# Prof. Reeta Venugopal Article in Research Journals (2012-13)

- 1. I Shilpa, V Reetagopal (2012). The Effect of a Ten-Week Physical Education Training Programme on Mentally Retarded Children Asian Man (The)-An International Journal 6 (2), 166-170
- 2. Shabir Anant, **Reeta Venugopal** & Rajeev Choudhary (2012). Assessment and Comparison of Core Muscle Strength Among the Players of Different Games and their Interaction with age. Human Kinetics. 5(2), ISSN 39-44 0976-6588

#### **Article in Research Journals (2013-14)**

- 1. Gupta O.,Patel H. And **Venugopal R** (2013). A study on Circadian Variation in Physiological (Oral Temperature and Heart Rate) and Physical Performance (50 Yard Dash) Variables in Judo Players. International Human Research Journal. 2 (2)1-16. ISSN 2347-7067.
- 2. Gupta A., Gupta O., Mitra M. And Venugopal R(2013). Nutritional Status Of University Level Women Player Of Chhattisgarh. The Asian Man, An International Journal 7(1) ISSN 0974-6366.
- 3. Inchulkar S., and **Venugopal, R**.(2013). Effect of Exercise on Psychomotor Variable In Mentally Challenged Children. Online International Journal of Current Research 5(5) ISSN: 0975-833X
- 4. Maninder Singh, **Reeta Venugopal** & Rajeev Choudhary (2013) Differential impact of Age and Gender on Total Body Fat Percentage in relation to University employees Journal of Physical Education and Sports Sciences (JPESS),1:1,1-8.ISSN 2319-9946.
- 5. M Singh, H Patel, R Venugopal(2013) "Study of Morphological Status of University Employee" Vyayam Vigyan, 46 (1), 38-43.

- 6. Maninder Singh, **Reeta Venugopal** & Rajeev Choudhary.(2013). Assessment of Body Mass Index and Ponderal Index in relation to different age groups of University Male EmployeesIndian journal of movement education and exercises sciences (IJMEES) 3 (1). 82-90 ISSN 0976-4704 (P) 0976-4844(OL).
- 7. Maninder Singh, Hrishikesh Patel and Reeta Venugopal (2013) "Study of Morphological Status of University Employee" Vyayam Vigyan, vol.46 (1), 38-44 ISSN 0975-8895.
- 8. S Inchulkar, R Venugopal (2013). A Study of Anthropometric Somatotype of Mentally Challenged Children in Chhattisgarh, India. Journal of Chemical, Biological and Physical Sciences (JCBPS) 4 (1), 585 ISSN 2249 –1929
- 9. Shukla Manish, **Venugopal, Reeta**, Mitra Mitashree (2013).A Cross Sectional Study of Nutritional Status of Boys of Jawahar Navodaya Vidyalayaand Kendriya Vidyalaya in Chhattisgarg. Indian Journal of Physical Education and Sports Sciences 1(1) 45-55 ISSN 2320-81.
- 10. Singh, M., Patel, H., and **Venugopal, R**.(2013) "Study of Morphological Status of University Employee" Vyayam Vigyan, 46(1) 38-43.

#### **Article in Research Journals (2014-15)**

- 1. A Shabir, R Venugopal (2014). Effect of Core Muscle Strength Training on Flexibility of Male players. Indian Journal of Physical Education and Sports Sciences 2 (2), 54-60. ISSN 2320-7981.
- 2. Anant, S.K., Choudhary, R., Venugopal, R. (2014). Effect of Core Training on Anacerobic Power, Explosiveness, Repetitive Power and Endurance of Male Players. International Human Research Journal, (Online Interdisciplinary-Quarterly) 2 (3), 1-8 ISSN 2347-7067
- 3. B Rawate, SK Anant, P Srivastava, R Venugopal (2014). A Comparative Study Of Extrinsic, Intrinsic And Amotivation Between Male Inter-

- University Players Participating In Different Sports Disciplines. International Multidisciplinary Research Journal Golden ResearchThoughts. 4 .ISSN 2231-5063
- 4. B Rawate, SK Anant, P Srivastava, R Venugopal (2014)A Study Of Motivation Profile Of Players Of Chhattisgarh. Academic Sports Scholar 3 (10), 1-5 ISSN: 2277-3665
- 5. Dubey,R ,SrivastavaP, Venugopal, R(2014)"Comparative Assessment of Physiological Characteristics in Sports Women and Non Sports Women of different age group" International Human Research Journal ISSN 2347-7067.
- 6. D Tirkey, R Venugopal (2014).Effect Of Beetroot Supplementation On 5 Km Time Trial Performance. Ijmess 3 (1)

### **Article in Research Journals (2015-16)**

- 1. A Shabir, V Reetagopal (2015). Effect of Eight Weeks Swiss BallTraining on Body Fat Percentage of Male Players. Global Excellence in Fitness and Sports Science 1 (1), ISSN 18-23 978-81-89463-96-0
- 2. R Tiwari,R Venugopal (2015). Reaction ability test for female Kho-Kho players. International Journal of Physical Education, Sports and Health 2015; 2(1): 177-179 P-ISSN: 2394-1685 E-ISSN: 2394-1693.
- 3. R Tiwari,R Venugopal (2015). To develop a Tapping Skill Test for Kho-Kho Female Players .International Journal of Physical Education, Sports and Health ISSN Print: 2394-7500 ISSN Online: 2394-5869 1(13): 164-166
- 4. A Pandey,R Venugopal (2015). Comparison of Dynamic Balance using SEBT between Athletes and Non-Athletes. International Journal of Physical Education, Sports and Health 2016; 3(2): 238-240, P-ISSN: 2394-1685 E-ISSN: 2394-1693 © 2016 IJPESH www.kheljournal.com

5. Priyamvada Srivastava ,Aniksha Varoda, Reeta Venugopal (2016).Menstrual Cycle Pattern among Adolescent School Girls in Chhattisgarh. International Journal of Indian Psychology: ISSN 2348- 5396 (e) | ISSN: 2349-3429 (p) Volume 3, Issue 3, No.3, DIP: 18.01.043/20160303 ISBN: 978-1-365-03419-0 April - June, 2016.

## **Article in Research Journals (2016-17)**

- 1. R Venugopal, A Varoda, P Srivastava (2016). Growth Pattern and Nutritional Status of Adolescent Girls of Chhattisgarh. International Journal of Current Research: 8(7) 34525-34527.
- **2.** G Janghel, P Srivastava ,R Venugopal (2016). An evaluation of psychometric properties of pre-menstrual syndrome screening tool . Indian Journal of Health & Wellbeing. 7 (6) 642-644.