of Gender, Reform, Religion, Belief, Mumbai: SNDT ,1993.
- · Leach, Fiona. Gender Violence in Schools: Threats to Girls' Education and Security.
- Nivedita Menon, Seeing Like a Feminist.
- Patel, Surabhi. P. Equality of Educational Opportunity in India: A Myth orReality? Delhi: National, 1983.
- Philips,H.Coombs. TheWorks Crisis in Education.NewYork: Oxford University
   Press, 1985.
- Reports from UN Women and UNICEF on Gender Equality in Education.
- UNESCO, Global Education Monitoring Report: Gender and Education.

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## M.A. in Women and Gender Studies

## Generic Elective Courses - I

## SEMESTER - I

Program	Subject	Year	Semester
M.A	Women and Gender Studies	1	1
Course Code	Course '	Course Type	
MAWS 106	Women in Indian Ki	IKS	
Credit			
	L	T	P
2	2	0	0
Maximum Marks	CIA	ESE	
100	30	70	

## Learning Objective (LO):

The course aims to introduce students to Indian Knowledge Systems (IKS) through a gendersensitive perspective, highlighting the pivotal roles played by women across historical, philosophical, and cultural contexts. It seeks to foster critical understanding of how women have contributed to, shaped, and preserved traditional knowledge in India.

#### Course Outcomes (CO):

CO No.	Expected Course Outcomes At the end of the course, the students will be able to:	CL
1	Understand Indian Knowledge Systems through a gendered lens.	Ap
2	Analyze women's roles in creating and transmitting indigenous knowledge, especially in Vedic and classical periods.	Ap
3 .	To foster critical engagement with oral traditions, art forms, and practices as knowledge systems.	U
4	Use feminist critiques to challenge dominant narratives in traditional knowledge systems.	U

CL: Cognitive Levels (**R**-Remember; **U**-Understanding; **Ap**-Apply; **An** Analyze; **E** - Evaluate; **C**-Create).

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<b>PO</b>	Pos											PSO					
co	1	2	3	4	5	6	7	8	9	10	11	1	2	3	4	5	
CO1	2	3	1	-	-	-	3	2	3	3	-	3	3	3	2	1	
CO2	2	3	2	1	2	1	1	2	2	3	-	2	2	2	2	1	
CO3	2	3	3	3	3	3	3	3	3	3	-	3	3	3	2	3	
CO4	3	3	3	3	3	2	3	2	3	3	-	3	3	3	2	3	
CO5	3	3 -	3	3	3	3	2	3	3	2	-	3	3	2	2	2	

#### **Detailed Syllabus:**

uction to Indian Knowledge Systems with reference to  Definitions and scope of IKS	No. of Lectures
n	10
Definitions and scope of IKS	
Brief description of Ved, Upnishad, Puran and Smriti	
Epistemologies: Pramana theory, Nyaya, Mimamsa	10
en in Vedic period	10

#### **Recommenced Reference:**

- Kapil Kapoor, Text and Interpretation: The Indian Tradition
- · Karen Pechilis, The Embodiment of Bhakti
- Leela Dube, Anthropological Explorations in Gender
- Madhu Khanna, The Tantric Way
- Nivedita Menon, Seeing Like a Feminist (selected sections)
- Reports from Ministry of Education (NEP, IKS Cell)
- Romila Thapar, Sakuntala: Texts, Readings, Histories
- Uma Chakravarti, Gendering Caste through a Feminist Lens

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# Generic Elective Courses - I

#### SEMESTER - II

Program	Subject Year		Semester			
M.A	Women and Gender Studies	1.0000000000000000000000000000000000000				
Course Code	Course	Title	Course Type			
MAWS 206	Participatory Research Develop	Generic Elective				
Credit		Hours Per Week (L-T-				
	L	T	P			
2	2	0	0			
Maximum Marks	CIA		ESE			
100	30	30				

#### Learning Objective (LO):

Queer studies often center around understanding the social, cultural, historical, and political dimensions of sexuality, gender, and identity. It seeks to examine how queer identities and experiences intersect with other aspects of identity, such as race, class, and ability.

