

M.A. PSYCHOLOGY
[SEMESTER EXAM]

SYLLABUS
2022-2024

School of Studies in Psychology
Pt. Ravishankar Shukla University, Raipur

S. No Code No. Subject

M.A.(First Sem.)PSYCHOLOGY

M.A.-0206

1. Paper- I (Basic Psychology Process-1) -0206-01
2. Paper-II (Social Psychology) -0206-02
3. Paper-III (Basic Research Methodology) -0206-03
4. Paper-IV (Psychopathology) -0206-04

M.A.(Second Sem.)PSYCHOLOGY

5. Paper- VI, Basic Psychology Process-1I -0206-05
6. Paper-VII, Group Processes and Cultural Psychology -0206-06
7. Paper-VIII, (Advance Research Methodology) -0206-07
8. Paper-IX, (Physical Psychology &Health Behaviour) -0206-08

M.A./M.Sc.(Third Sem.)PSYCHOLOGY

9. Personality and Indigenous Psy.-XI - 0206-09
10. Psychological Assessment –XII - 0206-10

GROUP -A

11. Organizational Behaviour -XIII - 0206-11
12. Human Resource Development and Management –XIV - 0206-12

GROUP -B

13. Education instructional Psy. - 0206-13
14. Basic of Psychological Guidance and Counselling XIV - 0206-14

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GROUP -C

15. Clinical Diagnosis-I-XIII - 0206-15
16. Psychotherapeutic Counselling-XIV - 0206-16

M.A. (Fourth Sem.)PSYCHOLOGY

17. Life Span Development-XVI - 0206-17
18. Psychological Assessment -II-XVII -0206-18

GROUP -A

19. Psychology of Management -II-XVIII - 0206-19
20. Human Resource Develop.and ManagementII--XIX - 0206-20

GROUP -B

21. Education and Instructional Psychology-II-XVIII - 0206-21
22. Basic of Psychological Guidance and Counselling-II-XIX- 0206-22

GROUP -C

23. Clinical Diagnosis and Community Mental Health -XVIII 0206-23
24. Psychotherapeutic Counselling-XIX 0206-24


25. Choice Based Course 2022-23


1. Psychology of everyday lives (Seme.II)
2. Mental Health :Prevention and Promotion(Seme. III)

26. P.G. Diploma in Guidance and Counselling(2022-23)


A. Paper I-Psychological Guidance

Paper II- Counselling Theories and Techniques


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B. Field Exploration

C. Laboratory practical

27. Post Graduate Diploma in Rehabilitation Psychology 2022-23

GROUP A

Paper I Disability and Rehabilitation

Paper II Psychosocial Assessment and Counselling

Paper III Rehabilitation Assessment and Counselling

Paper IV Community Based Rehabilitation

Practical: Rehabilitation Interventions and Viva-Voce

GROUP B: Clinical Work during the training.

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**Learning outcome and employability is applicable for all courses
including PG, PGC and PGDRP**

1. Learning outcome

The course curriculum will help the students in developing skills and knowledge related to various types of psychotherapies. It has clinical relevance and applied utility in various field i.e. School, Industry, defence, society etc.

2. Employability

Students may get opportunity to be employed as counselor and psychotherapist in various field i.e. Hospitals, school, industry, social organization and defence. They can also practice as a private counselor.

Practical utility: Counseling for Anxiety, stress at time of examination.

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.M.A. Psychology Syllabus

w.e.f. July, 2022-2024

VISION

To prepare competent psychologists who would excel in knowledge, orientation and practice of psychology, with high ethical standards and social relevance.

OBJECTIVES

1. To create a strong research oriented theoretical foundation in consonance with recent advances in the discipline of psychology.
2. To enable students to take a creative, empirical and ethical approach to the program that combines conceptual repertoire and research practices in both quantitative and qualitative traditions.
3. To provide an opportunity to extend the knowledge base to the world of practice with a view to promote healthy interface between academia and society.

Programme Structure

The M.A. Psychology Programme divided into two Semesters to be known as Semester – 1 and Semester -2.

	<i>code-0206</i>	Semester – 1	Semester – 2
Part I	First Year	Semester – I -1	Semester – I – 2
Part II	Second Year	Semester – II-1	Semester – II- 2

The schedule of papers prescribed for all semesters shall be as follows:

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SEMESTER – I & SEMESTER – II

NOTE:

1. Each paper will carry 100 marks (80 marks for theory and 20 marks for internal assessment).
2. Each practicum course shall consist of 100 marks, which would include written record 25 marks, conduction of lab practical in exam 50 marks and viva-voce 25 marks.

SCHEME OF EXAMINATION

1. English and Hindi shall be the medium of instruction and examination.
2. Examinations shall be conducted at the end of each Semester as per the Academic Calendar notified by the University.
3. The System of evaluation shall be as follows:
 - Each paper will carry 80 marks, and 20 marks for the Internal Assessment based on classroom participation, seminar, **class test**, viva-voce, field and laboratory work, practical and attendance. The weight age given to each of these components shall be decided and announced at the beginning of the semester by the individual teacher responsible for the course.
 - Any student who fails to participate in classes, seminars, tests, viva-voce, practical, field and laboratory work will be debarred from appearing in the end semester examination in the specific course and no Internal Assessment marks will be awarded.
 - His/her Internal Assessment marks will be awarded as and when he/she attends regular classes and unit test in the course in the net applicable semester.
 - No special classes will be conducted for him/her during other semesters.
 - The duration of written examination for each paper shall be of three hours.
 - The duration of Practicum examination shall be of four hours.

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PASS PERCENTAGE

However, a candidate who has secured the minimum marks to pass in each paper but has not secured the minimum marks to pass in aggregate may reappear in any of the paper/s of his choice in the concerned semester in order to be able to secure the minimum marks prescribed to pass the semester in aggregate. No student would be allowed to avail of more than 3 chances to pass any paper inclusive of the first attempt.

DIVISION CRITERIA

Successful candidates will be classified on the basis of the combined results of Part-I and Part-II examinations as follows:

Candidates securing 60% and above: Ist Division

Candidates securing between 50% to 59.99%: IInd Division

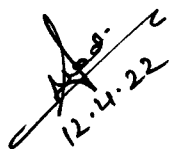
Candidates securing 40 to 49.99% IIIrd Division

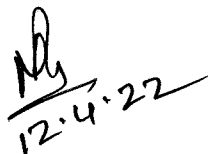
39.99% and less: Failed

ATTENDANCE REQUIREMENT

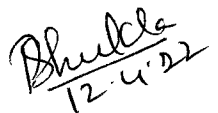
No student shall be considered to have pursued a regular course of study unless he/she is certified by the Head, School of Studies in Psychology, Ravishankar Shukla University, to have attended 75% of the total number of lectures, tutorials and seminars conducted in each semester, during his/her course of study.

Note: *M.A. Psychology students will opt for I choice-Based Course (CBC) of 100 marks each, in Semester II, & III with at least one from the other Department of the University.*


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M.A. PSYCHOLOGY

FIRST SEMESTER

(w.e.f. JULY 2022-24)

Paper No.	Title of the Paper	Theory	Internal
PSM 101 (I)	Basic Psychological Processes-0206-01	80	20
PSM 102 (II)	Social Psychology - 0206-02	80	20
PSM 103 (III)	Basic Research Methodology-0206-03	80	20
PSM 104 (IV)	Psychopathology - 0206-04	80	20
PSM 105 (V)	Practicum : (Experiment)	100	
		420	80

Note: All are compulsory papers

PAPER - i

BASIC PSYCHOLOGICAL PROCESSES - I

M.M. - 80

Note: This paper consists of five units. From each unit minimum two questions will be set and candidates will have to answer one question from each unit.

Unit - 1. Psychophysics

Psychophysics: Nature, problems and Methods. Signal Detection Theory, Subliminal Perception and related factors.

Unit - 2. Perceptual Processes

Approaches to study Perception: Gestalt, Physiological, Information Processing and Ecological Approaches. Perceptual Organization: Laws of Perceptual Organization. Perceptual Constancy: Size, Shape and Brightness. Depth Perception: Monocular and binocular cues.

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Unit - 3. Attention

Nature, concept and Mechanism of Attention. Selective Attention. Types, Theories and Applications.

Unit - 4. Motivation


Nature and properties; origin, development and present status. Basic Motivational Concepts: Instincts, Needs, Drives, Incentives, Motivational Cycle. Theoretical framework: Murray and Maslow Theory


Unit - 5 Emotion

Emotion: Nature and concept. Physiological correlates of Emotions. Theories of Emotions: James-Lange, Canon-Bard, Schachter-Singer, Emotional Intelligence Conflict: Sources and Types.


BOOKS RECOMMENDED

1. Averill, J. R., Chon, K. K., & Hahn, D. W. (2001), Emotions and Creativity, East and West. *Asian Journal of Social Psychology*, 4(3), 165-185.
2. Barrett, L. F., Niedenthal, P. M. & Winkielman, P. (2007), Emotion and Consciousness. Guilford Press.
3. Best, J. B. (1989), Cognitive Psychology, II Edition. West Publishing Company, New York.
4. Carr, A. (2011). Positive Psychology: The Science of Happiness and Human Strengths. Routledge: 2 edition.
5. Ciccarelli, S. K. & Meyer, G.e. (2008). Psychology: South Asian Edition 1st Edition. Pearson.
6. Snyder (2011). Positive Psychology: The Scientific and Practical Explorations of Human Strengths Edition-Second. Sage South Asia.


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7. Feldman, R. (2009). Essentials of Understanding Psychology. Tata McGraw-Hill Education Pvt. Ltd.
8. Galotti, K. M. (1999). Cognitive Psychology in and Outside Laboratory. Mumbai: Thompson, Asia.
9. Iyer, S. (2006). Introduction to Psychology. Premier Publishing Company, India.
10. Menon, S., Nagaraj, N. & Binoy, V. V. (Editor) (2017). Self, Culture and Consciousness: Interdisciplinary Convergences on Knowing and Being. Springer.
11. Menon, S., Sinha, A. & Sreekantan, B. V. (2014). Interdisciplinary Perspectives on Consciousness and the Self. Springer.
12. Misra, G. & Baron, R. A. (2014). Psychology: Indian Subcontinent Edition 5th Edition, Pearson.
13. Rao, R.K. (2005). Perception, Cognition, and Consciousness in Classical Hindu Psychology, & *Journal of Consciousness Studies*, 12, 3-30.
14. Rao, R. K. (2011), Cognitive Anomalies, Consciousness and Yoga. New Delhi, Matrix Publishers.
15. Sen, Anima; Attention and Distraction, New Delhi.
16. Snodgrass, J. G., Berger, G. L. & Haydon, M. (1985). Human Experimental Psychology. New York: Oxford University Press.
17. Solso, R.L., (2004). Cognitive Psychology. Sixth Edition. Pearson Education Pvt. Ltd., New Delhi.
18. Stevens, S. (1959). Handbook of Experimental Psychology. A Wiley Publication in Psychology.
19. Wessells, M. G. (1982). Cognitive Psychology. Harper and Row Publishers, New York.
20. Wood, G. (1983). Cognitive Psychology – A Skills Approach. Cole Publishing Company, California.

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PAPER – II
SOCIAL PSYCHOLOGY

M.M. – 80

Note: This paper consists of five units. From each unit minimum two questions will be set and candidates will have to answer one question from each unit.

UNIT – I Introduction and Social Psychological Perspectives

Nature and Scope of Social Psychology. Historical Background. Methods of ~~Social~~ Social Psychology. Theoretical Perspective: Cognitive Dissonance, Attribution, Field, Psychodynamic, Symbolic Interactions, Socio-Biology.

UNIT – II Social Cognition and Person Perception

Sources of Errors in Social Cognition. Social Perception, Person Perception. Determinants of Person Perception. Impression Formation and Management. Role of Stereotypes in Person Perception.

UNIT – III Social Influence Process

Meaning and nature of Social Influence. Social Facilitation, Conformity, Compliance and Obedience, Social Power, Reactance.

UNIT – IV Attitude

Nature and Characteristics. Development, Functions and Formation of Attitudes. Influence of Attitude on Behaviour. Theories of Attitude Change. Barriers in Changing Attitudes.

UNIT – V Social Psychology and Social Situation

Prosocial Behaviour, Aggression: Nature, Characteristics Determinants and Theories. Controlling and Management of Aggression. Violence, Categories of Violence, Self-directed (Suicide), Domestic Violence.

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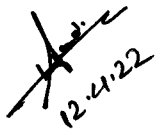
BOOKS RECOMMENDED

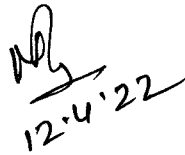
1. Baron, R. A. & Byrne, D. (2000) Social Psychology 12th edition. Pearson, New Delhi.
2. Billing, M. (1976). Social Psychology and Intergroup Relations. New York, Academic Press.
3. Crisp, R. J. & Turner, R. N. (2014). Essential Social Psychology: 3rd Edition. SAGE Publications Ltd.
4. Dalal, A. K. (1989). Attribution: Theory and Research. New Delhi, Wiley Limited.
5. Dalal, A. K. & Misra, G. (Ed.) (2001). New Directions in Indian Psychology, Vol. 1 Social Psychology.
6. Eiser, J. R. (1986). Social Psychology. London: Cambridge University Press.
7. Feldman, R. S. (1985). Social Psychology. New York, Mc Graw Hill.
8. Lindsey, G. & Aronson, E. (Eds) (1985). The Handbook of Social Psychology. New York. Random House.
9. Mathur, S. S. (2004). Social Psychology. Vinod Pustak Mandir, Agra..
10. Mishra, G. (1990). Applied Social Psychology in India. New Delhi, Sage.
11. Mishra, G. (Ed.) (2009). Psychology in India, Vol. 2. Social and Organizational Processes. New Delhi, Pearson.
12. McGarty, C. & Haslam, S. A. (Eds.) (1997). The Message of Social Psychology. Oxford, U K, Blackwell.
13. Pandey, J. (1988). Psychology in India; the State – 7 the Art Vol – 2 ND. Sage.
14. Tajfel, H. (1981). Human Groups and Social Categories. London: Cambridge University Press.
15. Taylor, M. & Moghaddam, F. M. (1987). Theories of Intergroup Relations. New York: Praeger.

समाज मनोविज्ञान (2004): अरुण कुमार सिंह, मोतीलाल बनारसी दास।

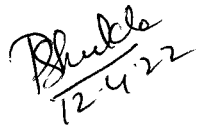
समाज मनोविज्ञान: गिरीश्वर मिश्रा

समाज मनोविज्ञान: लालबचन त्रिपाठी


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PAPER – III
BASIC RESEARCH METHODOLOGY

M.M. – 80

Note: This paper consists of five units. From each unit minimum two questions will be set and candidates will have to answer one question from each unit.

UNIT – 1 Introduction to Psychological Research

Meaning, Purpose and Dimensions of Research. Types of Psychological Research: Qualitative and Quantitative.. Methods of Psychological Research: Experimental, Quasi-Experimental, Case Studies, Field Studies. Variables: Nature and Types. Techniques of experimental manipulation, control in experiment.

UNIT – II Research Process

Research Process: Consideration of Research Problem and Hypothesis, Operationalization. Sampling: Probability and Non-probability Sampling. Sources of Bias. Ethical issues in Psychological Research.

UNIT – III Research Designs

Cross Sectional and Longitudinal, Experimental, Correlational. Single Factor, Quasi – Experimental.

UNIT – IV Central Tendency: Measure of Central Tendency; Measures of Dispersion, Normal Probability Curve, its properties and utility. Null Hypothesis, Type-I and Type-II Errors, Parametric and Nonparametric Statistic. Level of Significance. Inferential Statistics: t-Test. Statistic and its uses in Psychological Research.

UNIT – V Method of Data Collection

Survey and Observation Method: Questionnaire, Interview. Tests and Scales.

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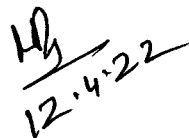
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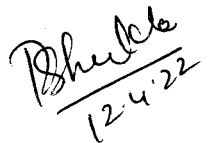
BOOKS RECOMMENDED

1. Black, T. R. (1988). Quantitative Research Designs for Social Sciences. Thousand Oaks: Sage.
2. Broota, K. D. (1992). Experimental Design in Behavioural Research. Wiley Eastern Ltd. New Delhi.
3. Edwards, A. K. (1976). Experimental Designs in Psychological Research. New York Holt Rinehart.
4. Kerlinger, F. N. (1999). Foundation of Behavioural Research. S. Chand (G/L) & Company Ltd; 4th edition.
5. Kothari C. R. (1986). Research Methodology: Methods nad Techniques. Wiley Eastern Ltd. New Delhi.
6. Mangal, S. K. (2012). Statistics in Psychology and Education (2nd Ed.). New Delhi: PHI Learning Pvt. Ltd.
7. Mason, J. (1997). Qualitative Researching. Thousand Oaks: Sage.
8. Miles, J. & Banyard, P. (2007). Understanding and Using statistics in Psychology A Practical Introduction. Sage Publications.
9. Siegal, S. (2002). Non-Parametric Statistics for Behavioural Sciences. New Delhi: Tata McGraw Hill.
10. Winer, B. J. (1971). Statistical Principles in Experimental Design. New York, McGraw Hill.


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PAPER – IV
PSYCHOPATHOLOGY

M.M. – 80

Note: This paper consists of five units. From each unit minimum two questions will be set and candidates will have to answer one question from each unit.

UNIT – 1 Concept of Psychopathology and Classification System

Diagnosis: Purpose, Diagnostic System: Mental Status Examination (MSE). Clinical Interview and Diagnostic Tools. Classification Systems: ICD and DSM. Evaluation of Classification System.

UNIT – II Theoretical Models of Psychopathology

Psychodynamic, Behavioural, Cognitive, Humanistic, Biological and Socio-Cultural.

UNIT – III Disorders of Anxiety, Somatoform, and behavioural Syndromes

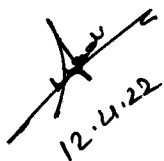
Panic, Phobic, OCD, Post-Traumatic, GAD, Somatoform Disorders, Impulse Control Disorder, Eating Disorder, Sleep Disorder. Dissociative Disorder: Types, Characteristics, Etiology and Management.

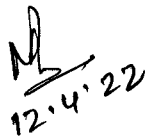
UNIT – IV Psychotic Spectrum Disorders

Schizophrenia, Mood Disorder. Personality Disorders: Clinical Characteristics, Etiology and Management.

UNIT – V Substance Related Disorders and Developmental Disorders of Childhood

Substance use Disorder: Alcoholism and Drug Addiction. Mental Retardation. Developmental Disorders of Childhood: Autism Spectrum Disorder (ASD), Attention Deficit Disorder (ADD), Attention Deficit and Hyperactive Disorder (ADHD). Learning Disabilities.