#### Course Outcomes(CO):

CO No.	Expected Course Outcomes At the end of the course, the students will be able to:	CL
1	Explain history, principles & steps of CBPR	Ap
2	Discuss the concept of partnership in research & appreciate local/indigenous knowledge	Ap
3	Know how to use the different methods of data collection with the community & Know different ways of sharing research findings with the community.	U
4	Effectively communicate with community members, researchers, and other stakeholders.	U
5	Empower community members to participate in research and decision-making.	An

CL: Cognitive Levels (**R**-Remember; **U**-Understanding; **Ap**-Apply; **An** Analyze; **E** - Evaluate; **C**-Create).

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CO1	2	3	1		-	-	3	2	3	3	-	3	3	3	2	1	
CO2	2	3	2	1	2	1	1	2	2	3	-5	2	2	2	2	1	
CO3	2	3	3	3	3	3	3	3	3	3	- 1	3	3	3	2	3	
CO4	3	3	3	3	3	2	3	2	3	3	-	3	3	3	2	3	
CO5	3	3	3	3	3	3	2	3	3	2	-	3	3	2	2	2	

### **Detailed Syllabus:**

Course Title and Code	Participatory Research for Community Development (MAWS 206)							
Unit No.	Topics							
I	<ul> <li>Introduction to Community Based Participatory Research</li> <li>Historical development of Community Based Participatory Research</li> <li>Need of Community Research</li> <li>Principles of CBPR</li> <li>Steps of CBPR</li> </ul>	10						
II	<ul> <li>Difference between academic research and community participatory research.</li> <li>Community participation and rapid rural appraisal (RRA)</li> <li>Models of CBPR</li> <li>Gender perspective in CBPR</li> </ul>	10						
1111	<ul> <li>Community Entry and Building sustainable research partnership</li> <li>Research Methods of Academic Research</li> <li>Introduction to research methods (arts-based method, survey, etc.) using case studies</li> <li>Designing a research proposal</li> </ul>	10						
IV ,	<ul> <li>Methods for participatory analysis of data and debriefing</li> <li>Methods for Knowledge sharing</li> </ul>	10						

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- Birtha Mikkelsen: Methods of Development work and Research (New Delhi, Sage, 1995).
- Mukharjee Amitava, "Participatory Rural Appraisal Methods and Applications in Rural Planning", Concept Publishing Company, New Delhi.
- Mukharjee Neela "Participatory Learning and Action with 100 Field Methods", Concept Publishing Company, New Delhi.
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- Ray, G.L. (1999): Extension Communication and Management, NayaPrakash, Calcutta.
- Reddy, A. (1997) Extension Education, Sree Lakshmi Press, Bapatla.
- Singh B. K., "Prapal "Participatory Training" Adhyayan Publication & Distribution.
- Somesh Kumar, "Methods for Community Participation" Vistaar Publications.
- Waghmare, S.K. (1989): Exploring of Extension Excellence, Multi Tech. Publishing Company.

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# Generic Elective Courses - II

## **Course Title - Gender Sensitization**

#### SEMESTER - III

Program	Subject	Year	Semester	
M.A	Women and Gender Studies	Gender Studies		
Course Code	Course	<b>Fitle</b>	Course Type	
MAWS 306	Gender Sens	Generic Elective		
Credit		T-P)		
	L	T	P	
2	2	0	0	
Maximum Marks	CIA	F	ESE	
100	30		70	

#### Learning Objective (LO):

Understanding of gender issues, challenge stereotypes, promote equality, raise awareness about social biases, and empower individuals to advocate for gender justice in various contexts.

#### Course Outcomes (CO):

CO No.	Expected Course Outcomes At the end of the course, the students will be able to:	CL
1	Understand the social and cultural construction of gender roles and stereotypes.	Ap
2	Equip students with the skills to advocate for gender justice.	Ap
3	Understand the legal and social implications of violence against women.	U
4	Analyze the role of family, community, and state in perpetuating or challenging gender discrimination, and explore strategies for changing societal attitudes.	U

CL: Cognitive Levels ( $\mathbf{R}$ -Remember;  $\mathbf{U}$ -Understanding;  $\mathbf{Ap}$ -Apply;  $\mathbf{An}$  Analyze;  $\mathbf{E}$  - Evaluate;  $\mathbf{C}$ -Create).