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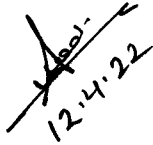


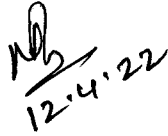

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BOOKS RECOMMENDED

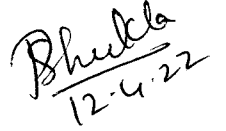
1. Adams, H.E. & Sutker, P. B. (2004). Comprehensive Handbook of Psychopathology. New York, Plenum Press.
2. Aboud, T. D. (1988). Health Psychology in Global Perspective. Thousand Oaks, C.A: Sage.
3. Carson, C.R. & Butcher, J. N. (1992). Abnormal Psychology and Modern Life (9th Ed.). Harper Collins Publisher.
4. Davison, G.C. & Neal, J. N. (2000). Abnormal Psychology – 8th Ed. Wiley, Publishers.
5. Page, J. D. (1975). Psychopathology: The Science of Understanding Deveiance. (2nd Ed.). Chicago, IL, Aldine.
6. Prokap, C. R. & Bradly, L.A. (1991). Medical Psychology: Contribution to Behavioural Medicine. Academic Press.

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PAPER –IV
PRACTICUM

M.M. – 100

This paper consists of the laboratory (Experimental) and Field-Work done throughout the semester and will be evaluated at the time of examination along with the other papers. Distribution of marks would be as under:

	Marks
A. Record of Lab Practical and Field Work	25
B. Evaluation of one Lab. Experiment of be conducted in the examination	50
C. Viva-Voce on Practicum	25

Note : No candidate would be allowed to appear in the practical examination unless his/her day-to-day practical work and report are found satisfactory.

List of Practicum: (**Any five Experiments and One Field Study**)

1. Constancy-Size/Shape/Brightness
2. Biofeedback
3. Mental Fatigue
4. Learning
5. Verbal Learning
6. Selective Attention
7. Knowledge of Results
8. Problem Solving
9. RI/PI

Field Work

- | | |
|---------------------|--------------------------|
| 1. Motivation | 2. D.A.T./Personality |
| 3. Mental Health | 4. Frustration Tolerance |
| 5. Stress / Anxiety | 6. Depression |

Note: Field Studies topics would be allotted by the Departmental Committee.

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COURSE STRUCTURE M.A. PSYCHOLOGY

SECOND SEMESTER

(w.e.f. JULY 2022-24)

Paper No.	Title of the Paper	Theory	Internal
PSM 201 (VI)	Basic Psychological Processes - II ⁰²⁰⁶⁻⁰⁵	80	20
PSM 202 (VII)	Group Processes and Cultural Psychology ⁰²⁰⁶⁻⁰⁶	80	20
PSM 203 (VIII)	Advanced Research Methodology ⁰²⁰⁶⁻⁰⁷	80	20
PSM 204 (IX)	Physiological Psychology and Health behavior ⁰²⁰⁶⁻⁰⁸	80	20
PSM 205 (X)	Practicum	100	--
		420	80

PAPER - VI

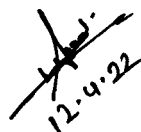
BASIC PSYCHOLOGICAL PROCESSES - II

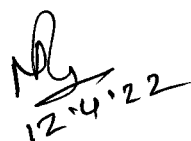
M.M. - 80

Note: This paper consists of five units. From each unit minimum two questions will be set and candidates will have to answer one question from each unit.

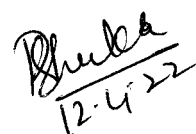
UNIT - 1 Learning Process

Classical Conditioning: Procedure, Phenomena and related Issues. Instrumental Learning: Phenomena, Paradigms and Theoretical Issues. Process, Escape Conditioning, Avoidance Conditioning, Generalization. Reinforcement: Basic Variables and Schedules.


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UNIT – II Experimental Analysis of Behaviour

Behaviour Modification, Shaping. Discrimination Learning. Neurophysiology of Learning.

UNIT – III Verbal Learning

Verbal Learning: Methods and Materials, Organizational Processes

UNIT – IV Learning Theories

Learning Theories: Hull, Tolman, Skinner.

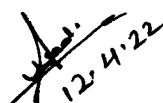
Cognitive approaches in Learning: Latent Learning, Observational Learning.

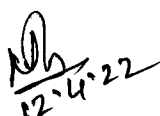
UNIT – V Memory and Forgetting

Memory Processes: Encoding, Storage, Retrieval. Stages of Memory: Sensory Memory, Short-term Memory (STM) and Long-term Memory (LTM). Episodic and Semantic Memory Forgetting: Nature and causes of Forgetting. Theories of Forgetting: Interference, Decay, Retrieval. Improving Memory.

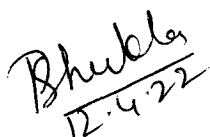
BOOKS RECOMMENDED

1. Baddley, A. (1997). *Human Memory: Theory and Practice*. New York: Psychology Press.
2. Baron, R. & Misra, G. (2013). *Psychology*. New Delhi: Pearson.
3. Chadha, N. K. & Seth, S. (2014). *The Psychological Realm: An Introduction*. New Delhi: Pinnacle Learning.
4. Ciccarelli, S. K., & Meyer, G. E. (2010). *Psychology*. South Asian Edition. New Delhi: Pearson Education.
5. Coon, D., & Mitterer, J. O. (2007). *Introduction to Psychology: Gateway to Mind and Behaviour*. New Delhi: Cengage.
6. DAmato, M. R. (1970). *Experimental Psychology*, New York, Mc. Graw Hill.
7. Feldman, R. (2009). *Essentials of Understanding Psychology*. New Delhi: Tata McGraw Hill.
8. Galotti, K. M. (1999). *Cognitive Psychology in and outside Laboratory*. Mumbai: Thompson, Asia.
9. Gerrig, R. J., & Zimbardo, P. G. (2006). *Psychology and Life* (17th Ed.) New Delhi: Pearson Education.
10. Passer, M. W. & Smith, R. E. (2010). *Psychology: The Science of Mind and Behaviour*. New Delhi: Tata McGraw-Hill.


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11. Sen Anima: Attention & Distraction. New Delhi.
12. Smith, E.E. & Kosslyn, S. M. (2007). *Cognitive Psychology: Mind and Brain*. Prentice Hall.
13. Snodgrass, J. G., Berger, G. L. & Haydon, M. (1985). *Human Experimental Psychology*, New York Oxford University Press.
14. Tripathi, A. N. & Babu, N. (2008). Cognitive Processes. In Misra, G. (Ed.). *Psychology in India: Advances in Research*, Vol. 1. New Delhi: Pearson Education.

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PAPER – VII
GROUP PROCESSES AND CULTURAL PSYCHOLOGY

M.M. – 80

Note: This paper consists of five units. From each unit minimum two questions will be set and candidates will have to answer one question from each unit.

UNIT – I Inter Group Relations

Group Dynamics and Group Behaviour, Group Effectiveness, and Group Cohesiveness: Meaning, formation, Decision Making, Problem Solving and Group Level Behaviours.

UNIT – II Leadership

Meaning nature and Function of Leadership. Styles and Effectiveness of Leadership. Psychology of Followers.

UNIT – III Social Issues

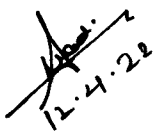
Poverty, Caste, Gender, Population Issues in India. Unemployment. Communal Tension and Harmony.

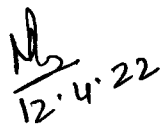
UNIT – IV Culture and Behaviour - I

Culture and Cognition and Emotion. Culture and Organisation.

UNIT – V Culture and Behaviour - II

Culture and Health. Culture and Personality. Health, Environment and Law.


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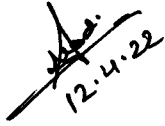

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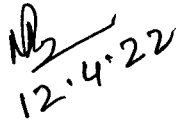
BOOKS RECOMMENDED

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2. Alcock, P. (1997). Understanding Poverty (2nd Ed.). Great Britain: Palgrave.
3. Aronson, E (Eds). (1985). The Handbook of Social Psychology. NY: Random House.
4. Baron, A. G. & Byrne, D. (1991). Social Psychology, - Boston Allyn & Bacon.
5. Billing, M. (1976). Social Psychology and Inter Group Relations, NY: Academic Press.
6. Dalal, A. K. (1989). Attribution Theory and Research. New Delhi, Wiley Limited.
7. Dalal, A. K. & Misra, G. (2001). New Directions in Indian Psychology. New Delhi: Sage Publications.
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9. Feldman R.S. (1985) Social Psychology. New York, McGraw Hill.
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11. Kakkar, S. (1996). Indian Psyche. New Delhi: Penguin.
12. Misra, G. & Nagpal, A. (1999). (Eds.) Psychology of Poverty and Disadvantages. New Delhi. Cocept Publishing Company.
13. Pandey, J. (1988). Psychology in India; The State – 7 the Art Vol-2. New Delhi: Sage.

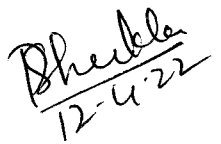
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समाज मनोविज्ञान: गिरीश्वर मिश्रा।


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PAPER – VIII
ADVANCED RESEARCH METHODOLOGY

M.M. – 80

Note: This paper consists of five units. From each unit minimum two questions will be set and candidates will have to answer one question from each unit.

UNIT – 1 Experimental Design

Randomized groups, Matched Groups, Factorial Designs: Between and Within Groups, Repeated Measures (One Factor).

UNIT – II Analysis of Variance

ANOVA: One – Way and Two – Way, ANCOVA, a-priory and Post-Hoc/Post ANOVA test Comparisons.

UNIT – III Measures of Relationships

Bi-serial, Point Bi-serial, Tetrachoric and Phi, Multiple and Partial Correlations.

UNIT – IV Regression and Factor Analysis

Simple and Multiple, Factor Analysis: Assumptions, Methods Rotation and Interpretation.

UNIT – V Report Writing

Use of Computer in Psychological Researches, Research Report Writing (APA Style)

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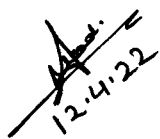
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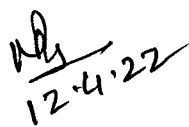
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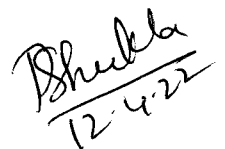
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1. Black T. R. (1988). Quantitative Research Designs for Social Sciences. Thousand Oaks: Sage.
2. Breakwell, G. M., Smith, J.A., & Wriht, D. b. (2012). *Research Methods in Psychlogy* (4th ed.) Sage.
3. Bridget, S. & Cathy, L. (Eds.) (2008). *Research Methods in the Social Sciences*. Vistaar Publication New Delhi.
4. Broota, K. D. (1992). *Experimental Design in Behavioural Research*. New Delhi, Wiley Eastern Ltd.
5. Edwards, A L. (1984). *Experimental Design in Psychological Research*. Harpercollins College Div; Subsequent edition.
6. Elmes, D., Kantowitz, B., & Roediger, H. (2011). *Research Methods in Psychology* (9th ed.). Cengage Learning.
7. Kerlinger, F. N. (1983). *Foundation of Behavioural Research* (2nd ed) Surjeet Publication, Kamla Nagar, New Delhi, 1983.
8. Kothari, C. R. (1986). *Research Methodology: Methods and Techniques*. Wiley Eastern Ltd. New Delhi.
9. Mason, J. (1997). *Qualitative Researching*, Thousand Oaks: Sage.
10. Nestor, P.G. & Schutt, R. K. (2011). *Research Methods in Psychology: Investigating Human Behaviour*. Sage.
11. Winer, B. J., Brown, D. R. & Michels, K. M. (1991). *Statistical Principles in Experimental Design*. New York: McGraw Hill.


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PAPER – IX
PHYSIOLOGICAL PSYCHOLOGY AND HEALTH BEHAVIOUR

M.M. – 80

Note: This paper consists of five units. From each unit minimum two questions will be set and candidates will have to answer one question from each unit.

UNIT – I Methods and Basic Concepts

Methods of Physiological Psychology: Lesion and Brain Stimulation. Receptors, Effectors and Adjuster Mechanisms. Neural Impulse: Origin. Conduction and Measurement.

UNIT – II Sensory System

Vision and Audition. Human Nervous System: Structure and Functions. Structure of Neuron; The different parts of a Neuron; Types of Neurons Functions of Neuron; generation of IPSP and EPSP, Conduction and generation of Action Potential, Ionic Exchanges and Refractory Periods.

UNIT – III Sleep, Waking and Endocrine System

Sleep and Waking: Stages of Sleep, Disorders of Sleep and Physiological Mechanisms of Sleep and Waking. Drinking and its Neural Mechanism; Hunger and its Neural Mechanism. Endocrine System; Structure and Function. Abnormalities of major Glands; Thyroid, Adrenal, Gonads, Pituitary, Pancreas and Pineal.

UNIT – IV Approaches to Therapy

Psychoanalytic, Biological, Behavioural, Behavioural Medicine and Spiritual Therapy.

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UNIT – V Health and Health Promotion

Quality of Life and Health, Social Support and Health, Mental Health Promotion and Prevention, Current Issues and Trends in Health Psychology.

BOOKS RECOMMENDES

1. Aboud, T. D. (1998). Health Psychology in Global Perspective. Thousand Oaks, C.A: Sage.
2. Adams, H.E. & Sutker, P. B. (2001). Comprehensive Handbook of Psychopathology. Kluwer Academic / Plenum Publishers, New York.
3. Branno, L. & Feist, J. (2010). Health Psychology: An Introduction to Behaviour and Health. Belmont, C.A: Thomson/Wadsworth.
4. Carson, C. R., Butcher J.N. (1992). Abnormal Psychology and Modern Life (9th ed) Harper Collins Publisher.
5. Davison, G. C. & Neal, J. N. (2000). Abnormal Psychology – 8th Ed. Wiley Publishers.
6. Deb, S. (2009). Reproductive Health Management, New Delhi, Akansha Publications.
7. Dimmates, M. R. & Martin, L. R. (2007). Health Psychology. Pearson.
8. Friedman, H.S. (1998). Encyclopaedia of Mental Health. Academic Press.
9. Kleinman, A. (1988). Rethinking Psychiatry fro Cultural Category to Personal Experience. Free Press. New York.
10. Marks, D. F. (2002). The Health Psychology Reader. Sage.
11. Ogden, J. (1996). Health Psychology. A Textbook. Open University Press.
12. Page. J.D. (1975). Psychopathology: The Science of Understanding Deviance.
13. Prokop, C. K. & Bradly, L. A. (1981). Medical Psychology: Contribution Behavioural Medicine. Academic Press.
14. Rice, P. L. (1998). Health Psychology. Pacific Grove Books. Cole Pub.
15. Taylor, S. E. (1999). Health Psychology. McGraw Hill.

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PAPER – X
PRACTICUM

M.M. – 100

This paper consists of the laboratory (Testing) and Field-Work done throughout the semester and will be evaluated at the time of examination along with the other papers.

Distribution of marks would be as under:

	Marks
C. Record of Lab Practical and Field Work	25
D. Evaluation of One Lab Testing to be conducted in Examination	50
E. Viva-Voce on Practicum	25

Note: No candidate would be allowed to appear in the practical examination unless his/her day-to-day practical work and reports are found satisfactory.

List of Practicum: (Any Five Tests and One Field Study)

- | | |
|------------------------------------|-----------------------------|
| 1. Aggression | 7. Personality |
| 2. Aptitude | 8. Mental Health |
| 3. Emotional Intelligence | 9. Projective Test |
| 4. Digit Memory Scope/Span | 10. Problem Solving Ability |
| 5. Intelligence (Individual/Group) | 11. Stress / Depression |
| 6. Locus of Control | 12. Motivation |

Field Work

- | | | |
|------------------------------|-----------------|-------------------|
| 1. Achievement of Motivation | 2. Adjustment | 3. Anxiety |
| 4. Happiness | 5. Intelligence | 6. Leadership |
| 7. Parent Child Relationship | 8. Personality | 9. Social Support |

Note: Field Studies topics would be allotted by the Departmental Committee.

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M. A. – III SEMESTER (PSYCHOLOGY)

The curriculum frame – work is as under.

COMPULSORY PAPERS (Two)

2022-24

S.No.	Paper No.	Title of Paper	Marks	
			Theory	Internal Assessment
1.	XI	Personality and Indigenous Psychology XI - 0206-09	80	20
2.	XII	Psychological Assessment – I - 0206-10	80	20
Optional Papers: Two Papers from any One of the Three Groups				
Group A : Psychology of Management				
3.	XIII	Organizational Behaviour – I - 0206-11	80	20
4.	XIV	Human Resource Development and Management – I - 0206-12	80	20
Group B : Psychology of Education				
3.	XIII	Educational and Instructional Psychology – I - 0206-13	80	20
4.	XIV	Basics of Psychological Guidance and Counselling – I - 0206-14	80	20
Group C: Clinical Psychology				
3.	XIII	Clinical Diagnosis – I - 0206-15	80	20
4.	XIV	Psychotherapeutic Counselling – I - 0206-16	80	20
5.	XV	Practicum	100	

NOTE : Internal Assessment will be done on the basis of
Class Tests / Seminar / Tutorials

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M.A. III SEMESTER (PSYCHOLOGY)
PAPER – XI (COMPULSORY)
PERSONALITY AND INDIGENOUS PSYCHOLOGY – I

M. M. – 80

Note: This paper consists of five units. From each unit minimum two questions will be set and candidates will have to answer one question from each unit.

UNIT – I Introduction

Personality Meaning, Perspectives and Measurement of Personality. Concept of Mature Personality, Personality Theory-Problems and Procedures.

UNIT – II Approaches to Personality - I

Psychodynamic Perspectives of Personality: Theories of Personality: Freud, Erikson, Adler. Structure, Dynamics and Development of Personality. Methods to study Personality.

UNIT – III Approaches to Personality _ II

Theories of Personality: Cattell and Eysenck-Structure, Dynamics and Development of Personality. Research Methods.

UNIT – IV Approaches to Personality - III

Cognitive, Behavioural and Humanistic. Kelly, Bandura and Roger's Structure, Dynamics and Development of Personality. Research Methods.

UNIT – V Approaches to Personality-IV

Indigenous Concept and Models of Personality – Yogic, Samkhya. Current Researches in The Field of Personality.