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CO2	2	3	2	1	2	1	1	2	2	3	-	_2	2	2	2	1	
CO3	2	3	3	3	3	3	3	3	3	3	·	3	3	3	2	3	
CO4	3	3	3	3	3	2	3	2	3	3	-	3	3	3	2	3	
CO5	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	-	

### **Detailed Syllabus:**

Course Title and Code	Gender Sensitization (MAWS 306)						
Unit No.	Topics						
I	Sex, Gender and Sexuality	10					
	Concept, Meaning of sex & gender biological social construction.						
	<ul> <li>Cultural construction of masculinity and femininity.</li> <li>Sexual preference as a right.</li> </ul>						
П	Gender Discrimination	10					
	Concept, Meaning Gender discrimination						
	<ul> <li>Role of family community and state in gender discrimination and change in attitude.</li> </ul>						
Ш	Violence Against Women	10					
	Domestic violence						
	Sexual harassment at workplace						
	• Rape						
IV	Gender Sensitization	10					
	<ul> <li>Concept, meaning in understanding intersections of Gender, Caste, Class, Region, Religion, and Disability</li> </ul>						

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- Anupama Sihag Raj Pal Singh (2019). Gender Sensitization: Issues and Challenges.Raj Publication.
- Fergusons, C. (ed.). (2010) Violent Crime, clinical and implications.
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- Gender Analysis Framework: http://socialtransitions.kdid.org/sites/social transitions/files/resource/files/bk-gender-analysis-frameworks-010199en.pdf
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   Concepts, Methods and Materials. Virginia: National Council for the Social Studies.
- http://hcfp.gov.in/downloads/manuals/
   Training\_Manual\_on\_Gender\_Sensitization.pdf
- http://ncw.nic.in/pdfreports/gender%20sensitization%20of%20police%20officers.pdf
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- Murthy Ranjani K. 2001. Building Women's Capacities. New Delhi: Sage Publications.
- Nayar, S. (2010) Violence Against Women in South Asian Communities: Issues for Policy Practice, Delhi: Navyug Books International.
- Participatory Planning for change:http://www.dfggmoi.gov.kh/documents/LearningTheme-01/1-Handout/Unit 4-SA-Tools/Unit 4-8-SA-Tool-En/M4-1-ParticipatoryPlanning-6-Handout-En.pdf
- Prabhakar, V. (2011) Gender Violence: Women Victims in Man's World. Nevi Delhi: Wisdom Press.
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# Skill Enhancement/Value Added Course

#### SEMESTER - I

Program	Subject	Year	Semester		
M.A	Women and Gender Studies	1	1		
Course Code	Course	Γitle	Course Type		
MAWS 107	Self Defence fo	SE/VAC			
Credit		Hours Per Week (L-			
	L	T	P		
2	0	0	2		
Maximum Marks	CIA		ESE		
100	30		70		

# Learning Objective (LO):

To equip women with essential self-defence techniques, build confidence, and enhance their ability to assess and respond to potentially threatening situations, thereby promoting personal safety and empowerment.

#### Course Outcomes (CO):

CO No.	Expected Course Outcomes At the end of the course, the students will be able to:	CL
1	Demonstrate basic self-defence techniques against common physical threats.	Ap
2	Identify and avoid potentially dangerous situations using preventive strategies	Ap
3	Respond confidently and calmly in real-life emergencies.	An
4	Build confidence and mental resilience through realistic training.	U

CL: Cognitive Levels (**R**-Remember; **U**-Understanding; **Ap**-Apply; **An** Analyze; **E** - Evaluate; **C**-Create).