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BOOKS RECOMMENDED

1. Barbara, E. (2008). *Personality Theories* (8th Edition). California. Wadsworth Publishing Company.
2. Bischof, L. J. (1970). *Interpreting Personality Theories*. Harper & Row, New York.
3. Feldman, S.R. (2009). *Essentials of Understanding Psychology*, 7th Edition. Tata McGraw-Hill Education, Pvt. Ltd.
4. Friedman, H. S. & Schustack, M. W. (2016). *Personality: Classic Theories and Modern Research*. (6th Edition), Pearson.
5. Hasurkar, S. S. (1958). *Vacaspati Misra on Advaita Vedanta*. Darbhanga: Mithila Institute of Post-Graduate Studies.
6. Hall, C. S., Lindzey, G. & Campbell, J. B. (2007). *Theories of Personality* (4th Ed.). John Wiley, New York.
7. Hall, L. A. & Ziegler, D. J. (1992). *Personality Theories: Basic Assumptions, Research and Applications* (2nd Ed.) International Student Edition. McGraw Hill, International Book Co.
8. John, O.P., Robins, R. W. & Pervin, L. A. (2010). *Handbook of Personality: Theory and Research*. Guilford Press.
9. Loehlin, J. C., Willerman, L., & Hom, J. M. (1988). Human Behaviour Genetics. *Annual Review of Psychology*, 39 (I), 101-133.
10. Magnusson, D., & Endler, N. S. (1977), *Personality at Crossroads*. New Jersey, Hillsdale: Lawrence Erlbaum Associates.
11. Misra, G., & Mohanty, A. K. (2002). *Perspectives on Indigenous Psychology*. New Delhi: Concept Company.
12. Mohanty, J. N. (2000). *Classical Indian Philosophy*. Oxford: Rowman & Littlefield.
13. Mukhopadhyaya, K. L. & Swami Niranjana Saraswati. *Yoga Darshan Munger: Bihar School of Yoga*.
14. Murphy, G., & Murphy, L. B. (1968). *Asian Psychology*. New York: Basic Books.
15. Naidu, R. K. & Pandey, N. (1999). Anasakti: The Indian vision of Potential Human Transcendence beyond Mechanistic Motivations. In G. Misra (Ed.), *Psychological Perspectives on Stress and Health* (pp. 85-99). New Delhi: Concept Publishing Company.
16. Paranjpe, A. C. (2011). *Indian Psychology and the International Context*, *Psychology and Developing Societies*, 23 (I), 1-26.
17. Paranjpe, A. C. (1988). A Personality Theory according to Vedanta. In A. C. Paranjpe, D.Y.F. Ho, & R. W. Rieber (Eds), *Asian contributions to Psychology*. New York: Praeger.
18. Paranjpe, A. C., Ho, D. Y. F., & Rieber, R. W. (Eds.). (1988). *Asian Contributions to Psychology*. New York, NY, England: Praeger Publishers.

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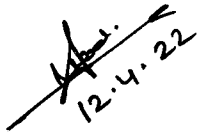
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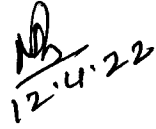
19. Patanjali Yog Sutra.
20. Pervin, L. A. (1975). Personality: Theory, Assessment and Research. 2nd Ed. Wiley International ed. New York.
21. Pervin, L. A. (1993). Personality: Theory and Research. John Wiley & Sons.
22. Rao Sheshagiri, V. N. (1984). *Vacaspati's Contribution to Advaita*. Mysore: Samvit Publishers.
23. Sahakian, W.S. (1975). Psychology of Personality: Readings in Theory. Rand McNally, Chicago, Illinois, United States.
24. Sinha, J. (1958). Indian Psychology (2nd ed., 2 vol). Calcutta: Sinha Publishing House.

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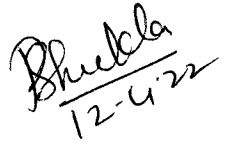
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व्यक्तित्व मनोविज्ञान (2004): डी.एन. श्रीवास्तव, भार्गव पब्लिकेशन हाउसए आगरा।


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**M.A. III SEMESTER
(COMPULSORY)
PAPER - XI
PSYCHOLOGICAL ASSESSMENT- I**

M. M. – 80

Note: This paper consists of five units. From each unit minimum two questions will be set and candidates will have to answer one question from each unit.

UNIT – I Nature of Psychological Assessment

Nature of Psychological Assessment, Difference between Physical and Psychological Assessment. Problems in Psychological Assessment. Levels of Assessment.

UNIT – II Scaling

Scaling: Unidimensional and Multidimensional. Scale Constructoin Techniques. Difference among Tests, Scales, Questionnaire and Schedule. Characteristics of a good Psychometric Test. Difference between Psychometric and Projective Tests.

UNIT – III Construction of Psychometric Tools

Construction of Psychometric Tools: Steps in Test Construction, Item-writing, Pre-try out, Item difficulty, discrimination Power. Types of Psychological test.

UNIT – IV Standardization Process of Psychometric Test

Standardization Process of Psychometric Test. Reliability: Concept and Type. Methods of determining Reliability. Validity: Concept and Type. Methods of determining Validity. Factors affecting Reliability and Validity. Norms: Types, Uses and Method.

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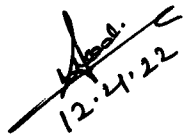
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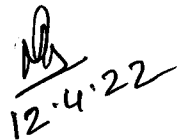
UNIT – V Adaptation of Tests

Adaptation of Tests. Test taking Response Styles: Social Desirability, Acquiescence and Faking. Use of Psychological Tests in applied field of Life: Diagnosis, Psychotherapy, Education, Occupations and Organizations.

BOOKS RECOMMENDED

1. Anastasi, A. (1988). Psychological Testing. Macmillan.
2. Cronbach, L. (1951). Essentials of Psychological Testing New York: Harper & Brothers.
3. Freeman, F. S. (2008). Theory and Practice of Psychological Testing. Publisher: Oxford and IBH Publishing.
4. Friedenberg, L. (1995). Psychological Testing: Design, Analysis, and Use, Allyn & Bacon.
5. Ghiselli, E. e. (1964). Theory of Psychological Measurement. New Delhi, Tata McGraw-Hill.
6. Gregory, R. J. (2004). Psychological Testing: History, Principles, and Applications. Needham Heights, M. A., US: Allyn & Bacon.
7. Guilford, J. P. (1954). Psychometric methods. New Delhi Tata Mc Graw Hill
8. Nunnally, J. C. (1970). Introduction to Psychological Measurement. New York: McGraw-Hill.
9. Price, L. H. (2016). Psychometric Methods: Theory into Practice. Guilford Press, Routledge.


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M.A. III SEMESTER (PSYCHOLOGY)
GROUP - A
PAPER – XIII (OPTIONAL)
ORGANIZATIONAL BEHAVIOUR– I

M. M. – 80

Note: This paper consists of five units. From each unit minimum two questions will be set and candidates will have to answer one question from each unit.

UNIT – I Introduction

Emergence of OB as a Discipline and Contributing Disciplines to OB. Contributions of Hawthorne Studies to OB; OB trends - Globalization: Outsourcing: Call Centres: Knowledge Process Outsourcing. The FIVE Anchors of OB and Knowledge Management.

UNIT – II Motivational Process

Motivational Process : Meaning of Motivation; Primary Motives; General Motives, Secondary Motives and Motivational Process. Content Theories of Work Motivation – Maslow's Hierarchy of Needs; Herzberg's Factor Theory; ERG Theory. Theory X and Theory Y.

UNIT – III Leadership

Leadership: Difference between leader and Manager. Important studies on Leadership. Factors influencing Leadership Role. Essentials of Leadership, Leadership Styles. Supervision and Patterns of Supervision. Modern Theoretical Process of Leadership: Charismatic Leadership Theories; Transformational Leadership Theory; A Socio-Cognitive Approach; Leadership across Cultures; Corporate Leaders.

UNIT – IV Conflict and Power at Work Place

Conflict: The Conflict Process; Sources of Conflict in Organization, Organizational Conflict, Conflict Management. Intrapersonal Conflict Management Styles; Resolving Conflicts.

Power: Meaning of Power; Sources of Power; Contingencies of Power; Influencing Others; Influencing Tactics and Organizational Politics. Organizational Power and Politics. Union Management Interface.

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UNIT – V Decision Making

Nature and Concepts. Decision Making Process, Types of Decisions. Factors influencing Decision Making. Management Decision Techniques.


BOOKS RECOMMENDED

1. Bristal, V. (1997). Rethinking the Future: Rethinking Business, Principles, Competition, Control & Complexity, Leadership, Markets and the World. *The Journal of Business Strategy*, 18(4), 62.
2. Gibson, R., & Handy, C. (1998). Rethinking the Future: Rethinking Business Principles, Competition, Control and Complexity, Leadership. Markets and the World.
3. Greenberg, J. & Baron, R. A. (2003). Behaviour in Organizations: Understanding and Managing the Human Side of Work. Upper Saddle River, N J: Prentice Hall.
4. Griffin, W. H. & Pareek, U. (2005). Management of Change in Education.
5. Luthans, F. (1995). Organization Behaviour. Mc Graw Hill, International Student Edition.
6. Lynton, R. P. & Pareek, U. (1978). Training for Development.
7. Pareek, U. (1996). Organizational Behaviour Processes.
8. Pareek, U. (2007). Understanding Organizational Behaviour.
9. Pareek, U. (2011). Uday Pareek's Understanding Organizational behavior.
10. Pareek, U. (2016). Understanding Organizational Behaviour 4E.
11. Pareek, U. (2017). Designing and Managing Human Resource Systems.
12. Pareek, U. & Rao, V. (2005). First Handbook of Psychological and Social Instruments.
13. Pareek, U. & Khanna, S. (2007). Understanding Organizational Behaviour. Oxford University Press.
14. Rao, T. V. (2015). Performance Management: Toward Organizational Excellence.
15. Robbins, S. P. (2000). Organizational Behaviour. (9th edition). Prentice Hall India, New Delhi.


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M.A. III SEMESTER (PSYCHOLOGY)
GROUP - A
PAPER – XIV (OPTIONAL)
HUMAN RESOURCE DEVELOPMENT AND MANAGEMENT– I

M. M. – 80

Note: This paper consists of five units. From each unit minimum two questions will be set and candidates will have to answer one question from each unit.

UNIT – I Human Resource Management

Nature, Function, Personnel Management vs. HRM, HRD vs. HRM. Assumptions about HRM, Structure and Role of HRM. The Indian context of HRM. Models of HRM. Current and Future Challenges to HRM. Strategic Role, International Human Resource Management.

UNIT – II Human Resource Planning

Human Resource Planning: Importance, process, Forecasting Demand, Estimating Supply, Effective HRP. Human Resource Accounting. Steps, Stages and Structure in Manpower Planning. HRD in India.

UNIT – III Job Analysis and Job Design

Job Analysis: Uses, Process, Methods, Job Description and Job Specifications. Job Analysis and Job Design. Recruitment and Selection.

UNIT – IV Training and Development

Training: Nature and Importance. How to make Training Effective. Importance of Training in Organizational Set Up-Training as a Profession-Training Needs Analysis-Types of Training- Training Design-Steps Involved. Organizational Development: Nature and Objectives of OD. Phases of an OD Programme; OD Interventions; OD in Indian Industry; Criticism of OD.

UNIT – V Performance Appraisal

Performance Appraisal. Factors Distorting Appraisal and how to improve Appraisals. Types of Appraisal. Comparing with Performance Management, Methods, Challenges, Legal Implications.

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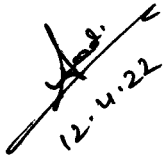
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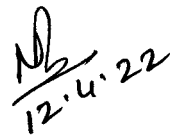
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M.A. III SEMESTER (PSYCHOLOGY)
GROUP - B
PAPER – XIII (OPTIONAL)
EDUCATIONAL AND INSTRUCTIONAL PSYCHOLOGY– I

M. M. – 80

Note: This paper consists of five units. From each unit minimum two questions will be set and candidates will have to answer one question from each unit.

UNIT – I Conceptual and Theoretical Perspectives

Conceptual and Theoretical Perspectives in Educational Psychology. Theories: Behaviouristic, Social Learning and Cognitive Applications in Teaching.

UNIT – II Information Processing Models

Instructional Models, Programmed Learning, Concept, Characteristics and Models.

UNIT – III Human Diversity and Education

Learning Styles: Nature, Approaches to Learning Style, Measurement of Learning Styles. Attempt to Modify Learning Styles.

UNIT – IV Individual and Group Differences

Individual and Group Differences in Intelligence. Theories of Intelligence, Gender Differences issues in the Classroom.

UNIT – V Learning and Motivation

Learning and Motivation, Study Habit, importance, Levels of Learning.

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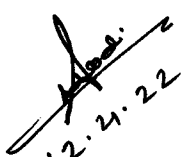
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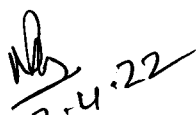
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BOOKS RECOMMENDED

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3. Ellis, R. S. (1965). Educational Psychology, A Problem Approaches Affiliated. New Delhi, East West Press.
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6. Santrock, J. W. (2011). Educational Psychology. Tata McGraw Hill.
7. Schunk, D. H. (2012). Learning Theories an Educational Perspective, Sixth Edition. Pearson.
8. Travers, J. F. (1979). Educational Psychology (2nd Ed.) New York & Row.
9. Woolfolk, A. E. (1995). Educational Psychology (6th Ed.) Allyn & Bacon, London/Boston.
10. Woolfolk, A. (2005). Educational Psychology, 9/E, Active Learning Edition. Allyn & Bacon Boston.
11. Woolfolk, A. (2006). Educational Psychology. International Edition with Pearson Educfation.
12. Woolfolk, A., Misra, G. & Jha, A. (2012). Fundamentals of Educational Psychology. Pearson.
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M.A. III SEMESTER (PSYCHOLOGY)
GROUP - B
PAPER – XIV (OPTIONAL)
BASICS OF PSYCHOLOGICAL GUIDANCE AND COUNSELLING– I

M. M. – 80

Note: This paper consists of five units. From each unit minimum two questions will be set and candidates will have to answer one question from each unit.

UNIT – I Introduction

Nature, Need and Functions of Guidance. Principles of Guidance. Individual and Group Approaches.

UNIT – II Techniques of Appraising the Client - I

Non-Standardized Methods: Anecdotal Record, Auto Biography, Case Study, Sociometric, Observation, Rating Scale, Questionnaire.

UNIT – III Techniques of Appraising the Client - II

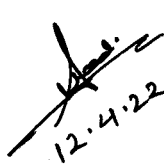
Standardized Methods: Intelligence, Personality Aptitude, Interest, Achievement.

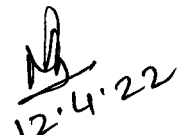
UNIT – IV Organization of a Guidance Programme

Duties and Responsibilities of the Guidance Personnel, School, Duties and Responsibilities of Family and Community. Individual and Group Guidance.

UNIT – V Special Areas of Guidance

Vocational Guidance, Educational Guidance, Personal Guidance. Problems of Guidance in India.


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BOOKS RECOMMENDED

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2. Anastasi, Z., & Lewis, E.C. (1970). Counselling Psychology. New York, Holt Rinehart and Winster, Inc.
3. Gibson, R. L. & Mitchell, M. (2008). Introduction to Counselling and Guidance. New Delhi: Prentice Hall of India.
4. Harson, J. C. (1978). Counselling Processes and Procedures. New York. McMillan Publishing Co. Inc.
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6. Nystul, M. S. (2006). Introduction to Counselling: As an Art and Science Perspective. Allyn & Bacon.
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8. Rao, S. N. (1981). Counselling Psychology. New Delhi, Tata McGraw Hill.
9. Siddiqui, M. H. (2008). Guidance and Counselling. APH Publishing.
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M.A. III SEMESTER (PSYCHOLOGY)
GROUP - C
PAPER – XIII (OPTIONAL)
CLINICAL DIAGNOSIS– I

M. M. – 80

Note: This paper consists of five units. From each unit minimum two questions will be set and candidates will have to answer one question from each unit.

UNIT – I Introduction

History and Current trends. Nature, Problems and Methods of Clinical Psychology. Professionals. Growth of the Branch. Growth in India.

UNIT – II Approaches

Psychodynamic, Behaviouristic, Humanistic, Cognitive and Socio-Cultural.

UNIT – III Diagnosis - I

Meaning of Psycho-Diagnosis. Types and Importance. Concept of Prognosis. Symptomatic vs. Dynamic. Symptomatic Diagnosis. ICD-10, DSM-IV (R).

UNIT – IV Diagnosis - II

Dynamic Diagnosis: Observation, Case History, and Interview.

UNIT – V Impressionistic Approach

Impressionistic Approach of Diagnosis: Informal Assessment, Sources of Errors in Impression Formation. Importance of Psychometric Approach.

BOOKS RECOMMENDED

1. Bholra, P. & Raghuram, A. (2016). Ethical Issues in Counselling and Psychotherapy Practice. Springer.
2. Carr, A. (2012). Clinical Psychology; An Introduction. Routledge.
3. Dalth, J. H., Elias, M. J., Wandersman, A. & Dalton, J. H. (2007). Community Psychology: Linking Individuals and Communities. Wadsworth, Thomson Learning US.
4. Davey, G. (2008). Clinical Psychology. Taylor & Francis, India Pvt. Ltd, New Delhi.
5. DeRubeis R. J., Donald, K. and Routh, D. K. (1998). The Science of Clinical Psychology: Accomplishments and Future Directions. Google Books.
6. Gladding, S. T. (2017). Counselling: A comprehensive Profession. Seventh Edition. Pearson.
7. Hecker, J. E. & Thorpe, G. L. (2007). Introduction to Clinical Psychology. Pearson Education.
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M.A. III SEMESTER (PSYCHOLOGY)
GROUP - C
PAPER – XIV (OPTIONAL)
PSYCHOTHERAPEUTIC COUNSELLING– I

M. M. – 80

Note: This paper consists of five units. From each unit minimum two questions will be set and candidates will have to answer one question from each unit.

UNIT – I Psychotherapeutic Counselling Techniques

Techniques of Psychotherapeutic Counselling: Psychoanalytic, Behavioural. Client Centred. Community Interventions and Group Therapeutic Techniques.

UNIT – II Methods for Altering Maladaptive Behavioural - Deficits

Shyness, Delinquency, Depression, Speech and Sexual Dysfunctions.

UNIT – III Methods for Altering Maladaptive Behavioural - Excesses

Excessive Smoking, Alcoholism, Drug Addiction and Temper-Outburst, Physical Aggression.

UNIT – IV Methods of Altering Inappropriate Behaviour

Marital Maladjustment, Child Misbehaviour, Homosexuality, Exhibitionism. Stress and Coping.

UNIT – V Methods for Altering Fears and Anxiety

Methods for altering Fears and Anxiety. Treating Psychophysiological Disorders: Test-Anxiety, Generalized Anxiety, Stress, School Phobia, Snake Phobia, Combination of Fears, CHD, Asthmas and Peptic Ulcer.