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PO		POs										PSO				
co	1	2	3	4	5	6	7	8	9	10	11	1	2	3	4	5
CO1	2	3	1	-	2	3	3	2	3	3	-	3	3	3	2	1
CO2	2	2	2	1	2	1	1	2	2	3	-	2	2	2	2	1
CO3	2	2	3	3	3	3	2	3	3	2	-	3	2	3	2	3
CO4	3	3	3	3	3	2	3	2	3	2	-	2	3	3	2	3
CO5	_	-	-	-	-	-	-	-	_	-	2	-	2	24	-	-

# **Detailed Syllabus:**

Course Title and Code	Self Defence for Women	
Unit No.	Topics	No. of Lectures Practical
I	Introduction	7
	Basic Knowledge of Self Defence	
	Basic Exercises for Body warm up	
II	Basic Hand Techniques	10
	Hammer strike	
	Heel palm strike	
	Elbow strike	
	Alternative elbow strikes	
Ш	Basic Krav Maga Techniques	15
	Kick the groin	
	Stop an outside strike	
	Escape a bear hug	
	Escape a two-handed choke from behind	
IV	Mind Power	8
	Assessing a threat	
	Mental Imagery	
	• Fear	
	Reality based training	

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- Darren Levine and Ryan Hoover "Krav Maga for Women: Your Ultimate Program for Self Defense"
- 2. Debbie Leung "Self-Defense for Women: Fight Back"
- 3. Gavin de Becker "The Gift of Fear: Survival Signals That Protect Us from Violence"
- 4. Lori Hartman Gervasi "Fight Like a Girl: The Truth Behind How to Protect Yourself"
- 5. Lupe Vallejo "The Woman's Self-Defense Handbook: 365 Tips & Techniques"
- Ministry of Women & Child Development (India) Women's Safety Campaigns & Material
- 7. National Self-Defense Institute (NSDI) Women's Safety Tips & Training Guides
- 8. UN Women's "Safe Cities and Safe Public Spaces" Toolkit

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# Skill Enhancement/Value Added Course

#### SEMESTER - I

Program	Subject	Year	Semester	
M.A	Women and Gender Studies	Ш		
Course Code	Course '	Γitle	Course Type	
MAWS 307	Cyber Crime and Sec	SE/VAC		
Credit				
	L	T	P	
2	0	0	2	
Maximum Marks	CIA		ESE	
100	30	70		

#### Learning Objective (LO):

To empower women with the knowledge and skills to recognize, prevent, and respond to cyber crimes by understanding online threats, safe digital practices, and available legal protections, thereby ensuring their digital security and confidence in using technology.

#### Course Outcomes (CO):

CO No.	Expected Course Outcomes At the end of the course, the students will be able to:	CL
1	Recognize cyber crimes like stalking, impersonation, and harassment.	Ap
2	Use safe online practices to protect personal data.	Ap
3	Respond to cyber threats with legal and technical steps.	An
4	Encourage cyber safety and responsibility in their communities.	U

CL: Cognitive Levels (**R**-Remember; **U**-Understanding; **Ap**-Apply; **An** Analyze; **E** - Evaluate; **C**-Create).

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CO2	2	2	2	1	2	1	1	2	2	3	-	2	3	2	2	1
CO3	3	2	3	3	3	2	2	3	3	2	190	3	2	3	2	3
CO4	2	3	3	3	3	2	3	2	3	2	-	2	3	3	2	3
CO5	-	-	-	-	-	-	-	-	2	-	-		-	-	-	-

## **Detailed Syllabus:**

Course Title and Code	Cyber Crime and Security for Women	
Unit No.	Topics	No. of Lectures Practical
1	Introduction to Cyber Crime  Types of cyber crimes against women Real-life case studies and statistics Impact of cybercrime on mental and social well-being	10
11	Safe Internet Practices	10
	<ul> <li>Social media privacy settings</li> <li>Identifying phishing, malware, and fake profiles</li> </ul>	
Ш	Legal Framework & Reporting	10
	<ul> <li>IT Act (India) and relevant cyber laws</li> <li>How and where to report cybercrimes</li> </ul>	
	Role of police, helplines, and cyber cells	
IV	Digital Empowerment	10
	<ul> <li>Building digital confidence</li> <li>Cyber ethics and responsible online behavior</li> <li>Tools and apps for personal digital security</li> </ul>	

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- 2. Debarati Halder & K. Jaishankar (2017) "Cyber Crime Against Women in India"
- 3. Government of India Cyber Crime Reporting Portal: https://cybercrime.gov.in
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- NCW India Handbook on Cyber Security for Women (Free PDF on National Commission for Women's website)
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