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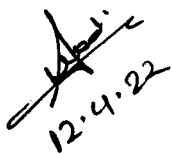
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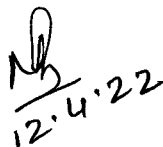
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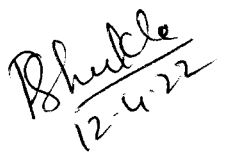
BOOKS RECOMMENDED

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2. Adelson, D. & Kalis, B.L. (1970). Community Psychology and Mental Health Perspectives. Seato.
3. Carson, R. C., Butcher, J. N. & Mineka, S. M. (1999). Abnormal Psychology and Modern Life. Pearson.
4. Corey, G. (1986). Theory and Practice of Counselling and Psychotherapy. Monterey, C.A.
5. Gelso, C. J. Williams, E. N. & Fretz, B. R. (1995). Counselling Psychology. APA Books.
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14. Wolberg. L. R. (2013). The Technique of Psychotherapy. Fourth Edition, International Psychotherapy Institute E-Books.
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M.A. III SEMESTER (PSYCHOLOGY)
PAPER – XV (OPTIONAL)
PRACTICUM

M. M. – 80

NOTE: Any five of the following to be completed in the Laboratory training.

1. Knowledge of Results.
2. Effect of Social Support on Conformity.
3. Attribution of Achievement Outcomes.
4. Zeigarnik Effect.
5. Level of Aspiration as a function of Success or Failure.
6. Reminiscence in Motor Learning.
7. Short Term Memory (STM)
8. Effect of Group on Individual Judgement.
9. Mental Health

One Field Study.

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M. A. - IV SEMESTER (PSYCHOLOGY)

2022-24

S.No.	Paper No.	Title of Paper	Marks		Time
			Theory	Internal Assessment	
16.	XVI	Life Span Development -0206-17	80	20	Three Hours
17.	XVII	Psychological Assessment - II -0206-18	80	20	Three Hours
Optional Papers: Two Papers from any One of the Three Groups					
Group A : Psychology of Management					
18.	XVIII	Organizational Behaviour - II -0206-19	80	20	Three Hours
19.	IX	Human Resource Development and Management - II -0206-20	80	20	Three Hours
Group B : Psychology of Education					
18.	XVIII	Educational and Instructional Psychology - II -0206-21	80	20	Three Hours
19.	IX	Basics of Psychological Guidance and Counselling - II -0206-22	80	20	Three Hours
Group C: Clinical Psychology					
18.	XVIII	Clinical Diagnosis and Community Mental Health - II 0206-23	80	20	Three Hours
19.	IX	Psychotherapeutic Counselling - II 0206-24	80	20	Three Hours
5.	XX	Practicum (Field Work)	100		Four Hours

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M.A. IV SEMESTER (PSYCHOLOGY)
PAPER – XVI (COMPULSORY)
LIFE SPAN DEVELOPMENT

M. M. – 80

Note: This paper consists of five units. From each unit minimum two questions will be set and candidates will have to answer one question from each unit.

UNIT – I Introduction to Development

Introduction: Nature, Stages and Principles of Developmental Psychology, Maturation vs Experience; Nature-Nurture debate.

UNIT – II Theories of Development

Theories of Human Development: Psychodynamic, Psychosocial, Behaviourism, Social Learning, Cognitive, Socio-Cultural Theory of Development

UNIT – II Research Methods and Ethical Issues

Research Methodology in Development Psychology and Measurement Techniques, Research Design, Ethical Issues in Research on Child Development.

UNIT – IV Foundations of Development

Biological foundation of Development, Development of Language and Communication. Emotional, Social, Personality and Moral Development.

UNIT – V Development in Later Age

Adulthood, Middle and Old Age: Characteristics, Psychological Changes and Adjustment.

BOOKS RECOMMENDED

1. Baltes, P. B. & Brim O. G. Jr. (1978). Life Span Development and Behaviour. New York Academic Press.
2. Baltes, P. B. & Brim O. G. Jr. (1979). Life Span Development and behavior (Vol. 3). New York Academic Press.
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8. Baltes, P. B. (1987). Theoretical propositions of Life-Span Development Psychology: On the Dynamics between Growth and Decline. *Developmental Psychology*, 23(5), 611.
9. Brophy, J. E., & Willis, S. L. (1981). *Human Development and Behaviour*. New York: St. Martin's Press.
10. Hurlock, E. (2017). *Developmental Psychology: A Life-Span Approach*. Tata McGraw Hill Education (5th Ed.)
11. Keenan, T. & Evans, S. (2009). *An Introduction to Child Development*. London: Sage Publications.
12. Papalia, D., Olds, S. & Feldman, R. (2017). *Human Development*. Thousand Oaks: Sage Publication Hill.

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**PAPER – XVII (COMPULSORY)
PSYCHOLOGICAL ASSESSMENT – II**

M.M. – 80

Note: This paper consists of five units. From each unit minimum two questions will be set and candidates will have to be answer one question from each unit.

UNIT – I Measurement of intelligence

Concept and Measurement of Intelligence, Major Tests of intelligence developed under Western and Indian Cultural set up.

UNIT – II Measurement of Aptitude Test

Concept and Measurement of Aptitude Test. Major Test of Aptitude Developed under Western and Indian Cultural set up. Achievement Test: Concept and Measurement.

UNIT – III Test of Personality

Test of Personality: Projective and Psychometric Approaches, Major Test of Personality: Developed under Western and Indian Cultural set up.

UNIT – IV Test of Adjustment, Values, Interest, stress and Anxiety development under Indian condition.

UNIT – V Psychological Testing in Applied Field.

Psychological Testing in Applied Field: Neuro-Psychological Testing : Objectives and Major Neuropsychological Test. Emotional Intelligence Test: Concept and Major Test of Emotional Intelligence developed under Western and Indian Cultural set up.

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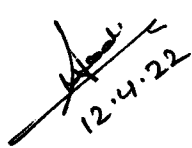
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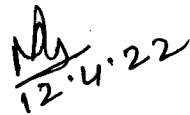
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BOOKS RECOMMENDED

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2. Cronbach, L.J. (1997), Essentials of Psychological Testing. Pearson.
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5. Goleman, D. (1996). Emotional Intelligence. Antam Douleday Dell Pulishing Group.
6. Guilford, J.P. (1954). Psychometric methods. New Delhi, Tata Mc. Graw Hill.
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GROUP - A
PAPER – XVII (COMPULSORY)
ORGANISATIONAL BEHAVIOUR – II

M.M. – 80

Note: This paper consists of five units. From each unit minimum two questions will be set and candidates will have to be answer one question from each unit.

UNIT – I Groups

Types of Groups, Processes, Group Culture and Social Influence, Team Building. Techniques of Building Group Consensus. Understanding and Managing Team Dynamics.

UNIT – II Communication

Nature, Types, Application of different types of communication, Role of T A in Communication.

UNIT – III Organizational Change

Types of Change, Sources of Change Process, Human Element in Change.

UNIT – IV Organizational Development

Concepts, objectives and Goals, Process Behavioural Science approach to Organizational Development.

UNIT – V Marketing

Marketing Research, Nature and Functions, Consumer Behaviour, Sales Promotion Strategies.

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BOOKS RECOMMENDED

Drummond, H. (2000). Introduction to Organizational Behaviour. OUP Catalogue.

Greenberg, J. & Baron, R. A. (2008). Behaviour in Organizations. Upper Saddle River, N.J.: Prentice Hall.

Johns, G., & Saks, A. M. (2001). Organizational Behaviour: Understanding and Managing Life at Work.

Luthans, F. (1995). Organizational Behaviour. Mc Graw Hill International Edition.

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Robbins, S. P. (2000). Organizational Behaviour. (9th edition). Prentice hall India, New Delhi.

Robbins, S.P. Organizational Behaviour. Concepts and Self-Assessment. Pearson College Division.

Robbins, S.P., Judge, T., & Beward, K. (2003). Essentials of Organizational Behaviour. (Vol. 7). Upper Saddle River, NJ: Prentice Hall.

Wilson, F. M. (2018). Organizational Behaviour. And Work: A Critical Introduction. Oxford University Press.

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GROUP - A
PAPER – XIX (OPTIONAL)
HUMAN RESOURCE DEVELOPMENT AND MANAGEMENT - II

M.M. – 80

Note: This paper consists of five units. From each unit minimum two questions will be set and candidates will have to be answer one question from each unit.

UNIT – I Job Evaluation

Job Evaluation, Wage and Salary Administration. Employment Incentives.

UNIT – II Human Resource Policies and Practices

Human Resource Policies and Practices, changing trends in Work Environment, Developing the Human Resource.

UNIT – III Maintaining Human Resource

Maintaining Human Resource Safety and Health Stress Management, Labour Relations.

UNIT – IV Collective Bargaining, Employee Involvement, Employee Communication.

UNIT – V Employee Counselling. Challenges of human Resource Management.

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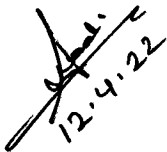
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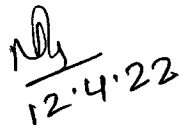
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GROUP - B
PAPER – XVIII (OPTIONAL)
EDUCATIONAL INSTRUCTIONAL PSYCHOLOGY - II

M.M. – 80

Note: This paper consists of five units. From each unit minimum two questions will be set and candidates will have to be answer one question from each unit.

UNIT – I Teaching and Classroom Management

Effective Teaching and Classroom Management. Planning and Setting Objectives for Teaching. Characteristics of Effective Teachers.

UNIT – II Teaching Methods and Instruction

Teaching Methods, Instruction Lecturing and Explaining, Questioning, Student Centred Teaching Class Room Management and Teaching in Small Groups. Discussion Method and Cooperative learning, Computer-Assisted Instruction.

UNIT – III Exceptionality and Social Education

Exceptionality and Social Education: Categories of Exceptionality, Laelling and Educational Relevance, Physically Disabled Students. Students with Cognitive Disabilities. Brain Dysfunction and Communication Disorders.

UNIT – IV Emotional and Behaviour Disorder

Students with Emotional and Behaviour Disorder. Attention Deficit Disorder (ADD), Attentional Deficit Hyperactive Disorder (ADHD), Gifted and Talented Students. Intervention and Special Education for Various Forms of Exceptionality, Mainstreaming.

UNIT – V Measurement and Evaluation

Measurement and Evaluation: Educational Assessment, Measurement and Evaluation (Norm Referenced and Criterion Referenced Tests).

Test Scores-Meaning and Types, Standardized Test: Meaning Types and Interpretation. Classroom Assessment and Grading. Techniques of Class Room Evaluation. Observation, Questionnaire.

BOOKS RECOMMENDED

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14. Woolfolk, A.H. (1993). Educational Psychology (6th Ed.) Allyn & Bacon, London/Boston.
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GROUP – B

PAPER – XIX (OPTIONAL)

BASIC OF PSYCHOLOGICAL GUIDANCE AND COUNSELLING – II

M.M. 80

Note: This paper consists of five units. From each unit two questions will be set and candidates will have to answer one question from each unit.

Unit – I Introduction

Nature, Need and Functions Counseling. Counseling and Psychotherapy. Intervention, Goal and Objectives of Counseling. Characteristics of a Good Counselor. Counsellor's Training.

Unit – II Counseling Process and Counseling Skills

Stages in Counseling, Critical Issues in Counseling Process. Basic and Advanced Counseling Skills; Active Listening, Empathy, Probing, working through cognition, Affect and Emotion.

Unit – III Approaches

Approaches of Counseling: Directive, Non – directive, Eclectic. Individual and Group Counseling. Group Counseling skills. Evaluation of Counseling. Follow – up and Placement.

Unit – IV Counseling in Special Settings – I

Educational Settings: Elementary, School, Secondary School, Institutions of Higher Education. Vocational Schools, Career Counseling, Employment Counseling.

Unit – V Counseling in Special Settings -II

Community and Mental Health. Pre – Marital and Marital Counseling. Family Counseling. Gerontology Counseling. Special Populations: suicide, HIV – AIDS, Sexual Abuse.

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3. Berms C. (1999). Dealing with challenges in Psychotherapy and Counseling (Skills, Techniques, & Process). Brook cole.
4. Bhatnagar, A. & Gupta N. (1999). Guidance and counseling, Vol. I: A theoretical perspective, Vikas Publishing House Pvt. Ltd. New Delhi.
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16. Kapur, M. (1997), Mental Health in Indian Schools, New Delhi, Sage Publications.
17. Kapur, M. (2011). Counseling Children with Psychological Problems. Pearson Education India.
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GROUP – C
PAPER – XVIII (OPTIONAL)
CLINICAL DIAGNOSIS AND COMMUNITY MENTAL HEALTH I

M.M.-80

NOTE; This paper consists of five units. Form each unit minimum two questions will be set and candidates will have to answer one question from each unit.

UNIT – I Clinical Assessment

Clinical Assessment: basic principles, Psychometric Test: MMPI, WAIS and WISC.

UNIT – II Projective Tests

Projective Tests: Characteristics and Clinical Use, Rorschach and TAT.

UNIT – III Neuro Psychological Examination

Neuro Psychological Examination: Approaches: Halstead Neuro Psychological Test Battery, Luria Neraska Battery, use of Bender Gestalt and Weschler Scale in Neuro Psychological Testing.

UNIT – IV Community Psychology

Community Psychology: History and Perspectives of Community Psychology.
Theoretical concepts of Community Psychology: Definition and perspectives with Reference to Mental Health, Organizational Health and Social Action. Individual wellness, sense of Community, Psychological sense of community, Social Justice, Participatory Approach, Empowerment citizen Participation, Collaborative Community Strength, Human Diversity and Empirical Grounding.

UNIT – V Community Psychology and Social Intervention

Community Psychology: Social Interventions: Methods and Strategies.

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BOOKS RECOMMENDED

1. Carter, J.W. (1986), Research Contributions from Community Psychology in Community Health Behavior Pub. NY.
2. Iscope, I., Block, B.L. & Spielberger, C.D. (eds) (1977). Community Psychology: Perspectives in Training and Research. NY: Appleton.
3. Korchin, S. (1978). Modern Clinical Psychology. Harper and Row.
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6. Park, K. (2013). Park's Textbook of Preventive and Social Medicine. Banarsidas Bhanot – Jabalpur.
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GROUP -C
PAPER - XIX (OPTIONAL)
PSYCHOTHERAPEUTIC COUNSELLING - II

M.M. - 80

NOTE - This paper consists of five units. From each unit minimum two questions will be set and candidates will have to answer one question from each unit.

UNIT - I Cognitive and Behavior Therapies

Nature, concept and Modes of Therapies: Individual and Group, Couple and Family. .
Behavioural Therapy, Cognitive Behavior Therapy, Rational Emotive Therapy. .

UNIT - II Assertiveness Training

Nature and Concept. Assertiveness Training. Developing Assertive Behavior.
Assertiveness through personal Appearance, Improving Client's Grooming Modelling.

UNIT - III Psychotherapy

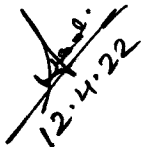
Psychoanalytic and Humanistic, DBT(Dialectic behaviour Therapy,), REBT (Rational
Emotive Behaviour Therapy)

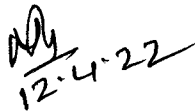
UNIT - IV Psychological Interventions

Psychological Interventions Techniques. Family and Group Interventions and Wellness.

UNIT - V Ehtical Issues and Legal Concerns

Counsellors Accountability System. Ethical Issues. Legal Concerns of the Counsellors.
Special Counselling Population: HIV - AIDS, substance Abuse.


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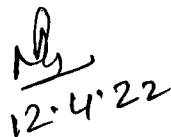



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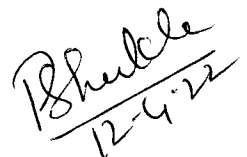
BOOKS RECOMMENDED

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6. Corbett, F.C. (1977). The Community Involvement Program: Social Service as a Factor in Adolescent Moral and Psychological Development. Dissertation and Thesis. <https://digitalcommons.unomaha.edu/slcedt/5>, University of Nebraska at Omaha.
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19. Woolfe, R., Strawbrdige, S. Douglas, B. & Dryden, W. (2009). Handbook of Counseling Psychology, Third Edition, Sage Publications.


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**PAPER – XX (OPTIONAL)
PRACTICAL (COMPULSORY)**

M.M. – 100

FIELD STUDY

This part of the practical paper comprises of completion of two Field Studies, and two tests, one from the area of compulsory papers and another from the area of optional papers of the special groups. Administration, Scoring and Interpretation of Various test results should e done. The optional group prescribed along with the areas of specialization given below:

Group 'A' Psychology of Management.

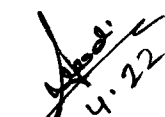
- Communication Network
- Emotional Intelligence
- Job Satisfaction/ Job Analysis
- Management Style
- Occupational Stress
- Organizational Structures.
- Role Conflict/ Role Stress


Group 'B' Psychology of Education

- Academic Stress
- Exceptional Children
- Learning Style / Thinking Style
- Need of Guidance: Educational / Vocational
- Test Anxiety
- Youth Problem.

Group 'C' Clinical Psychology

- Adjustment
- Intelligence (Verbal / Non - Verbal)
- Mental Health
- Depression
- Personality
- Rorchach Inck Block Test
- Well - Being


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Note: besides the above, the candidate has to complete any two of the following in detail.

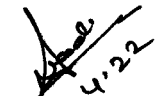
Case Study


Construction of a tool on a theme.

Construction of Questionnaire

Steps of Clinical Interview

Designing any OD intervention


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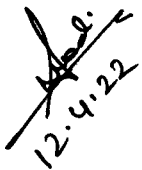
Suggested Readings

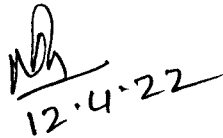
List of books in English and Hindi

Semester I & II

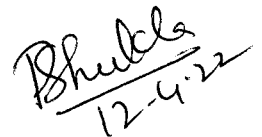
Cognitive and General Psychology

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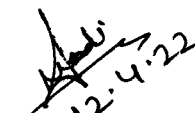
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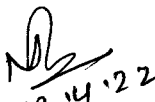
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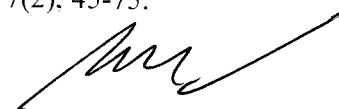
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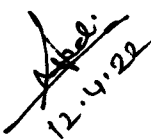
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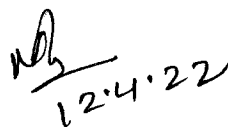
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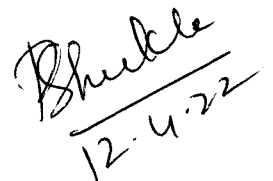
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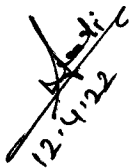

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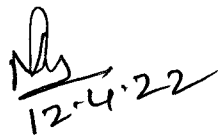

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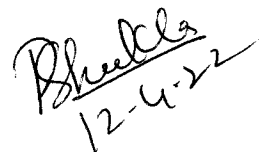

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